



# Jeannette Cathy Children's Center Weekly Menu



Menu Prepared By: Sandra Strother, Kitchen Manager

Approved by: Gemorial Johnson, Director

Week: 12.03.2018	Monday December 03	Tuesday December 04	Wednesday December 05	Thursday December 06	Friday December 07
<b>A.M. Snack</b>	Corn Flakes Fresh Bananas  Allergy: Corn Flakes Fresh Bananas  Infants: Fresh Bananas	Cinnamon Oatmeal w/Apples  Allergy: Cinnamon Oatmeal w/Apples  Infants: Cinnamon Oatmeal w/Apples	Whole Grain Pancakes Strawberry Compote  Allergy: Gluten-Free Pancakes Strawberry Compote  Infants: Fresh Cantaloupe	Whole Grain Cheerios Frozen Blueberries  Allergy: Whole Grain Cheerios Frozen Blueberries  Infants: Whole Grain Cheerios Frozen Blueberries	Cheese Biscuits Fresh Oranges  Allergy: Gluten-Free Bread Dairy-Free Cheese Fresh Oranges Infants: Mandarin Oranges
<b>Lunch</b>	Creole Roasted Chicken Whole Grain Brown Rice Seasoned Green Beans Frozen Peaches  Allergy: Creole Roasted Chicken Whole Grain Brown Rice Seasoned Green Beans Frozen Peaches  Infants: Frozen Peaches	Mushrooms & Cheese Tortellini in Fresh Basil Sauce Roasted Asparagus Fresh Cantaloupe  Allergy: Mushrooms & Dairy-Free Cheese Sauce Gluten-Free Pasta w/Fresh Basil Roasted Asparagus Fresh Cantaloupe  Infants: Fresh Cantaloupe	Meat Loaf w/Chili Sauce Cabbage & Potatoes Corn Bread Frozen Mango  Allergy: Meat Loaf w/Chili Sauce Cabbage & Potatoes Gluten-Free Bread  Infants: Frozen Mango	Chicken Club Casserole Steamed Broccoli Whole Grain Dinner Rolls Fresh Honey Dew  Allergy: Roasted Chicken Steamed Broccoli Gluten-Free Bread Fresh Honey Dew  Infants: Fresh Honey Dew	Meatball & Mozzarella Cheese Sandwiches Roasted Corn Mixed Berries  Allergy: Meatball & Dairy-Free Cheese Gluten-Free Bread Roasted Corn Mixed Berries  Mixed Berries
<b>P.M. Snack</b>	Garlic Bread Sticks Marinara Sauce  Allergy: Garlic Bread Sticks Marina Sauce  Infants: Marinara Sauce	$\frac{1}{2}$ Egg Salad Sandwich w/Turkey Bacon  Allergy: Turkey Bacon & Tomato Gluten-Free Bread Dairy-Free Mayo Infants: $\frac{1}{2}$ Egg Salad Sandwich w/Turkey Bacon	$\frac{1}{2}$ Grilled Cheese Sandwich  Allergy: Dairy-Free Cheese Gluten-Free Bread  Infants: $\frac{1}{2}$ Grilled Cheese Sandwich	Light Chipotle Salsa Corn Tortilla Chips  Allergy: Light Chipotle Salsa Corn Tortilla Chips  Infants: Corn Tortilla Chips	Carrot Sticks Wheat Crackers  Allergy: Carrot Sticks Rice Crackers  Infants: Parboiled Carrots Wheat Crackers

**Note:** Whole Milk for Infants & Toddlers. 1% Milk for Early Preschool, Preschool, Kindergarten Prep, & Camp when present.

**Note:** Fruits will be fresh, frozen or packed in fruit juice.

**Note:** Menu subject to change based on availability.