



BRIGHT HORIZONS AT USAA PHOENIX CDC

From the Director

It's Silhouette time!

We are so excited to again have the amazing Judith Housel come out to the CDC to create her professional Silhouette Portraits on March 12th and March 13th. Judith's silhouettes are made freehand and on the spot without tracing or drawing. Her work is fascinating as she cuts with scissors to create accurate profile portraits of the children in mere minutes. All children can participate, including infants. The cost for a silhouette portrait is \$15, and any additional copies cost \$5.00. Cash is preferred but you can use check if needed.



If you are interested, please fill out the form near the sign in and out computer.

Schedule Changes

With daylight savings around the corner (March 10) we are preparing for schedule changes. Please stop at the front desk and fill out a schedule change form to ensure we have appropriate morning and afternoon coverage. If your schedule will remain the same there is no need to make changes. As always, we appreciate your assistance with teacher scheduling.

You are invited to a Live Webinar:

Presented by Bright Horizons
Education and College Advising™

Saving for College

March 6, 2019

11:30 a.m. – 12:30 p.m. CT

**(Parents/Guardians of
newborns – 8th graders)**

The Right Way to Save starts with a Strategy.

- Optimize your financial resources
- Minimize tax risk
- Create a plan that matches your needs

You can also schedule a
one-hour personalized advising session.

Reserve Your Spot:

Visit <https://passport.getintocollege.com>

Password: usaacoach

Questions? 866.468.3129 or usaagetintocollege.com

Important Dates

March 1: Bring in Favorite Dr. Seuss Book

March 8: KP 1 & 2 Science Fair
3:00pm @ the CDC

March 11-15: Art Smart Week
Classrooms will focus on Art Smart Curriculum all week

**March 12 & 13: Judith Housel
Silhouette Portraits** Sign up at the CDC!
Portraits cost \$15 each.

March 15: Art Show
Children's artwork displayed @ CDC

March 15: Wear Green for St. Pat's Day

March 19: Pretend Dress Up Day
Children dress up however they want!

March 27: Show and Share

March 29: Lunch Box Day

Reasons to Celebrate Art Show Week!

Throughout the week of March 11th, we will be celebrating the art portion of Our World Curriculum, Art Smart. The classrooms will be working on art projects during the week while learning about famous artists and exploring the creative process. On Friday we will be showcasing all of the children's artwork throughout the school. Please be sure to take a few extra minutes to enjoy all of the creative work on display on Friday March 15th.

Infants



Sharita shared the love of books with all her infants.

Toddlers



The toddlers explored their senses using colored ice cubes. On February 14th, the toddlers also passed out their own friendship cards. □

Twos



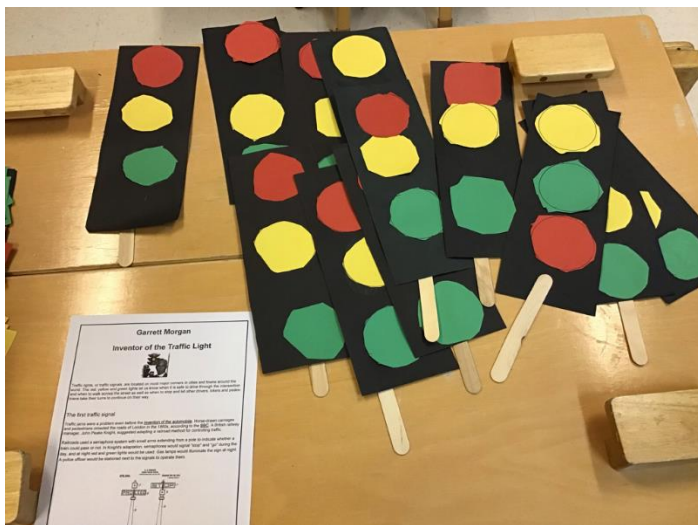
The Twos classrooms celebrated friendship on February 14th and passed out friendship cards. They also took time out to observe and enjoy all the rain!

Preschool



Our preschoolers explored some of our new outdoor materials by practicing their balancing skills and blowing big bubbles.

Kindergarten Prep



Kindergarten Prep celebrated Black History Month by focusing on the stories of great men and women throughout Black History, including Garrett Morgan –inventor of the stop light. Kindergarten Prep 1 created their own Friendship cards on February 14th.

Embarrassing Moments: Opportunities to Learn

There are times when our bright, curious children cause us to cringe by their comments or questions. “Is there a baby in that man’s tummy?” “Why is her skin dark?” “Where are his legs?”

In these moments, we often feel embarrassed and helpless. Our sweet young children, who we raise in an atmosphere of respect, acceptance, and kindness, might innocently offend someone ...and we’re speechless.

Young children are curious and still learning about the world; they don’t mean to be hurtful or malicious. Many adults are inclined to explain and have children apologize, but this can embarrass both the children and the recipient. In this situation, it’s best to validate what a child is observing and turn it into a learning opportunity.

Below are a few examples of common questions and helpful responses.

“That man has no legs!”

- ▶ Calmly and matter-of-factly explain that we all have different bodies and abilities. Then when your child asks, “Why doesn’t he have legs?” You might say, “I’m not sure, perhaps he was born that way.” Then you might ask, “How do you think someone would get around if they didn’t have legs?”

“Why is her skin dark?”

- ▶ This is an opportunity to explain that everyone is unique and to talk about different types and colors of hair skin and eyes. When you get home, you might show your children an array of colored apples and cut them open to see that they’re all the same color inside.

“Is there a baby in that man’s tummy?”

- ▶ A simple, honest response is, “Men can’t have babies in their tummies. Only women can.” A child further inquiring, “then why is he so fat?” opens the door for adults to let children know that people come in all sizes and shapes; we all have different body types.

How adults handle situations in the moment matters, but equally important is turning these moments into learning opportunities. After the event, explain to your child that sometimes things we say can unintentionally hurt people’s feelings.

Use your child’s comment as a springboard to discuss diversity, emotions, and the impact of words. Explain that all questions are welcome, but it’s a good idea to check with the adults before commenting to strangers.

Bright Horizons at USAA

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Monday – Friday 6:30 a.m. to 6:30 p.m.