

16-FRQ_ASS_SENIORES_KA_KU KARATE PUGLIA - 2025-03-09						
	Tatami 1	Tatami 2	Tatami 3	Tatami 4		
07:00	IL PRESENTE TIMTABLE E'PURAMENTE INDICATIVO E SOGGETTO A VARIAZIONI 07:00 - 08:00 (01:00)					
07:05						
07:10						
07:15						
07:20						
07:25						
07:30						
07:35				CONTROLLO ATLETI KATA F + KUMITE M 07:30 - 08:30 (01:00)		
07:40						
07:45						
07:50						
07:55						
08:00						
08:05						
08:10						
08:15						
08:20						
08:25						
08:30						
08:35						
08:40						
08:45	SENIORES M KUMITE 67 KG (8) Tabelloni - Pool 1/2 08:45 - 09:30	SENIORES M KUMITE 67 KG (8) Tabelloni - Pool 2/2 08:45 - 09:30	SENIORES F KATA (16) 08:45 - 10:40			
08:50						
08:55						
09:00						
09:05						
09:10	SENIORES M KUMITE 67 KG (3) Ripescaggi 1 09:30 - 09:45	SENIORES M KUMITE 67 KG (3) Ripescaggi 2 09:30 - 09:45		CONTROLLO ATLETI KATA M + KUMITE F 09:30 - 10:15 (00:45)		
09:15						
09:20	SENIORES M KUMITE 67 KG (2) Finale	SENIORES M KUMITE 75 KG (11) 09:45 - 11:10				
09:25						
09:30	SENIORES M KUMITE 60 KG (4) 09:50 - 10:25					
09:35						
09:40						
09:45						
09:50						
09:55	SENIORES M KUMITE 84 KG (8) 10:25 - 11:20		PARAKARATE 10:40 - 11:00 (00:20)			
10:00						
10:05			SENIORES M KATA (14) 11:00 - 12:45			
10:10						
10:15						
10:20						
10:25						
10:30						
10:35						
10:40						
10:45						
10:50	SENIORES M KUMITE 94+ KG (4) 11:20 - 11:55	SENIORES M KUMITE 94 KG (4) 11:10 - 11:45			SENIORES M KATA (14) 11:00 - 12:45	
10:55						
11:00		SENIORES F KUMITE 50 KG (4) 11:45 - 12:05				
11:05						
11:10		SENIORES F KUMITE 68 KG (3) 12:05 - 12:25				
11:15						
11:20						
11:25						
11:30						
11:35						
11:40						
11:45						
11:50						
11:55						
12:00	SENIORES F KUMITE 61 KG (8) 11:55 - 12:50					
12:05						
12:10						
12:15						
12:20						
12:25						
12:30						
12:35						
12:40						
12:45						