April 2019

Lunch Menu



Bright Horizons at Portland 207-560-2514 | portland@brighthorizons.com | brighthorizons.com/portland

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Carrot & Sweet Potato Soup, Oyster Crackers, Green Beans, Apple Slices	Vegetable Lasagna, Steamed Carrots, Bananas	Falafel Burgers, Cucumber and Tomato Salsa, Pear Slices	Chickpea and Cauliflower Curry w/ Brown Rice, Peas and Pineapple	Turkey & Apple Quesadillas, Corn, Sour Cream, Orange Wedges
8 1/2 Grilled Cheese Sandwich, Tomato & Coconut Soup, Steamed Cauliflower, Pear Slices	9 Roasted Vegetable & Pesto Sandwiches, Sweet Potato & Corn Salad, Watermelon	Thanksgiving Wraps, Green Beans, Orange Wedges	11 Pesto Pasta with Fresh Tomatoes, Peas, Apple Slices	12 BBQ Chicken Salad , Broccoli, Cornbread, Pineapple
15 Italian Wedding Soup, Broccoli, Bananas	Spinach and Bacon Bread Pudding, Steamed Cauliflower, Honey Dew Bites	17 Butternut Squash and Tofu Sheppard's Pie, Bananas	18 Tuna Wraps, Sweet Potato Fries, Orange Wedges	19 Cheese Ravioli with Red Sauce, Green Beans, Melon
Vegetarian Chili, Corn, Pear Slices Earth Day	23 Macaroni & Cheese, Green Beans, Watermelon	Turkey Sausage with Brown Rice, Pineapple, Steamed Cauliflower	25 Tex-Mex Chicken Casserole, Corn, Grapes	26 PIZZA DAY
29 BBQ Eggplant Sliders, Corn& Black Bean Salsa, Watermelon	30 Lemon Orzo Pasta, Roasted Corn, Fresh Pear Slices			