

Young Explorers at United Therapeutics Menu for Week of:

March 4-8

Day	Morning Snack	Lunch	Afternoon Snack
Monday	Rice Chex* Pineapple tidbits Milk	Egg salad w/ pretzel rolls Potato wedges [ketchup] Broccoli Milk	Animal crackers Apples (oranges)
Tuesday	Crispy rice Applesauce Milk	Beef & cheese soft tacos* Lettuce/tomato (greens) Carrots Milk	Banana apple muffin squares* Cantaloupe & honeydew
Wednesday	Biscuits w/honey* Mandarin oranges Milk	Breaded fish filets Breadsticks* Savoy cabbage Apple wedges (oranges) Milk	Cheese sandwiches* Bananas
Thursday	Banana muffin squares* Pineapple tidbits Milk	Curried chicken Brown rice* Peas Fruit cup w/pineapple & cantaloupe Milk	Homemade Chex mix Diced pears
Friday	Kix Bananas Milk	Baked spaghetti* w/cheese & tomatoes French bread* Collard greens Milk	Tortilla chips* (saltines) Bean dip



- Meal service provided by the CCSA
- Unflavored whole milk must be served to 1 year olds; unflavored low-fat or fat-free milk must be served to children 2 through 5 years old.
- Substitutions provided for age group restrictions as well as medical needs/documented family preferences
- *Designates Whole Grain Rich

Parents: This menu is subject to change without notice due to deliveries and emergencies. www.brighthorizons.com/unitedtherapeuticsnc