

JULY

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
			LAST DAY TO REGISTER			
11	12	13	14	15	16	17
	Welcome Email from LRP Staff ☺ (COMPLETE PRE- TEST)	<u>Session 1A</u> <i>Intro to LRP What is Resiliency?</i>		<u>Session 1B</u> <i>Healthy Relationships & Action Adventure</i>		ACTION ADVENTURE ACTIVITY
18	19	20	21	22	23	24
		<u>Session 2A</u> <i>Goal Setting</i>		<u>Session 2B</u> <i>Coping Strategies</i>		
25	26	27	28	29	30	31
		<u>Session 3A</u> <i>Community Service</i>		<u>Session 3B</u> <i>Program Wrap- Up</i>	COMPLETE POST-TEST	COMMUNITY SERVICE ACTIVITY

➤ Important Dates:

- **July 7, 2020:** Last day to submit your registration form, completed & signed by a parent/guardian.
- **July 12, 2020:** Official welcome email from LRP staff will be sent out to all participants. All participants must also complete a Pre-test *PRIOR* to the start of the first session the following day. **Access to this Pre-test will be included in the welcome email.*
- **July 30, 2020:** All participants that have successfully stayed with the program by this point must complete a Post-test *NO LATER* than this date. **Access to this Post-test will be shared on July 29th.*
- All scheduled sessions indicated above will run from **11:00am to 12:00pm**, any additional time will be extended as needed and at the discretion of the LRP staff.
- Attendance is not mandatory for each session, but in order to get the most out of this 3-week program we highly encourage all participants to maintain a good attendance throughout.
- Special incentives will be given at the end of each week to all those participants who successfully attend and participate in BOTH sessions for that week. (These will be a surprise!)
- Access to lesson plan contents, activities, and presentations will be available to all participants to download throughout the duration of this program.

Should any participant need to reach us please contact our LRP staff at rotaractmarianas@gmail.com.
Please start subject heading with: Summer 2021 LRP.

Lesson plans, content, & presentations are subject to change based upon the discretion of the LRP staff