



Jeannette Cathy Children's Center Weekly Menu



Menu Prepared By: Sandra Strother, Kitchen Manager

Approved by: Gemorial Johnson, Director

Week: 03.18.2019	Monday March 18	Tuesday March 19	Wednesday March 20	Thursday March 21	Friday March 22
A.M. Snack	Rice Chex Fresh Apples Allergy: Gluten-Free Rice Chex Fresh Apples Infants: Applesauce	Hash brown Scramble Frozen Peaches Allergy: Gluten-Free Waffle Turkey Bacon Frozen Peaches Infants: Frozen Peaches	Cheese Toast Frozen Blueberries Allergy: Gluten-Free Toast Frozen Blueberries Infants: Frozen Blueberries	Croissant w/Apple Butter Fresh Oranges Allergy: Gluten-Free Waffle Fresh Oranges Infants: Mandarin Oranges	Cream of Wheat Frozen Strawberries Allergy: Gluten-Free Oatmeal Frozen Strawberries Infants: Frozen Strawberries
Lunch	Italian Parsley Pesto Ravioli Steamed Carrots Fresh Cantaloupe Allergy: Gluten-Free Italian Parsley Pesto Penne Steamed Carrots Fresh Cantaloupe Infants: Steamed Carrots	Roast Turkey Slices w/Gravy Whole Grain Brown Rice Sweet Peas w/Mushrooms and Thyme Fresh Pears Allergy: Roast Turkey Slices Whole Grain Brown Rice Sweet Peas w/Mushrooms and Thyme Fresh Pears Infants: Diced Pears in Juice	Chicken Fajitas Steamed Corn Fresh Honey Dew Allergy: Gluten-Free Corn Tortilla w/Chicken Fajitas Roasted Corn Fresh Honey Dew Infants: Fresh Honey Dew	Turkey Ham & Cheese Melt Broccoli and Squash Medley Fresh Cantaloupe Allergy: Gluten-Free Turkey Ham Sandwich Broccoli & Squash Medley Fresh Cantaloupe Infants: Fresh Cantaloupe	Chicken Bacon Ranch Salad Whole Grain Rolls Mixed Fruit Allergy: Chicken Bacon Salad Gluten-Free Bread Mixed Fruit Infants: Chicken Salad on Flatbread
P.M. Snack	Cheddar Wheat Crackers Fresh Cantaloupe Allergy: Gluten-Free Rice Crackers Fresh Cantaloupe Infants: Cheddar Wheat Crackers Fresh Cantaloupe	Apple Cinnamon Muffins $\frac{1}{2}$ Banana Allergy: Gluten-Free Cookie $\frac{1}{2}$ Banana Infants: Apple Cinnamon Muffins	Fresh Carrots Avocado Ranch Dip Allergy: Gluten-Free Quinoa Chips Fresh Carrots Infants: Steamed Carrots	Tuna Salad Veggie Crackers Allergy: Gluten-Free Pasta Salad Fresh Apples Infants: Tuna Salad	Garlic Bread Stick Marinara Sauce Allergy: Gluten-Free Bread Stick Marinara Sauce Infants: Garlic Bread Stick Marinara Sauce

Note: Whole Milk for Infants & Toddlers. 1% Milk for Early Preschool, Preschool, Kindergarten Prep, & Camp when present.

Note: Fruits will be fresh, frozen or packed in fruit juice.

Note: Menu subject to change based on availability.