



## BRIGHT HORIZONS AT RECURSION

### From the Director

Join Bright Horizons this week as we participate in JumpStart's 15<sup>th</sup> annual "Read for the Record" campaign on October 29, 2020.

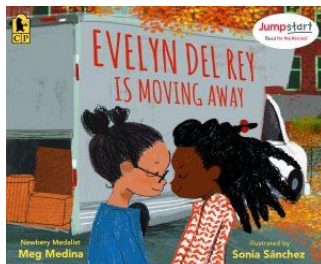
JumpStart explains that their, "Read for the Record campaign is a global movement to raise awareness around the critical importance of early literacy. Each year Read for the Record brings together millions of adults and children as they read the same book on the same day, building an intergenerational community through reading."

Each year, Jumpstart selects a campaign book that:

- Fosters language & social emotional development
- Honors the diversity in our world
- Has a strong narrative
- Appeals to young children

This year's chosen book is: **EVELYN DEL REY IS MOVING AWAY** by Meg Medina

Evelyn Del Rey Is Moving Away written by award-winning author Meg Medina and illustrated by Sonia Sanchez is a celebration of lasting friendship, the power of connection, and encountering change.



#### Ways to Participate:

- Pledge to read on October 29, 2020 at [readfortherecord.org](http://readfortherecord.org).
- Share your commitment on social media to read with a child on October 29, 2020 using #ReadfortheRecord.
- Order copies of the special edition of Evelyn Del Rey Is Moving Away or Evelyn Del Rey Se Muda at [readfortherecord.org](http://readfortherecord.org).
- Tell Bright Horizons about your participation on Facebook @ <https://www.facebook.com/brighthorizons>
- Or simply just read with your child

**Jumpstart**  
Read for the Record

### MOVEMENT MATTERS SPOTLIGHT

powered by **boks**

#### Music and Movement

Check out this Music and Movement BOKS Burst activity from BOKS – a Reebok Foundation initiative. Designed to help support growing coordination and executive function skills for your toddler or preschooler!

#### You will need:

- A music player and a variety of music

#### Directions:

Play different types of music - slow and fast paced, instrumental, or sing-along songs. Ask your child/children to move to the music in whatever way they want to. Encourage your child/children to move differently as you change the music from slow to fast, from instrumental to sing-along songs, etc.

Get Creative! Give your child musical instruments to make his/her own music. Learn more at [www.bokskids.org](http://www.bokskids.org).

### Enhanced Health & Safety

Our enhanced COVID-19 protocols ensure our center's health and safety practices align with the CDC and local authorities. Learn more about what we are doing to keep children, families, and staff safe.

[brighthorizons.com/child-health-safety](http://brighthorizons.com/child-health-safety)

### Bright Horizons at Recursion

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Monday – Friday 7:00 a.m. to 6:00 p.m.

