BRIGHT HORIZONS AT WHEATON

What's on the Menu?



Week of: April 22 nd	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	OatmealFresh FruitOrganic Milk	Egg PattyWheat ToastFresh FruitOrganic Milk	CheeriosFresh FruitOrganic Milk	YogurtGranolaFresh FruitOrganic Milk	 Apple Cinnamon Muffin Fresh Fruit Organic Milk
TODDLER MORNING SNACK	Wheat CrackersSliced Cheese	Nutrigrain BarOrganic Milk	YogurtFresh Fruit	Graham CrackersCream Cheese	Corn BreadFresh Fruit
LUNCH	 Chicken Parmesan Sandwich Roasted Broccoli Fresh Fruit Organic Milk V: Veggie Patty Sandwich 	 Meatloaf Roasted Potatoes & Green Beans Fresh Fruit Organic Milk V: Grilled Cheese Sandwich 	 White Chicken Chili Corn Bread Fresh Fruit Organic Milk V: Vegetarian Chili with Beans 	 Spaghetti Turkey Meatballs Peas & Carrots Fresh Fruit Organic Milk V: Spaghetti with Spaghetti Sauce 	 Grilled Chicken Nuggets Vegetarian Beans Fresh Fruit Organic Milk V: Veggie Patty Sandwich
AFTERNOON SNACK	Nutrigrain BarFresh Fruit	Garlic BreadstickMarinara Sauce	 Homemade Apple Cinnamon Snack Cake Organic Milk 	Soy ButterPita Bread	 String Cheese Whole Wheat Crackers I/T: Sliced Cheese

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style



* Infant/Toddler Alternative* Vegetarian Alternative

