



2019 Family Webinar Schedule

Join **Bright Horizons**® for another year of live family webinars, where parents and caregivers can connect and learn about managing work, parenting, caregiving, and family life.

Raising Children in a Digital World | Week of January 21st

Technology is everywhere — TVs and tablets at home, digital displays in restaurants, and smartphones in our pockets. Are you wondering when to introduce technology to your child, and how to make it an enriching experience? Join our webinar to learn about the role digital media plays in childhood, and how you can model appropriate technology use and digital citizenship.

Life as a Working Mom | Week of March 25th

Whether you're a new mom getting ready to return to work, or you've been a working mom for a while, you might be curious about the expectations — or lack thereof — you'll face in the office. Join us as we reveal results from the Bright Horizons Modern Family Index survey, and learn what our research says about working motherhood.

Exploring the "E" in STEM | Week of May 27th

You've heard of STEM — science, technology, engineering, and math — but you might be intimidated by the idea of introducing these concepts to your child, especially engineering. In this webinar, you'll learn how to make engineering kid-friendly and get tips on exploring this future-forward topic with infants through school-agers.

The First Year of Parenting | Week of July 29th

Life with a new baby can be exciting and overwhelming at the same time. How can you make the most of it? Join us for an overview of the first year of parenting — from taking full advantage of your leave, to understanding infant development, to returning to work and managing your many responsibilities.

Get Ready for School | Week of September 23rd

Whether it's your child's first step into kindergarten or you're getting ready for your elementary schooler's transition from summer to fall, being prepared ensures a smooth, successful school year. Join our webinar to learn how to approach this exciting time. Find out what "ready for school" means for different ages groups, how to teach important skills, and how to make adjustments at home.

Creating a Family Care Plan | Week of November 19th

As your parents and loved ones get older, planning ahead is especially important. You need to think about things like housing, medical documents, financial responsibilities, and more. And, as you do so, you might wonder how to make sure family members and other loved ones can help and be involved with the care plan. Join us to learn how to figure out roles, responsibilities, and coordination.

All webinar dates, times, and topics are subject to change.