## BRIGHT HORIZONS AT WHEATON

## What's on the Menu?



\	Week of: April 29 <sup>th</sup>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	BREAKFAST	<ul><li>Corn Chex</li><li>Fresh Fruit</li><li>Organic Milk</li></ul>	<ul> <li>Cinnamon Raisin         Bagel</li> <li>Cream Cheese</li> <li>Fresh Fruit</li> <li>Organic Milk</li> </ul>	<ul> <li>Scrambled Cheesy</li> <li>Eggs</li> <li>Fresh Fruit</li> <li>Organic Milk</li> </ul>	<ul> <li>Turkey Sausage Patty</li> <li>Biscuit</li> <li>Fresh Fruit</li> <li>Organic Milk</li> </ul>	<ul><li>Blueberry Muffin</li><li>Fresh Fruit</li><li>Organic Milk</li></ul>
	TODDLER MORNING SNACK	Nutrigrain Bar     Organic Milk	<ul><li>Corn Chex</li><li>Fresh Fruit</li></ul>	<ul><li>Cinnamon Raisin Bagel</li><li>Organic Milk</li></ul>	<ul><li>Egg Patty</li><li>Toast</li></ul>	<ul><li>Homemade Banana</li><li>Snack Cake</li><li>Organic Milk</li></ul>
	LUNCH	<ul> <li>Chicken Tacos</li> <li>Black Bean Medley</li> <li>Fresh Fruit</li> <li>Organic Milk</li> <li>V: Cheese Quesadilla</li> </ul>	<ul> <li>Swedish Meatballs</li> <li>Egg Noodles</li> <li>Peas &amp; Carrots</li> <li>Fresh Fruit</li> <li>Organic Milk</li> <li>V: Veggie Crumble with Egg Noodles</li> </ul>	<ul> <li>Cheesy Chicken &amp;         Rice Casserole</li> <li>Fresh Fruit</li> <li>Organic Milk</li> <li>V: Rice with Cheese         Sauce</li> </ul>	<ul> <li>Grilled Cheese Sandwich</li> <li>Tomato Soup</li> <li>Fresh Fruit</li> <li>Organic Milk</li> </ul>	<ul> <li>Macaroni and Cheese</li> <li>Green Beans</li> <li>Fresh Fruit</li> <li>Organic Milk</li> </ul>
	AFTERNOON SNACK	<ul><li>Apple Cinnamon Muffin</li><li>Organic Milk</li></ul>	<ul><li>Cucumbers</li><li>Red Pepper Hummus</li><li>I/T: Wheat Crackers</li></ul>	<ul><li>Homemade Banana</li><li>Snack Cake</li><li>Fresh Fruit</li></ul>	<ul><li>Cottage Cheese</li><li>Fresh Fruit</li></ul>	<ul><li>Turkey Slices</li><li>Cucumbers</li></ul>

## We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style



\* Infant/Toddler Alternative\* Vegetarian Alternative

