

From the Director

Hello families,

Happy spring! The month of February was filled with a lot of love and laughter! The children enjoyed making cards and notes for their friends and family, and talking all about who in their life they love and why.

This month we are celebrating women and girls. There will be some articles placed on our resource cart focusing on gender identity in children and raising strong and confident girls. Also, be on the lookout for a link to a family webinar on Raising an Inclusive Child that will be held on Wednesday, March 15 at 12:00 pm PST.

In honor of National Reading Day on March 2, we will be giving families the opportunity during the first week of March to come in and read a story to your child's class. You will find a sign-up sheet in each classroom. You may bring a favorite book from home, or choose a book from our school library.

Spring Picture Day will be held on Wednesday, March 22. If your child does not attend school on Wednesdays, you are still more than welcome to bring them to get their picture taken.

As always, please let me know if you have any questions, comments, or concerns.

Sincerely,

Kara Lewis Almanza



Important Dates

National Reading Day – 3/2

Daylight Saving Starts – 3/12

National Pi Day – 3/14

First Day of Spring – 3/20

Persian New Years – 3/20

Ramadan – 3/22

Spring Picture Day – 3/22

Tuition Due – 3/25

Closed for Spring Break – 4/3 – 4/7



Reasons to Celebrate

Women's History Month

Birthdays

Ava – 3/5

Ms. Kara – 3/10

Rowan Kosut – 3/11

Ms. Karin – 3/15



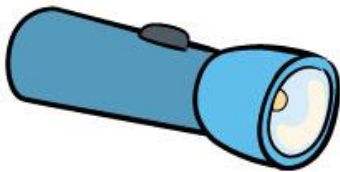


Yellow Room

Fine motor activities like bending and twisting pipe cleaners, threading them through objects, or moving them with tools, are all great ways for children to practice precise hand and finger movements. With pipe cleaners, there are many ways to build, create, and explore! Here, the Yellow Room further developed their fine motor and hand-eye coordination by placing pipe cleaners on the horizontal lines of the paper.

Blue Room

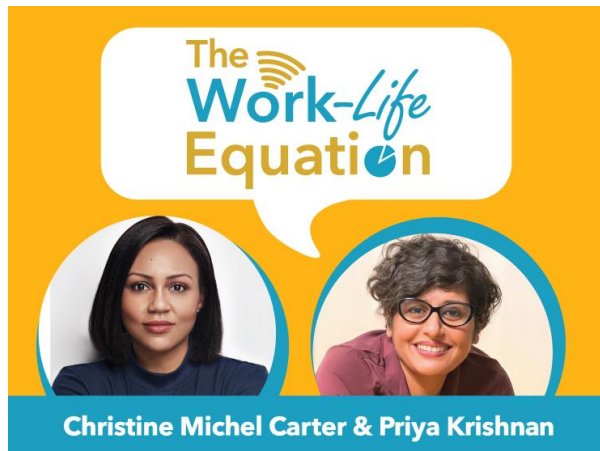
With it being the month of love and kindness, the Blue Room had the opportunity to engage in a card making station. They were offered colored construction paper, along with stickers, oil pastels and dotters in order to decorate their cards. Ms. Dominique sat with them and offered to jot down a message for the recipient of their card. Through this activity, the children were able to learn how to express themselves through their words and their art while creating a kind gift for someone



Orange Room

The Orange Room used flashlights to make shadow puppets on the wall. They used their hands and fingers to explore and interact with the environment, and explored what kind of shapes, animals, objects, etc. they could make. They were able to do this activity on their own, or with the help of a peer who would hold the flashlight for them so the other friend could use two hands to make a shape.

Introducing Bright Horizons' Newest Podcast: The Work-Life Equation



Caregiving doesn't come with a user's manual. There are no instructions, no map, and most of us go through life just making it up as we go along.

Co-hosted by Christine Michel Carter, #1 global voice for moms, along with Bright Horizons' own Priya Krishnan, **The Work-Life Equation** features candid conversations, stories, and strategies from corporate leaders, public figures and everyday people who are putting the pieces together to make life work. Laugh with them, cry with them, and find emotional support as they navigate this new reality together. Listen every other Wednesday starting March 8th.

[Subscribe here!](#)

Raising an Inclusive Child Upcoming Webinar

Join us to hear about inclusion, social-emotional learning, and exposing your child to other cultures, holidays, traditions, and people.

[Register Today!](#)

Wednesday, March 15, 2023
3:00 p.m. ET

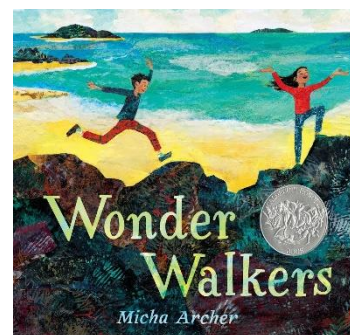
Children's Books to Celebrate Women's History Month



We want all children to grow into adults who feel confident and capable, able to fully access their own unique strengths and abilities in their lives.

This [book list](#) depicts girls (and women) having adventures, making discoveries and contributions, expressing strong emotions, or building things. Bright Horizons is committed to gender equity and supporting young girls who can see themselves as leaders tomorrow.

March Growing Readers Issue



"Wonder Walkers," our Growing Readers Book of Excellence for March beautifully celebrates the earth and inspires children to wonder: "Is the

sun the world's lightbulb?" "Is fog the river's blanket?" or "Is the wind the world breathing?" and much more.

[Read the current issue](#) and [watch the new book club episode!](#)

