



R. Kirk Landon Learning Center

March 2019 Menu



Friday 3/1/19
Homemade Waffles Strawberries Milk
Baked Fish Green Beans Fruit Salad Breadsticks Milk
Berry Applesauce Milk

Monday 3/4/19	Tuesday 3/5/19	Wednesday 3/6/19	Thursday 3/7/19	Friday 3/8/19
Oatmeal Mangos Milk	Cheerios Bananas Milk	Pancakes Berry Mix Milk	Turkey Sausage Biscuit Peaches Milk	Yogurt, Granola Toast Strawberries Milk
BBQ Chicken Corn On Cob Baked Beans Apples Milk	Cheese Pizza Vegetable Blend Melon Mix Wheat Rolls Milk	Sweet & Sour Meatballs Green Beans Pears Wheat Rolls Milk	Baked Chicken Corn Oranges Sweet Potato Fries Milk	Vegetable Lasagna Broccoli Fruit Salad Wheat Rolls Milk
Salsa Wheat Cracker Water	Homemade Trail Mix Water	Apple Muffins Milk	Cheese Cubes Wheat Cracker Water	Strawberry Fruit Bars Milk

Monday 3/11/19	Tuesday 3/12/19	Wednesday 3/13/19	Thursday 3 /14/19	Friday 3/15/19
Cheese Grits Mangos Milk	Chicken Biscuits Bananas Milk	Sweet Potato Spice Bread Berry Mix Milk	Blueberry Waffles Peaches Milk	Chex Cereal Strawberries Milk
Mardi Gras Pasta Mixed Vegetable Apples Breadsticks Milk	Turkey Salisbury Mashed Potato w/ Gravy Sweet Peas Melon Mix Milk	BBQ Chicken Mac & Cheese Green Bean Watermelon Milk	Blackened Fish Herb Roasted Potatoes Vegetable Blend Oranges Milk	Chicken Pot Pie Corn Fruit Salad Wheat Rolls Milk
Sun Butter Apple Slices Water	Breadsticks Marinara Water	Peaches & Cream Muffins Milk	Guacamole Pita Bread Water	Bananas Wheat Crackers Water

*Menus subject to change upon availability of products. Canned fruit is served in its own juice. Water is offered daily.
Whole Milk is served to Toddlers. 1% Milk is served to all other age groups.*



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March 2019 Menu



Monday 3/18/19	Tuesday 3/19/19	Wednesday 3/20/19	Thursday 3/21/19	Friday 3/22/19
Pancakes Mangos Milk	Chex Cereal Bananas Milk	Turkey Sausage English Muffins Berry Mix Milk	Waffles Peaches Milk	Oatmeal Strawberries Milk
Chicken Noodle Soup Peas & Carrots Apples Wheat Rolls Milk	Herb Salmon Mashed Potatoes Sweet Peas Melon Mix Milk	Turkey Stroganoff Corn Watermelon Egg Noodles Milk	Chicken Casserole Vegetable Blend Oranges Rice Milk	Homemade Vegetable Lasagna Green Beans Fruit Salad Bread Sticks Milk
Soft Pretzels Milk	Homemade Trail Mix Milk	Peaches & Cream Muffins Milk	Sun Butter Celery Sticks Water	Cucumber Salad Wheat Crackers Milk

Monday 3/25/19	Tuesday 3/26/19	Wednesday 3/27/19	Thursday 3/28/19	Friday 3/29/19
Breakfast Pizza Mangos Milk	Chicken Bacon Cheese Grits Bananas Milk	Cheerios Sliced Oranges Milk	Turkey Sausage Croissants Sliced Peaches Milk	Turkey Ham & Cheese Quiche Strawberries Milk
Cheese Ravioli Broccoli Apples Garlic Breadsticks Milk	Taco Tuesday Soft Tortilla Lettuce/Cheese Sour Cream Black Beans Melon Mix Milk	Pulled BBQ Chicken Peas & Carrots Sweet Potato Fries Watermelon Wheat Buns Milk	Garlic & Herb Salmon Wild Rice Asparagus Oranges Milk	Chicken Stir Fry Oriental Vegetable Fruit Salad Vegetable Egg Rolls Milk
Salsa Wheat Crackers Milk	Sweet Potato Spice Bread Milk	Apple Butter Sweet Potato Crackers Water	Cheerios Mango Berry Salad Milk	Mango Berry Smoothie Wheat Crackers Water

Introducing Healthier Snacks Inspired By Our Parents

Vegetarian Substitution:

Tofu, veggie sausage, soy chicken nuggets, or beans will be substituted for any menu item that is not allowed for vegetarians. Please let your child's teacher and a member of management know if this is the option for your child.



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