



## From the Director

Thank you to everyone who joined our Grand Opening Celebration on Saturday, March 23<sup>rd</sup>. We had a wonderful time with Rockness Music, Expressions NYC, and artist Arielle Basha.

Join us April 8–12, 2019 for five fun-filled, themed days to celebrate our youngest learners! The Week of the Young Child is an annual celebration hosted by NAEYC to spotlight early learning, young children, their teachers, families, and communities. Bright Horizons is an enthusiastic participant in the Week of the Young Child and you can join our next family event on Friday, April 12th for the conclusion of Week of the Young Child.

We will be hosting a special afternoon music class with Ms. Brenda and inviting families to join. Light refreshments will be served afterwards. This is a great opportunity for you to see what our young learners have been up to and mingle with other BH parents in the center. Be on the lookout for more details soon!

Thank you to everyone for what I already know will be a wonderful April!

All my best,

Allison Whitney  
Center Director  
Bright Horizons at West Village

## Important Dates

NAEYC Week of the Young Child-  
April 8<sup>th</sup>-12<sup>th</sup>

Open House- April 8<sup>th</sup>-12<sup>th</sup>

Earth Day Celebration- April 22<sup>nd</sup>

Parent Partnership Meeting- April  
24<sup>th</sup>

## Reasons to Celebrate

Our grand opening for West Village in the month of March was a huge success! We had face painting, pot decorating, live music from Rockness Music, and lots of other fun activities for families to enjoy!





## Infant

Our infants explored books and language during the month of March. During Dr. Seuss week, they were introduced to the books of Dr. Seuss. They explored the pictures and words, and were given time to independently explore the books with their eyes and hands.



## Toddler

During the month of March, our toddlers explored various hands-on materials used in gardening and farming. They were introduced to materials with varying textures and shapes. Using their senses, they explored soil and seeds. They used their imagination to pretend to be farmers and plant their own crops.



## Twos/ Preschool

With the first day of spring in March comes many gardening and planting activities for our preschoolers. In preschool, children learned about the life cycle of a plant. They used their art skills to design a flower pot, and they used their scientific knowledge to plant marigold seeds in soil in their pots. Next, they will observe through the month of April how their plant grows.

Check out some photos from our Grand Opening in March!



## It's all in the Family! Activities to Build Memories

Enjoying family activities is a precious gift to give our children and ourselves. Time with people we love fosters feelings of belonging and intimacy, builds trust, instills a sense of security, and creates lifelong memories. Below are fun, inexpensive activities for all ages:

- ▶ **Gaze at stars:** Explain to children that stars form patterns that we call constellations and then research them online and in books. Go outside on a clear evening and try to identify constellations or have fun making up your own. Draw the formations on paper or lay them out using pipe cleaners and small rocks. With younger children, focus on the shape of the moon.
- ▶ **Visit farmers markets:** An excursion to a farmers market provides an opportunity to smell the scents of fresh produce, enjoy tasty samples of nutritious foods, hear local musicians playing music, and participate in the coming together of the community.
- ▶ **Go for a hike or walk:** Hiking or walking connects family members to nature, as well as each other. On walks, you might take photographs, collect special rocks, leaves, and sticks, or just enjoy the world's natural wonders and time with each other.
- ▶ **Institute a family fitness program:** This could include age/stage-appropriate push-ups, sit-ups, stretching, walking, hopping, skipping, jumping, or jogging. Family members might keep a fitness log, use a pedometer to count steps, or count your heartbeats before and after exercise.
- ▶ **Volunteer:** Have you considered making volunteering part of your family culture? Adults inspire empathy and compassion by volunteering as a family at a soup kitchen, nursing home, homeless shelter, or other local organizations. For activity suggestions browse sites such as Doing Good Together: [doinggoodtogether.org](http://doinggoodtogether.org).
- ▶ **Build a cozy fort:** You might use branches and wood, blankets and chairs, or a giant carton (from an appliance store), to design a cozy den. After you build this comfy place to congregate, your family can cuddle up to read, snack, tell stories, or play games.

All the activities above enhance relationships because family members enjoy simple activities, share rewarding adventures, and make memories.

## Ask About Our Summer Camp Program!

### Join us for a Summer of Fun, Friendships, and Exploration

Through Camp Explorations, our summer camp program at **Bright Horizons®**, your child will have the opportunity to enjoy everything summer has to offer. During action-packed days, your child will experiment with science and technology, engage in the creative arts, discover nature, and explore the world. With experienced teachers, a curriculum based on each child's interests, engaging projects and activities, special visitors, and more, summer will be fun and educational at the same time.

### Camp Explorations Highlights

- ▶ Programs for Preschool Adventures (ages 3 – 5)
- ▶ Age-appropriate, engaging themes that incorporate children's interests
- ▶ Field trips, special guests, and daily fitness activities
- ▶ Flexible weekly schedules with full- and part-time options
- ▶ Health, safety, and security policies that meet or exceed local, state, and national standards

**Inquire about getting a full information packet in person or via email! Registration forms coming soon!**

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## Featured Family Webinar

### Working Moms, Natural Leaders

Whether you're a new mom getting ready to return to work, or you've been a working mom for a while, you might be curious about the expectations — or lack thereof — you'll face in the office. Watch this recording of our webinar, as we discuss results from the **Bright Horizons®** Modern Family Index survey and learn what research says about working motherhood.

#### Family Webinar Recording –

Working Moms, Natural Leaders

[brighthorizons.com/webinarWMNL](https://brighthorizons.com/webinarWMNL)



### Bright Horizons at West Village

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Monday – Friday 7:00 a.m. to 6:30 p.m.

