

# January 2020 Menu

<sup>1</sup> Week of 12/30/19 – 01/03/20	AM Snack	Lunch	PM Snack
<b>Monday</b>	Wheat French Toast Sticks Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines and Cheese Pineapple Milk	Graham Crackers Applesauce Water
<b>Tuesday</b>	Cereal Milk	Tuna on Wheat Bread Celery and Cucumbers Apple Slices Milk	Bananas Milk
<b>Wednesday</b>	<b>Closed – New Year's Day</b>		
<b>Thursday</b>	Cinnamon Biscuits Milk	Macaroni and Cheese Peas Beets Milk	Applesauce Cake Milk
<b>Friday</b>	Oatmeal Milk	Mashed Potatoes with Hamburger Gravy Broccoli Pears Milk	Cheese Nips and Wheat Thins Milk

<sup>2</sup> Week of 01/06/20 – 01/10/20	AM Snack	Lunch	PM Snack
<b>Monday</b>	Oyster Crackers Cheese Slices Milk	Pancakes with Sausage Mixed Berries Apple Slices Milk	Chex Mix Milk
<b>Tuesday</b>	Zucchini Bread Milk	Pasta Salad (Ham, Pepperoni, Cheese, and Veggies) Whole Grain Crackers Pineapple mixed with Pears Milk	Tortilla Chips or Ritz Crackers with Nacho Cheese Water
<b>Wednesday</b>	Tortillas with Cream Cheese Milk	Turkey Ham on Wheat Carrot and Celery Sticks with Dip Orange Slices Milk	Yogurt and Fruit Water
<b>Thursday</b>	Oatmeal Milk	Bean and Cheese Burritos Corn Peaches Milk	Pumpkin Bread Milk
<b>Friday</b>	Cereal Milk	Cheese Pizza Rounds on an English Muffin Green Beans Mixed Fruit Milk	Pita Bread with Ranch Dressing Carrot Sticks Water

# January 2020 Menu

<b>3 Week of</b> 01/13/20 – 01/17/20	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Cottage Cheese Peaches Milk	Cheese Enchiladas Black Beans Pineapple Milk	Wheat Bread Squares with Jelly Milk
<b>Tuesday</b>	Cereal Milk	Whole-Grain Bread with Sun Butter and Jelly Corn Peaches Milk	Pears Milk
<b>Wednesday</b>	Oatmeal Apple Slices Milk	Spaghetti with Meat Sauce Side Salad Mango Fruit Mix Milk	Pita Bread with Cream Cheese and Celery Sticks Water
<b>Thursday</b>	Diced Cantaloupe with Strawberries Milk	Scrambled Eggs with Ham and Shredded Zucchini English Muffin with Butter Orange Slices Milk	Chex Mix Milk
<b>Friday</b>	Cinnamon Raisin Bagel With Cream Cheese Milk	Pasta E. Fagioli (ground sausage and beans) Wheat Saltines Pineapple and Pear Mix Milk	Graham Crackers Apple Slices Milk

<b>4 Week of</b> 01/20/20 – 01/24/20	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	<b>Closed – MLK Jr. Day</b>		
<b>Tuesday</b>	Bran Muffins Milk	Black Beans and Rice Tortillas Corn Applesauce Milk	Cracker Stackers (Ritz crackers, Sliced Turkey, and Sliced Cheese) Water
<b>Wednesday</b>	Cereal Sliced Bananas Milk	Sloppy Joes Baked Beans Peaches Milk	Celery Sticks Sun Butter Water
<b>Thursday</b>	Cinnamon Raisin Bagel With Cream Cheese Milk	Chicken Noodle Casserole Green Beans Applesauce Milk	Carrot Sticks and Cucumbers with Dip Milk
<b>Friday</b>	Banana Zucchini Bread Milk	Mashed Potatoes with Hamburger Gravy Broccoli & Carrots Pears Milk	Graham Crackers Yogurt Water

# January 2020 Menu

<sup>5</sup> Week of 01/27/20 – 01/31/20	AM Snack	Lunch	PM Snack
<b>Monday</b>	Boiled Eggs Saltine Crackers Milk	Hamburger Stroganoff Broccoli Peaches Milk	Vanilla Wafers Milk
<b>Tuesday</b>	Mixed Berries Cheese Slice Milk	Egg Salad on Wheat Celery and Carrot Sticks Apple Slices Milk	Wheat Thins and Cheese Nips Milk
<b>Wednesday</b>	Muffin Squares Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Corn Pears Milk	½ Banana with Whole Grain Cinnamon Crackers Water
<b>Thursday</b>	Oatmeal Milk	English Muffin Cheese Pizza Peas and Carrots Applesauce Milk	Tortillas with Sun Butter Water
<b>Friday</b>	Yogurt Granola Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines Cheese Mango Fruit Mix Milk	Applesauce Cake Milk