

# Bright Horizons at Northbrook

## 2018 Parent Workshops



At **Bright Horizons®** we take our responsibility to partner with families very seriously. One way we strive to do this is to provide opportunities for families to have fun together, learn together, and meet other families at various events throughout the year. We hope you will join us for one or all of our parent workshops! All are welcome, so feel free to bring friends and family.

### August 7, 5:00 – 6:00 p.m. – School Readiness

We will discuss your child's developmental traits, and what is important to school preparedness. After learning about the major areas of developmental readiness, we will share some great activities that will help you ensure that your child is truly ready. Join our conversation as you prepare for this exciting next phase in your child's life!

### November 6, 5:00 – 6:00 p.m. – Effective Communication

Effective communication is essential to avoiding conflict, sharing emotions, and building a strong relationship with your child. Yet in the midst of your busy and sometimes stressful life, how can you ensure constructive two-way communication? Join us as we discuss our expert strategies on effective communication. Through the advice of our teachers and other parents, you will gain valuable insight into how you can talk so that your child will listen.

#### **Bright Horizons at Northbrook**

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