



Lunch Menu January 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED	2 Chicken Vegetable Rice Casserole Carrots Apple Sauce	3 Hot Turkey & Cheese sandwich on wheat bread Green beans Banana half	4 Sloppy Joe on a wheat roll Mashed Potatoes/Stuffing Sliced Apples	5 Mini Cheese Pizza Mixed vegetables Pineapples
8 Mac 'n' cheese Green beans Banana Half	9 Chicken & Waffles California vegetables Pineapple	10 Cheese quesadilla Tossed salad/peas (T) Sliced Pears	11 Turkey noodle casserole Carrots Apple sauce	12 Stewed Beef & Rice Winter vegetable medley Banana Half
15 Beefy Mexican rice casserole Mixed vegetables Pineapple	16 Chicken BBQ on a wheat roll Green beans Banana Half	17 Grilled cheese sandwich on wheat bread Carrots Apple sauce	18 Whole wheat pasta w/meat sauce Tossed salad/peas (T) Sliced Apples	19 Mini Cheese Pizza Broccoli Banana Half
22 Sweet & sour chicken & rice casserole Green Beans Peaches	23 Beefaroni Tossed salad/peas (T) Apple sauce	24 Turkey BBQ on a wheat roll Mashed Potatoes Banana half	25 Cheeseburger noodle casserole California vegetables Sliced Apples	26 Hot Ham & Cheese on wheat bread Winter vegetable medley Pineapple
29 Veggie Mac 'n' cheese Mixed vegetables Banana half	30 Turkey & vegetable rice casserole Carrots Apple sauce	31 Beef Soft Tacos Tossed Salad/Peas(T) Pineapples		