



Jeannette Cathy Children's Center Weekly Menu



Menu Prepared By: Sandra Strother, Kitchen Manager

Approved by: Lashawnda Pearson, Center Director

Week: 05.16.2022	Monday May 16	Tuesday May 17	Wednesday May 18	Thursday May 19	Friday May 20
A.M. Snack	Turkey Ham & Cheese English Muffins Frozen Strawberries Allergy: Gluten-Free Turkey Ham & Dairy Free English Muffins Frozen Strawberries Infants: Frozen Strawberries	Hash Brown Casserole Sliced Oranges Allergy: Hash Brown Casserole Sliced Oranges Infants: Mandarin Oranges	Creamy Oatmeal Frozen Raspberries Allergy: Gluten-Free Oatmeal Frozen Raspberries Infants: Frozen Raspberries	Biscuit w/Apple Butter Turkey Bacon Frozen Blueberries Allergy: Turkey Bacon Gluten-Free Toast Frozen Blueberries Infants: Frozen Blueberries	Rice Chex Fresh Bananas Allergy: Rice Chex Fresh Bananas Chex Infants: Rice Chex Fresh Bananas
Lunch	Ground Turkey Pot Pie w/Vegetables & Biscuits Frozen Peaches Allergy: Ground Turkey Pot Pie w/Vegetables Green Beans Gluten-Free Bread Frozen Peaches Infants: Frozen Peaches	Spaghetti & Meat Sauce Green Beans Fresh Cantaloupe Allergy: Spaghetti & Meat Sauce Gluten-Free Spaghetti Green Beans Fresh Cantaloupe Infants: Fresh Cantaloupe	Turkey Chili Cheeseburger Sweet Potato Fries Mixed Fruit Allergy: Turkey Chili Cheeseburger Sweet Potato Fries Fresh Mixed Fruit Infants: Mixed Fruit	Sesame Chicken w/Ginger Sauce Whole Grain Brown Rice Sweet peas Fresh Apples Allergy: Sesame Chicken w/Ginger Sauce Whole Grain Brown Rice Sweet Peas Fresh Apples Infants: Applesauce	Turkey Roll ups Spinach & Strawberry Salad Frozen Pineapples Allergy: Turkey Sandwich on Gluten-Free Bread Spinach & Strawberry Salad Frozen Pineapples Infants: Frozen Pineapples
P.M. Snack	Cereal Bars Vanilla Yogurt Allergy: Gluten-Free Cookies Mixed Fruit Cups Infants: Vanilla Yogurt	Sun Butter Whole Wheat Crackers Allergy: Sun Butter Rice Crackers Infants: Whole Wheat Crackers	Spinach & Avocado Dip Pita Chips Allergy: Dairy-Free Spinach & Avocado Dip Gluten-Free Bread Infants: $\frac{1}{2}$ Spinach & Avocado Dip	Graham Crackers Cheese Sticks Allergy: Rice Crackers Dairy-Free Cheese Slices Infants: Graham Crackers	Mexican Corn Salad Tortilla Corn Chip Allergy: Mexican Corn Salad Tortilla Corn Chips Infants: Soft Tortilla Chips

Note: Whole Milk for Infants & Toddlers. 1% Milk for Early Preschool, Preschool, Kindergarten Prep, & Camp when present.

Note: Fruits will be fresh, frozen or packed in fruit juice.

Note: Menu subject to change based on availability.