

Bright Horizons at The Harbor

Center Buzzzzzz



Greetings!

It is hard to believe we are in May already! We have one month before our Kindergarten Prep children will end their school year and have their Sailing Away celebration. We will begin the summer adventure program in Preschool and K-prep.

We have a big group of children graduating from our program and leaving us to continue their journey in kindergarten. This is always hard to see the K-prep children move on, but we are proud of them and know they will do well. We are still in the process of planning our end of the year trip for the K-Prep classroom.

Transitions have been a hot topic the last few months. This year's transitions will not take place until August. The teachers will work and support their children where they are at developmentally in their classroom. Our curriculum is designed to support each child individually. We have amazing teachers that will be able to support and help our children continue to flourish.

For the infant families, we are doing things slightly different to support there being no transitions. Beginning June 1st we are going to do a makeover in our Infant B classroom, as we have large discrepancies in age. Although we believe in multi-age groups, we are able to stay true to our beliefs and still support the older children in our infant program by dividing the classroom into a traditional infant room. Infant B will become a toddler classroom and follow a toddler schedule. The team and I are excited that the ages and numbers were able to work in our favor.

Transitions will be different on a yearly basis. Each year we will assess and do our best to support the children we serve. This year, we are able to make it work where we can divide the children according to their ages. Late August, we will transform the room back to an infant classroom and prepare for the new infants we will welcome.

Transition letters will go out June 1st. We have very little wiggle room with individualized transitions this year so please review your transitions information. We will have intake meetings in July and August.

May 7th - 11th is all about Teacher Appreciation! The admin team look forward to partnering with our parents to make sure that this week is truly special for our Harbor teachers!

Thanks in advance and have a GREAT Tuesday!

Jaquzling Radeliffe

Important Dates

May 7th-11th: Teacher Appreciation Week

May 9th: Picture Makeup Day

May 13th: Mother's Day

May 15th: Infant Round Table Discussion Part 1

May 17th: Infant Round Table Discussion Part 2

May 25th: Tuition is due

May 28th: Memorial Day- Center Closed

Reasons to Celebrate



Calvin
Ms. Cheryl
Sienna
Ms. Angelique
Ms. Angel

READY FOR SCHOOL NEWS

Family Fitness Fun

You've heard the statistics: one in five preschoolers is obese and the childhood obesity rate has tripled in the last 30 years. At Bright Horizons®, we're passionate about children's health and we believe this trend can be reversed. In 2011, Bright Horizons joined the Partnership for a Healthier America (PHA). As part of our PHA commitment, we're updating physical education training materials for teachers to ensure that children get the physical activity they need every day. We're also producing a host of resources for families. Building better health is as simple as becoming more physically active, one step at a time. Below are a few ideas for easy family fitness.

Start a habit.

Children aren't particularly interested in why fitness is so important. They are interested, though, in fun family time. Establishing habits of physical activity in childhood paves the way for healthy adulthood. So, try to plan at least one physical activity on the weekend. Go for a walk, play at the park, or head to a pool. Think about building physical activity into your schedule at least three times during the week. This can be as simple as throwing a ball around before dinner or playing a quick game of hide and seek. It doesn't have to be lengthy or complicated, but you do need to be intentional about it. Write it into your schedule so it becomes a habit.

Get mobile.

One of the simplest ways to get more exercise is by ditching the car. Walk, bike, or rollerblade to school, the store, the library – anywhere you can. Some areas are more “walk friendly” than others, of course, but try to walk as often as possible.

Work it out.

Family chores are another way to get moving. Raking leaves, weeding a garden, mopping the floor – all these activities get the body moving. Turn on some music and make chores a fun family time. Try to be consistent, as well. When children know that the family will spend an hour every Saturday working together, for example, they're less likely to balk and more likely to see it as a predictable part of their family culture.



Education & Development

TEACHER & STAFF APPRECIATION MONTH

Join us in celebrating our teachers & staff!

The greatest reward a teacher or staff member can receive is knowing that they have made a difference in the lives of children and families. Don't miss the opportunity to celebrate and recognize all of the teachers and staff who make their classrooms a wonderful place for children and families.

Teacher Appreciation Day is May 8th but our teachers, support staff, and leadership team work hard all year long to make your child's experience here the very best it can be. Help us celebrate them all month long!

Your thoughts make a difference – and mean a lot to all of us. Take a moment to share any stories, comments, and well wishes for those who touch your family's life each day.

Visit our Teacher & Staff Appreciation Website to leave a special note of appreciation for your child's teacher or exceptional staff member. The website will be open from May 1st through May 31st.

appreciation.brighthorizons.com



Check out all the places you can connect with us!