

Eat Greek honors the breadth of traditional Greek cuisine by bringing fresh, wholesome cooking from all regions of Greece to contemporary and comfortable settings across the UAE.

From the moment you step through our doors you feel you've been transported to Greece. Relax in our authentic, cozy Mediterranean atmosphere, sharing food in true Greek style, surrounded by the people you love.

Our open kitchen prepares the freshest selection of Mediterranean specialities and authentic Greek food.

Greek cooking offers an incredibly rich and diverse array of foods that are a culmination of thousands of years of living, cooking and eating. While each Greek meal is fresh and inviting, it is also a trip back through Greece's history.

Wherever you are in the UAE, you're never too far from fresh home cooking at Eat Greek. Find us at The Beach opposite JBR, Mall of the Emirates, The Dubai Mall and The Galleria in Abu Dhabi.

## GREEK DIPS

TZATZIKI (V)	28
Yoghurt, cucumber, garlic & fresh herbs	
MELITZANOSALATA (V)(N)	28
Slow roasted eggplant purée with peppers & herbs	
FAVA (V)	28
Fava beans, lemon juice, capers, spring onion, semi dried tomato, olive oil	
TIROKAFTERI (V)(N)	35
Feta cheese purée with fresh red chilli, paprika & pine nuts	
TARAMOSALATA (S)	35
Creamy fish roe paste, lemon zest, cold pressed olive oil	
THE GREEK MEZE PLATTER	75
Selection of three traditional dips & grilled pita bread	

## APPETIZERS

BAKED BARREL AGED FETA CHEESE (V)	55
Baked Feta cheese with roasted cherry tomato, olives & capers	
GRILLED OCTOPUS (S)	74
Char-Grilled octopus, eggplant mousse, tomato, capers & Salicornia	
FRIED CALAMARI (S)	58
Fresh calamari, dusted with flour, salt, pepper, crispy fried, Black garlic mayo	
PRAWNS SAGANAKI (S)	70
Queen prawns, tomato sauce, Red capsicum, Feta, sourdough bread	
CRISPY WHITEBAIT (S)	60
Fresh whitebait, lightly coated with seasoned flour & fried. Served with citrus mayo, lemon	
FRIED KEFALOTYRI SAGANAKI CHEESE (V)(N)	65
Pan-fried Greek melted cheese, caramelised tomato jam, fresh fig, lemon, nuts	
KEFTEDAKIA	58
Greek beef meatballs, Red florina pepper coulis, mint yoghurt, cress & pita bread	
SOUP OF THE DAY	40
Made fresh daily. Please ask your waiter for today's special	





1-Baked Feta 2-Grilled Octopus 3-Crispy Whitebait 4-Keftedakia



1-Tzatziki 2-Melitzanosalata 3-Taramosalata 4-Tirokafteri 5-Fava



Prawns Saganaki





1-Lentil & Manouri 2-Watermelon & Halloumi 3-Heirloom Beetroot 4-Horiatiiki





Cretan

## SALADS

### HORIATIKI - GREEK SALAD (V) 52

Tomatoes, cucumber, olives, onions, capsicum, kritamos & Feta. Tossed with fresh oregano & olive oil

### WATERMELON & HALLOUMI SALAD (V) 45

Fresh watermelon, rocket leaves, sundried tomato, croutons, grilled halloumi cheese with our strawberry dressing

### CRETAN SALAD (V) 44

Sweet cherry tomatoes, Greek Feta, barley rusk, oregano & olive oil

### HEIRLOOM BEETROOT SALAD (V)(N) 42

Roasted baby beetroot, yoghurt & Feta mousse, walnuts, apple & popped quinoa

### LENTIL & MANOURI SALAD (V)(N) 45

Green lentil, baby spinach, chick peas, cherry tomatoes, caramelized pumpkin seeds, grilled manouri cheese

## PIE & BURGER

### HOMEMADE PIE OF THE DAY 72

Freshly baked greek pie. Ask your waiter for today's special

### MOUSSAKA BURGER (SS) 78

200g Angus beef pattie, caramelized onions, grilled eggplant, potato topped with cheesy béchamel sauce

## PITAS & SOUVLAKI

### CHICKEN PITA 72

Grilled chicken mixed with tzatziki, tomato, onions & fries, wrapped in grilled pita bread

### LAMB PITA 75

Grilled lamb mixed with tzatziki, tomato, onions & fries, wrapped in grilled pita bread

### SOUVLAKI SKEWERS

Served with grilled pita bread & fries

Chicken 78

Beef 80

(N) Nuts | (S) Seafood | (SS) Sesame Seeds | (V) Vegetarian  
Please ask your waiter for dairy free & gluten free options

All prices are in UAE Dirham & inclusive of 5% VAT





Filetto Eat Greek



Greek Style Bifteki

## GRILLED MEAT

Prime beef matured with cold pressed olive oil, lemon & oregano. The Greek way

### FILETTO EAT GREEK 162

300g Grilled beef fillet, topped with crushed Kalamata olives, barrel aged Feta & tomato. Served with florina pepper coulis, lemon olive oil, oregano fries.

### RIB-EYE ON THE BONE 198

500g Prime rib-eye marinated in olive oil, garlic, thyme, flame grilled and served with steak-cut chips.

### KONTOSOUVLI BEEF 165

300g Slow roasted beef loin from the char-grill, served with fries.

### ROASTED LEMON OREGANO CHICKEN (SS) 120

Oregano & thyme marinated chicken, slow roasted in open fire grill. Served with garlic tahini sauce, oregano fries and baby potatoes. The Greek way!

### PAIDAKIA (LAMB CHOPS) 500g 168

Greek style sliced lamb chops marinated in fresh herbs, grilled over an open fire. Served with oregano fries, lemon olive oil & mint yoghurt

### GREEK STYLE BIFTEKI 128

Flavoured mince beef patties, yoghurt & Feta sauce, green pepper. Served with potatoes.

### MIXED GRILL 210

Beef, lamb, chicken & vegetables skewers, served with pita bread & chips

## SEAFOOD

### CATCH OF THE DAY (S) MP

Whole Sea Bass or Black Bream,  
grilled with lemon oil, served  
with Horta (wild greens) or  
choice of your side

### GRILLED WHOLE CALAMARI (S) 135

Marinated fresh calamari,  
flame grilled with lemon  
olive oil, sweet tomato,  
kritamos, capers & spring onion

### FISH FILLET & SEAFOOD ORZO (S) 135

Kritharaki pasta with fresh  
tomatoes, calamari, baby prawns

### GRILLED OCTOPUS & BEAN SALAD (S) 168

Slow cooked & char-grilled  
octopus tentacles, with paprika,  
lemon oil, Santorini fava, bean  
salad & Salicornia

### GRILLED TIGER PRAWNS (S) 175

Thyme & garlic marinated prawns,  
char-grilled in the shells,  
served on a bed of greek salad,  
roasted red capsicum dip, lemon  
olive oil





Grilled Octopus



Catch of the day



Fish Fillet





Kleftiko Roast Lamb



Pan Roasted Chicken



## GREEK SPECIALTIES

MOUSSAKA 125

The traditional Greek Moussaka "delight" with potatoes, eggplant, minced meat & béchamel sauce.

VEGETARIAN MOUSSAKA 110

Vegan mincemeat, oven baked layered potatoes, eggplant, zucchini in tomato sauce topped with béchamel & cheese.

PAN ROASTED CHICKEN 130

Roasted chicken leg & breast, eggplant & graviera cheese purée, herbs oil, chicken jus

GEMISTA (V) 100

Traditional Greek stuffed peppers, zucchini & tomatoes with rice & herbs. Served with roasted potatoes

KLEFTIKO ROAST LAMB 155

Slow cooked lamb shank, served with trahana, graviera, grilled green peppers, roasted potatoes

## SIDES

FRIED POTATOES 18

OVEN BAKED POTATOES 18

STEAMED GREENS 18

GREEK RICE PILAF 18

COUSCOUS SALAD 20

OREGANO & FETA FRIES 20

GREEK STYLE LETTUCE SALAD 20

## DESSERTS

LOUKOUMADES (N)	40
Grandma's doughnuts with honey, chocolate sauce, walnut	
GREEK COFFEE TIRAMISU (N)	40
Almond biscuit, Greek infused coffee, mascarpone cheese	
ORANGE PIE	38
Phyllo pastry, orange syrup, caramelized pumpkin seeds, orange cream, vanilla ice cream	
BAKLAVA CHEESECAKE (N)	38
Baked cheesecake with layered of mix nuts filled in filo pastry, cinnamon & syrup	
SWEET TASTE OF GREECE	65
Selection of desserts for two people	
ICE-CREAM PLATTER	35
Chefs selection-Ask your waiter for available flavours	





Orange Pie



Baklava Cheesecake



Loukoumades



The Beach at JBR, Dubai  
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