



R. Kirk Landon Learning Center

September 2018 Menu



Monday 9/3/18	Tuesday 9/4/18	Wednesday 9/5/18	Thursday 9/6/18	Friday 9/7/18
Center Closed Labor Day Holiday	Chex Cereal Pears Milk	Oatmeal Strawberry & Mangos Milk	Bagels Chicken Nuggets Cantaloupe Milk	Yogurt & Granola English Muffins Pineapples Milk
	Spaghetti w/ Turkey Meatballs Vegetable Blend Apples Breadsticks	Baked Tilapia Broccoli Fruit Salad Wheat Rolls Milk	Sloppy Joes Hamburger Buns Sweet Peas Watermelon Milk	BBQ Chicken Breast Tossed Salad Green Beans Oranges Wheat Rolls Milk
	Apple Muffins Milk	Berry Applesauce Wheat Cracker Water	Cheese Sticks Ritz Water	Salsa Wheat Crackers Water

Monday 9/10/18	Tuesday 9/11/18	Wednesday 9/12/18	Thursday 9/13/18	Friday 9/14/18
Turkey Ham & Cheese Quiche Bananas Milk	Waffles Pears Milk	Cheese Grits Turkey Sausage Strawberry & Mangos Milk	Cheerios Cantaloupe Milk	Cheese Eggs Chicken Bacon Pineapples Milk
Chicken Casserole Broccoli Melon Berry Mix Breadsticks Milk	Turkey Spinach Lasagna Green Beans Apples Breadsticks Milk	Lemon Herb Chicken Lima Beans Fruit Salad Corn Muffins Milk	Blacken Salmon Asparagus Watermelon Rice Pilaf Milk	Turkey Cheese Ravioli Corn Oranges Breadsticks Milk
Bagels w/ Cream Cheese Fruit Salad Water	Tomato & Cucumber Salad Ritz Crackers Milk	Homemade Sweet Potato Bread w/ Glaze Milk	Homemade Trail Mix Milk	Mix Berry Smoothies Wheat Crackers Water

Monday 9/17/18	Tuesday 9/18/18	Wednesday 9/19/18	Thursday 9/20/18	Friday 9/21/18
Turkey Sausage Biscuits Bananas Milk	Pancakes Pears Milk	Chicken Bacon Grits Strawberry & Mangos Milk	Oatmeal Cantaloupe Milk	Turkey Sausage Hash Browns Pineapples English Muffins Milk
Turkey Stroganoff Green Beans Melon Berry Mix Garlic Bread Milk	Spinach Pesto Alfredo w/ Penne Pasta Peas & Carrots Apples Garlic Breadsticks Milk	Chicken Stir Fry Oriental Vegetables Fruit Salad Vegetable Rolls Milk	Baked Tilapia Brussel Sprouts Watermelon Wheat Rolls Milk	BBQ Chicken Scallop Potatoes Broccoli & Cauliflower Oranges Milk
Celery & Carrots(Steamed) Ranch Milk	Cheerios Fruit Salad Water	Spinach Dip Pita Bread Water	Apple Butter Sandwiches Milk	Berry Applesauce Wheat Crackers Water

*Menus subject to change upon availability of products. Canned fruit is served in its own juice. Water is offered daily.
Whole Milk is served to Toddlers. 1% Milk is served to all other age groups. Carrots are steamed for infants – twos.*



R. Kirk Landon Learning Center September 2018 Menu



Monday 9/24/18	Tuesday 9/25/18	Wednesday 9/26/18	Thursday 9/27/18	Friday 9/28/18
Turkey Ham & Cheese Quiche Bananas Milk	Blueberry Waffles Pears Milk	Chex Cereal Strawberry & Mangos Milk	Cheese Pizza Cantaloupe Milk	Turkey Sausage Grits Pineapples Wheat Toast Milk
Baked Chicken Tenders Sweet Potatoes Vegetable Blend Melon Berry Mix Milk	Herb Salmon Roasted Fingerling Potatoes Corn on the Cob Apples Milk	Turkey Burger Hamburger Buns Sweet Potato Fries Sweet Peas Fruit Salad Milk	Vegetable Tortellini Steamed Carrots Watermelon Breadsticks Milk	Chicken Pot Pie Broccoli Oranges Biscuits Milk
Homemade Blueberry Muffins Milk	Cheese Cubes Wheat Crackers Water	Turkey & Cheese Wraps Water	Sun Butter Apple Slices Water	Hummus Wheat Crackers Water



Introducing Healthier Snacks Inspired By Our Parents

Vegetarian Substitution:

Tofu, veggie sausage, soy chicken nuggets, or beans will be substituted for any menu item that is not allowed for vegetarians. Please let your child's teacher and a member of management know if this is the option for your child.



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