



Menu

- **Week of 3rd** **Wear Red, White, and/or Blue**
- **4th** **Center Closed**
- **7th** **Pajama Day**

BREAKFAST

LUNCH

PM SNACK

Monday	Tuesday	Wednesday	Thursday	Friday
Cream of Wheat Mixed Berries Milk/Water	Corn Muffins Diced Pineapples Milk/Water	Whole Grain Cheerios Sliced Apples Milk/Water	Scrambled Eggs Wheat Toast Fruit Cocktail Milk/Water Vegan – Wheat Toast & Jam	Toasted Raisin Bagels Bananas Milk/Water
Turkey on Wheat 3 Bean Salad Sliced Peaches Milk/Water	BBQ Pulled Chicken Brown Rice Cooked Carrots Diced Pears Milk/Water	Macaroni & Cheese Brussels Sprouts Slice Oranges Milk/Water	Tuna Fish on Pita Mixed Vegetables Diced Strawberries Milk/Water	Salisbury Steak w/ brown gravy Mashed Potatoes Peas Sliced Cantaloupe Milk/Water
Vegetarian – 3 Bean Salad & Wheat Bread	Vegetarian – Red Beans	Dairy – Beef Mac Vegan –Tofu	Vegetarian – Veggie Burger	Vegetarian – Tofu
Banana Chips Milk/Water	Celery Sticks w/ Ranch Dressing Milk/Water	Chex Trail Mix Milk/Water	Carrot Sticks w/Veggie Dip Milk/Water	Vanilla Yogurt Mixed Berries Milk/Water

- Our menus are in compliance with USDA nutrition guidelines.
- All canned fruits are packed in their natural juices or lite syrup.
- All milk is whole for children under two and 1% for two and older.
- Fruit medley contains pineapple, papaya, mango and pears.
- Mixed vegetables contain carrots, peas, corn and green beans.

*Fresh Fruits and Vegetables will be offered while in season