| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | 1 <br> Baked Chicken Tenders, Mixed Veggies, Rolls | 2 |
| 3 | 4 <br> Macaroni and cheese Rolls | 5 <br> Baked Fish Sticks, Corn, Rolls | $6$ <br> Pizza | 7 <br> Oven Roasted Turkey (white meat) Mashed Potato | 8 <br> Baked Chicken Tenders, Rice with Veggies Rolls | 9 |
| 10 | 11 <br> Alfredo Pasta With Broccoli and Grilled Chicken | 12 <br> Quesadilla <br> Steamed Peas , Carrots and Corn | $13$ Pizza | 14 <br> Cheese Ravioli , <br> Salad (romaine lettuce, tomato, cucumbers, Carrots) | 15 <br> Baked Chicken Tenders, Mixed Veggies, Rolls | 16 |
| 17 | 18 <br> Baked Penne (tomato sauce, ricotta cheese, parmesan) | 19 <br> Baked Fish Sticks, Veggies, Rolls | $20$ <br> Pizza | 21 <br> Meatballs in <br> Marinara sauce with Baked Tater Tots | 22 <br> Baked Chicken Tenders, Rice with Veggies Rolls | 23 |
| $24$ | 25 <br> Pasta with Meat sauce with side of steamed broccoli | 26 <br> Taco Supreme <br> With Side of Fruit Salad | $27$ <br> Pizza | 28 <br> Ham \& Cheese Calzone | 29 <br> Baked Chicken Tenders, Mixed Veggies, Rolls | 30 |
| 31 |  |  |  |  |  |  |

