2019 March NEWSLETTER



BRIGHT HORIZONS AT MARSHFIELD CLINIC HEALTH SYSTEM

From the Director

In celebration of Dr. Seuss' Birthday we would like to share with you the importance reading plays in a child's life.



Providing Infants, Toddlers and Preschool children with books on a daily basis provides them with many benefits. Sharing a book with your child enables them to build a stronger relationship with you. It enables them to slow down and capture some one-on-one time with you each day. Reading to your child helps to reinforce basic sounds and assists them in proper word enunciation. It also encourages communication skills through picture and word correlations which enhance vocabulary development. Pre-reading skills, such as learning that text is read from left to right are developed when sharing a book with your child. Finally, reading enables children to start to grasp abstract concepts, recognize cause and affect relationships, as well as take a scenario from a book and apply it to their everyday lives.

The staff at Bright Horizons incorporates the Language Works Curriculum into their classrooms in order to enable children to benefit from reading. Perhaps Dr. Seuss says it best in I Can Read With My Eyes Shut, "The more that you read, the more things that you will know. The more that you learn, the more places you'll go."

Important Dates

<u>March</u> 11- Butter Braid Orders Due Back **12- Re-enrollment Night 430-6pm** 20- PPG Mtg 25-29- SDOM Spring Break 29- Celebrating all Doctors

<u>April</u> 17- PPG Mtg 15-19 Week of the Young Child

<u>May</u> 6- Celebrating all Nurses 6-10 Teacher Appreciation Week 13-17- Police Week 27- Memorial Day Center CLOSED

Visit our website for more details

Reasons to Celebrate

Every month we celebrate the amazing women and men that work so diligently in ensuring that each child and family that attends our Early Education Center and Preschool has the best high quality care and top notch education within our community. Below are those individuals that are celebrating Anniversaries this month with Bright Horizons. Please join me in celebrating their amazing work and dedication to the field of education and to our center!

> Elise (Twos)- 1 year Carrie (4K/Kprep/SA)- 4 years Jane (Assistant Director)- 31 years

Tonya Glamann Dírector



Infant

Infants learn about the world through their senses. Through our ArtSmart Curriculum, we strive to expose young children to rich and diverse experiences in the world of visual art and music. Teachers guide our infants through artistic experiences that allow them to explore and engage in activities that inspire appreciation of the beauty of art and strengthen their sense of self. They learn to express their creativity through exploring different materials with varied textures, colors, and patterns. They also work to refine their fine muscle skills by using large crayons to color.





Toddler

As a part of our Movement Matters curriculum, teachers support the physical well being and health of young children throughout the center by providing children with daily structured and unstructured activities. In this picture, the teachers blew bubbles and encouraged the children to use different parts of their body to pop the bubbles. Teachers also used action vocabulary like to stomp, bend, clap and catch. By encouraging children at a young age to enjoy physical movements this sets the ground work for a lifetime of healthy habits.

Transition

The children in the transition wing have enjoyed exploring in the abundance of snow that we've received in the past month. As a part of our Movement Matters curriculum children explore on our playgrounds every day, weather permitting. By doing something as simple as moving in the snow, the children work to develop large muscle control and balance. Many children had smiles on their faces as they explored, climbed in, and tasted the freshly fallen snow. The kids were surprised and proud that they were now taller than the basket ball net, while other kids were making "Chairs" out of the snow.

Preschool

As a part of our Art Smart curriculum, children are able to pretend in the dramatic play as they learn to create complex dramatizations with their peers. This involves back and forth communicating and creative play as they negotiate working through their play. In this picture, the kids spent time cooking for each other, taking care of babies, and making phone calls. This dramatization involves assigning roles, using props, and wearing clothing costumes as they create a story of their "family."

Embarrassing Moments: Opportunities to Learn

There are times when our bright, curious children cause us to cringe by their comments or questions. "Is there a baby in that man's tummy?" "Why is her skin dark?" "Where are his legs?"

In these moments, we often feel embarrassed and helpless. Our sweet young children, who we raise in an atmosphere of respect, acceptance, and kindness, might innocently offend someone ...and we're speechless.

Young children are curious and still learning about the world; they don't mean to be hurtful or malicious. Many adults are inclined to explain and have children apologize, but this can embarrass both the children and the recipient. In this situation, it's best to validate what a child is observing and turn it into a learning opportunity.

Below are a few examples of common questions and helpful responses.

"That man has no legs!"

Calmly and matter-of-factly explain that we all have different bodies and abilities. Then when your child asks, "Why doesn't he have legs?" You might say, "I'm not sure, perhaps he was born that way." Then you might ask, "How do you think someone would get around if they didn't have legs?"

"Why is her skin dark?"

This is an opportunity to explain that everyone is unique and to talk about different types and colors of hair skin and eyes. When you get home, you might show your children an array of colored apples and cut them open to see that they're all the same color inside.

"Is there a baby in that man's tummy?"

A simple, honest response is, "Men can't have babies in their tummies. Only women can." A child further inquiring, "then why is he so fat?" opens the door for adults to let children know that people come in all sizes and shapes; we all have different body types.

How adults handle situations in the moment matters, but equally important is turning these moments into learning opportunities. After the event, explain to your child that sometimes things we say can unintentionally hurt people's feelings.

Use your child's comment as a springboard to discuss diversity, emotions, and the impact of words. Explain that all questions are welcome, but it's a good idea to check with the adults before commenting to strangers.

You're invited to Our Open House! April 15-19th



Next month, we will be hosting an Open House Week where new families will be able to discover why Bright Horizons is the perfect place for children to learn, explore, and grow!

Each year, Bright Horizons welcomes new families to our community. And, year after year, we've found that the best way to meet these families is through you.

If you have a friend or family member that might be interested in joining, we would be happy to provide information for you to share with them. Please see your Center Director for details. We hope to see everyone at Open House Week!



Teach. Play. Love. Parenting Advice for the Early Years



Listen as parents and early childhood educators come together to cull the competing advice, separate fact from fiction, and focus on what does – and doesn't – matter during these early years. Be more confident, have less worry...and let Bright Horizons help make parenting the joy it was meant to be.

Featured Parenting Podcast Episode

Teach. Play. Love. Parenting Advice for the Early Years

Technology is everywhere. As adults, we rely on it constantly. And for kids, it provides great value, as long as it's used in the "right" way. But what does that mean, exactly?

Debbie Hoppy, curriculum director at Bright Horizons, and Rachel Robertson, VP of education and development, share what really matters: interactive experiences and co-exploration, questions that encourage deeper thinking, and opportunities for integrating technology into the real world.

Ep. 1: The Digital Dilemma brighthorizons.com/bhpodcastep1

Bright Horizons at Marshfield Clinic Health System

601 North Pine Avenue, Marshfield, Wisconsin 54449 715-387-7555 | 715-387-6606 https://child-care-preschool.brighthorizons.com/wi/marshfield/saintjosephshospital Monday – Friday 5:30 a.m. to 6:30 p.m.