



R. Kirk Landon Learning Center

April 2019 Menu



Monday 4/1/19	Tuesday 4/2/19	Wednesday 4/3/19	Thursday 4/4/19	Friday 4/5/19
Turkey Sausage Cheese Toast Strawberries Milk	Oatmeal Bananas Milk	Cheese Grits Berry Mix Milk	Cheese Omelet Wheat Toast Peaches Milk	Yogurt , Granola English Muffin Mangos Milk
Chicken Alfredo Green Beans Apple Slices Breadsticks Milk	Baked Fish Mashed Potatoes Vegetable Blend Melon Mix Milk	Mardi Gras Pasta Broccoli Grapefruit Breadsticks Milk	BBQ Meatballs Corn Watermelon Cornbread Muffins Milk	Lemon Herb Chicken Baked Beans Fruit Salad Corn Bread Muffins Milk
Mix Berry Smoothies Wheat Crackers	Celery Sticks Ranch Dip	Guacamole Pita Chips	Homemade Trail Mix Water	Homemade Berry Applesauce Cheerios

Monday 4/8/19	Tuesday 4/9/19	Wednesday 4/10/19	Thursday 4/11/19	Friday 4/12/19
French Toast Turkey Sausage Strawberries Milk	Chicken Biscuits Bananas Milk	Sweet Potato Spice Bread Berry Mix Milk	Red Velvet Waffles Peaches Milk	Chex Cereal Mangos Milk
Grilled Chicken Garden Salad/ Broccoli & Cheese Apples Wheat Rolls Milk	Turkey Salisbury Mashed Potato Sweet Peas Melon Mix Milk	BBQ Chicken Mac & Cheese Green Beans Grapefruit Milk	Blackened Salmon Roasted Potatoes Vegetable Blend Mix Melon Milk	Shepherd's Pie Corn Fruit Salad Wheat Rolls Milk
Sun Butter Apple Slices	Cheese Dip Tortilla Chips/ Pita Bread	Peaches & Cream Muffins Milk	Guacamole Pita Chips	Bananas Wheat Crackers

Monday 4/15/19	Tuesday 4/16/19	Wednesday 4/17/19	Thursday 4/18/19	Friday 4/19/19
Pancakes Strawberries Milk	Chex Cereal Bananas Milk	Turkey Sausage English Muffins Berry Mix Milk	Chicken Bacon Cheese Grits Peaches Milk	Oatmeal Mangos Milk
Baked Chicken Mashed Sweet Potato Peas & Carrots Apples Milk	Herb Salmon Yellow Rice Sweet Peas Grapefruit Milk	Turkey Stroganoff Corn Melon Mix Wheat Rolls Milk	Jerk Chicken Red Beans & Rice Plantains Mix Melon Milk	Homemade Vegetable Lasagna Green Beans Fruit Salad Bread Sticks Milk
Yogurt Parfait Berry Mix	Homemade Trail Mix Milk	Blue Berry Muffins Milk	Sun Butter Sandwiches Milk	Honey Pita Bread Orange Slices

Menus subject to change upon availability of products. Canned fruit is served in its own juice. Water is offered daily.
Whole Milk is served to Toddlers. 1% Milk is served to all other age groups.



R. Kirk Landon Learning Center

April 2019 Menu



Monday 4/22/19	Tuesday 4/23/19	Wednesday 4/24/19	Thursday 4/25/19	Friday 4/26/19
Breakfast Pizza Strawberries Milk	Chicken Bacon Cheese Grits Bananas Milk	Turkey Sausage Croissants Sliced Oranges Milk	Cheerios Peaches Milk	Oatmeal Mangos Milk
Spinach Pesto Alfredo Broccoli Apples Garlic Breadsticks Milk	Baked Chicken Collard Greens Grapefruit Cornbread Muffins Milk	BBQ Meatballs Mashed Potatoes Green Beans Melon Mix Milk	Chicken Stir Fry Oriental Vegetable Mix Melon Vegetable Egg Rolls Milk	Taco Salad Black Beans Lettuce/ Cheese/ Sour Cream Fruit Salad Milk
Salsa Wheat Crackers	Hummus Pita Chips	Honey Pita Bread Apple Slices	Cheerios Mango Berry Salad	Cheese Cubes Soft Pretzel

Monday 4/29/19	Tuesday 4/30/19
Chex Cereal Strawberries Milk	Blueberry Waffles Bananas Milk
Chicken Potpie Mixed Vegetables Sliced Apples Milk	Cous Cous Chick Peas Oranges Paan Bread Milk
Sweet Potato Spice Bread Milk	Mango Berry Smoothie Wheat Crackers Water

Introducing Healthier Snacks Inspired By Our Parents



Vegetarian Substitution:

Tofu, veggie sausage, soy chicken nuggets, or beans will be substituted for any menu item that is not allowed for vegetarians. Please let your child's teacher and a member of management know if this is the option for your child.



*Menus subject to change upon availability of products. Canned fruit is served in its own juice. Water is offered daily.
Whole Milk is served to Toddlers. 1% Milk is served to all other age groups.*