



April



Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 SPRING BREAK 				
8 Morning Avocado Multigrain Bread Afternoon Mozzarella Cheese Wheat Crackers	9 Morning Oatmeal Strawberries Afternoon Rice Cake Apple Sauce	10 Morning Hummus, Shredded Carrots & Tortilla Afternoon Apples, Sun Butter & Crackers	11 Morning Multigrain Bread, Banana & Sun Butter Afternoon Yogurt, Granola & Blueberries	12 Morning Apples Mozzarella Cheese Afternoon Banana, Sun Butter & Tortilla
15 Morning Oatmeal Blueberries Afternoon Multigrain Bread, Banana & Sun Butter	16 Morning Apple Sauce Wheat Crackers Afternoon Hummus, Shredded Carrots & Tortilla	17 Morning Apples, Sun Butter & Rice Cake Afternoon Avocado Whole Grain Tortilla	18 Morning Mozzarella Cheese Wheat Crackers Afternoon Hummus Wheat Crackers	19 Morning Yogurt, Granola & Mango Afternoon Apples Mozzarella Cheese
22 Morning Hummus, Shredded Carrots & Tortilla Afternoon Avocado Whole Grain Tortilla	23 Morning Avocado Multigrain Bread Afternoon Mozzarella Cheese Wheat Crackers	24 Morning Oatmeal Strawberries Afternoon Yogurt, Granola & Mango	25 Morning Multigrain Bread, Banana & Sun Butter Afternoon Apple Sauce Rice Cake	26 Morning Apples, Sun Butter & Crackers Afternoon Banana, Sun Butter & Tortilla
29 Morning Yogurt, Granola & Mango Afternoon Multigrain Bread, Banana & Sun Butter	30 Morning Hummus, Shredded Carrots & Tortilla Afternoon Avocado Multigrain Bread			

Special Notes

Water is available to students at all times.

Snack menu is subject to change based on availability.

Serving Sizes

Oatmeal ½ c.
 Wheat Crackers 6
 Multigrain Bread ½ Slice
 Whole Grain Tortilla 1
 Granola ¼ c

Bananas ½ c
 Strawberries ½ c
 Blueberries ½ c
 Mango ½ c
 Broccoli ½ c
 Apple Slices 3
 Avocado ½ c
 Apple Sauce ½ c

Hummus ¼ c
 Sun Butter 1 tbsps

Yogurt ½ c.
 Cheese 1