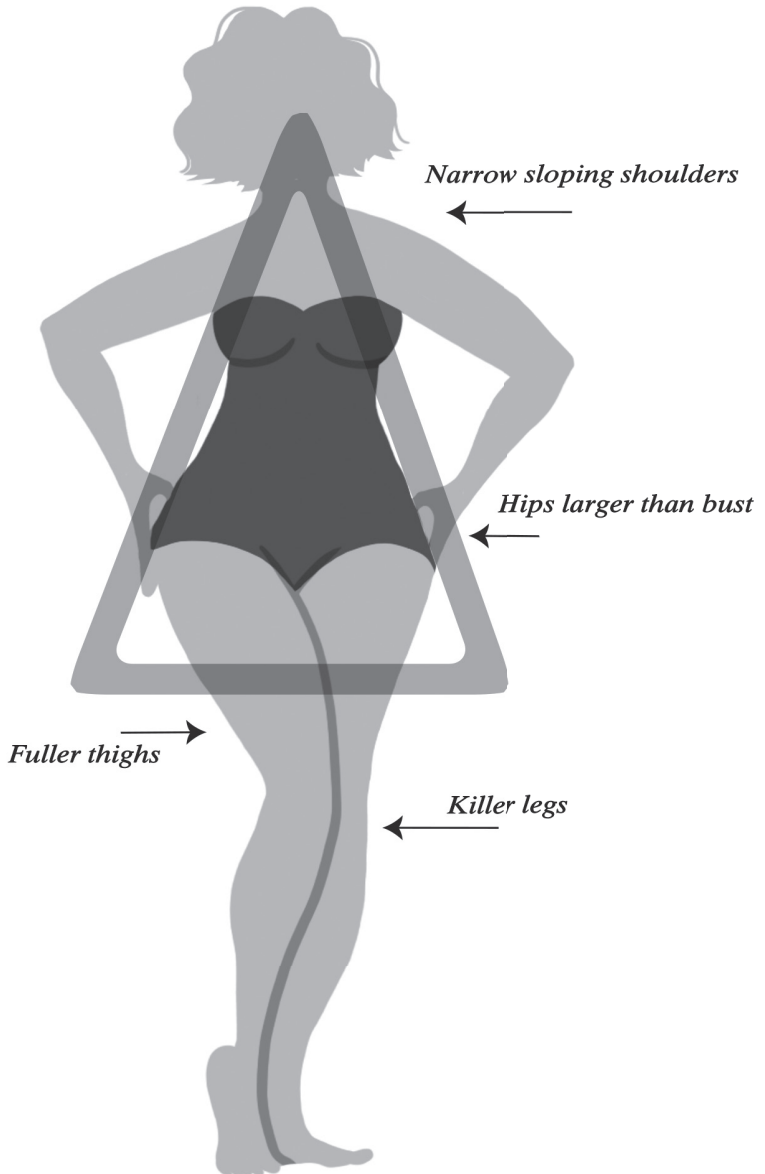


Triangle



The Pear Shape (or Triangle Shape)

The pear, also known as the “triangle” shape, has narrow or sloping shoulders, with hips that are larger than your bust and wider than your shoulders. You may have a round bottom, fuller thighs, and slender lower legs. The key here is to elongate your figure so that you look less bottom-heavy by drawing attention to your upper body. In the pear club: Kelly (Clarkson) Brianne, Kate Winslet, and Rihanna.

THE PEAR SHAPE

STYLING TIPS	
<ul style="list-style-type: none"> • Always wear a solid or dark color on the bottom • Try bright colors or bold patterns on top • A statement necklace draws the attention upward • Never tuck in your tops 	<ul style="list-style-type: none"> • Avoid drawing attention to your hips • Outerwear should hit above or below the hips • Horizontal stripes on top create a balancing effect
Tops (Friend)	Tops (Foe)
<ul style="list-style-type: none"> • Button-down shirts • Tunic tops (as long as they don't cling to your belly) • Halter tops • Strapless clothes • Bright colors and patterns (this will draw attention to your upper body) • Puffed or flutter sleeves • Embellished shirts with interesting collars • Cowl necks • Tops with shoulder pads 	<ul style="list-style-type: none"> • Kimono tops • Peplum tops
Outerwear (Friend)	Outerwear (Foe)
<ul style="list-style-type: none"> • Cropped jackets with upper detailed embellishments (wear a longer, loose-fitting top underneath—longer than the jacket—that hits below the hips) • Sweaters or cardigans that hit below or above the hips • Dusters • Longer jackets that are nipped in at the waist • Sweaters or jackets that hit at your widest point • Wide belts (instead, use a thin belt, worn slightly higher than your waistline in the same color as your pants or dress) 	<ul style="list-style-type: none"> • Peplum-style coats, as they emphasize the hips • Straight-cut and boxy coats

THE PEAR SHAPE

Dresses and Skirts (Friend)	Dresses and Skirts (Foe)
<ul style="list-style-type: none"> • A-line skirts and dresses • Fit-and-flare dresses • Tulip dresses • Wrap dresses • Off-the-shoulder, fit-and-flare cuts • Strapless dresses with full skirts 	<ul style="list-style-type: none"> • Drop-waist dresses • Miniskirts (they highlight the heaviest areas) • Pencil skirt • Shift dresses • Sheath dresses • Bodycon dresses (unless off-the-shoulder or has ruche)
Pants and Jumpsuits (Friend)	Pants and Jumpsuits (Foe)
<ul style="list-style-type: none"> • Flat-front slacks or jeans • Tailored straight-leg pants (avoid side pockets) • Flared jeans or pants (this draws the eye away from the hips) • Boot-cut jeans or pants • Palazzo pants with a well-defined waistband • High-waisted pants 	<ul style="list-style-type: none"> • Skinny jeans or cigarette pants (if you wear either, pair with a long top that goes over your hips and an outerwear piece) • Pants that add weight to hips • Patterned pants
Accessories (Friend)	Accessories (Foe)
<ul style="list-style-type: none"> • Accessories are your best friend. They draw the attention away from the hips • Scarves • Statement necklaces • Statement earrings • Brooches on lapels 	<ul style="list-style-type: none"> • Be cautious of belts—keep them thin and high.
Shoes (Friend)	Shoes (Foe)
<ul style="list-style-type: none"> • Knee-length boots • Pointy-toed heels, especially nude ones that will make your legs look longer 	<ul style="list-style-type: none"> • Round-toed shoes • Ankle boots • Shoes with ankle straps (but avoid shoes that cut off at the ankle, like booties; they shorten your legs)
Proceed with Caution	
<ul style="list-style-type: none"> • White jeans can be tricky and appear to make you look heavier—camouflage your hips with a layered, mid-thigh outerwear piece, like a cardigan. 	<ul style="list-style-type: none"> • Avoid a wide belt; a thin belt will help define your waistline.