

# BRIGHT HORIZONS AT LISLE

## What's on the Menu?



Week of 06/17/19	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<ul style="list-style-type: none"> <li>Rice Crispies</li> <li>Bananas</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Breakfast Loaf</li> <li>Pears</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Mini Cheese Omelets</li> <li>Peaches</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Apple Cinnamon Muffins</li> <li>Watermelon</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Cornflakes</li> <li>Apples</li> <li>Organic Milk</li> </ul>
<b>MORNING SNACK</b>	<ul style="list-style-type: none"> <li>Fresh Fruit Pizza</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Pretzel Bites</li> <li>Cucumber Slices</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Strawberry Nutrigrain</li> <li>Oranges</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Banana and Sun Butter Sandwich</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>String Cheese</li> <li>Pears</li> <li>Water</li> </ul>
<b>LUNCH</b>	<ul style="list-style-type: none"> <li>Teriyaki Glazed Meatballs</li> <li>Steamed Brown Rice</li> <li>Stir Fried Vegetables</li> <li>Pears</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Salad Sandwiches on Whole Wheat Bun</li> <li>Steamed Carrots</li> <li>Oranges</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Spaghetti with Marinara Sauce</li> <li>Steamed Green Beans</li> <li>Pears</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Parmesan Chicken</li> <li>Steamed Cauliflower</li> <li>Pears</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Whole Wheat English Muffin Pizzas</li> <li>Steamed Peas</li> <li>Oranges</li> <li>Organic Milk</li> </ul>
<b>AFTERNOON SNACK</b>	<ul style="list-style-type: none"> <li>Trail Mix</li> <li>Oranges</li> </ul>	<ul style="list-style-type: none"> <li>Rice Cakes</li> <li>Soy butter</li> <li>Apples</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Wheat Crackers</li> <li>Cucumber Slices</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Banana Snack Cake</li> <li>Oranges</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Homemade Apple Bread</li> <li>Bananas</li> <li>Water</li> </ul>
<b>TAKE HOME SNACK</b>	<ul style="list-style-type: none"> <li>Oyster Crackers</li> </ul>	<ul style="list-style-type: none"> <li>Nutrigrain Bar</li> </ul>	<ul style="list-style-type: none"> <li>Graham Crackers</li> </ul>	<ul style="list-style-type: none"> <li>String Cheese</li> </ul>	<ul style="list-style-type: none"> <li>Wheat Crackers</li> </ul>

### We Serve Healthy Meals

- Vegetarian alternatives available
- Organic whole milk served to Infants and Toddlers
- Organic 1% milk served to Twos, Preschool, and Kindergarten Prep
- All meals included in the tuition
- All meals served family style

