





April 2021 Menu - Updated 3.16.21

<div></div> <div></div> <div>Spice up your fruits & vegetables with the following:</div> <div>CINNAMON—apples, sweet potatoes, acorn squash •</div> <div>DILL—tomatoes, cabbage, carrots, cauliflower, green beans, cucumbers •</div> <div>ONION POWDER—most vegetables especially mashed potatoes •</div> <div>OREGANO—tomato sauce, bean salad, zucchini, spinach •</div> <div>PARSLEY—potatoes, green beans, carrots •</div> <div>ROSEMARY—mashed potatoes, peas, lima beans, green beans, roasted potatoes</div> <div></div>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Important Notes	
	29	30	31	1	2		
	Turkey Sloppy Joe on Whole Wheat Bun	Herb Chicken with Gravy	Spaghetti with Beef Bolognese Sauce	Cheese Quesadillas	Veggie Lasagna	Green squares indicate daily vegetarian entrée.	
	Veggie Sloppy Joe on a Whole Wheat Bun	Veggie Meatballs with Vegetarian Gravy	Spaghetti with Tomato Basil Marinara Sauce	Cheese Quesadillas	Veggie Lasagna		
	Carrots	Mashed Sweet Potatoes				Our produce is >75% locally sourced	
	Honeydew	Spinach with Ranch	Zucchini	Peas	Broccoli		
	School Aged Snack: Pudding Cup	Mango	Cran Apple Sauce	Cantaloupe	Pineapple		
	Milk	School Aged Snack: Pretzels	School Aged Snack: Cheesy Garlic Bread	School Aged Snack: Jello Cup	School Aged Snack: Cookie		
	5	6	7	8	9		
	Turkey Chili Mac & Cheese	Chicken Tenders	French Toast Sticks with Strawberry Sauce	Grilled Cheese Sandwich	Baked Ziti Pasta with Marinara Sauce	Toddlers will be served whole milk 2's and above will be served 1% milk	
	Veggie Crumble Mac & Cheese	Veggie Patty w/Cheese	French Toast Sticks w/Strawberry Sauce & Veggie Patty	Grilled Cheese	Baked Ziti Pasta with Marinara Sauce		
	Green Beans	Zucchini with Ranch	Turkey Sausage	Tomato Soup	Cucumber with Ranch		
	Mango	Cantaloupe	Carrots	Honeydew	Applesauce		
	School Aged Snack: Cookie	School Aged Snack: Whole Grain Goldfish	School Aged Snack: String Cheese	School Aged Snack: Pudding Cup	School Aged Snack: Chex Mix		
	Milk	Milk	Milk	Milk	Milk		
	12	13	14	15	16		
	Chicken Pasta Alfredo	Cheese Quesadillas	Brown Rice Stir Fry with Chicken	Cheese Ravioli with Tomato Basil Marinara	Turkey Sliders	Soy milk is available upon request	
	Pasta Alfredo	Cheese Quesadillas	Veg Brown Rice Stir Fry with Tofu	Cheese Ravioli with Tomato Basil Marinara	Veggie Sliders		
	Peas	Spinach with Ranch	Bok Choy	Cauliflower	Yellow Squash with Ranch	Amgen Dining Commitment: Poultry without routine use of human antibiotics & sourcing rBGH-free milk & yogurt.	
	Mango	Pineapple	Cantaloupe	Honeydew	Applesauce		
	School Aged Snack: Jello Cup	School Aged Snack: Pudding Cup	School Aged Snack: Rice Krispies Treat	School Aged Snack: Pretzels	School Aged Snack: Chex Mix		
	Milk	Milk	Milk	Milk	Milk		
	19	20	21	22	23		
	Mac & Cheese with Chicken	Turkey Burger Patty	Whole Grain Strawberry Pancakes	Beef Sloppy Joe on Bun	Cheese Pizza	*In the event you determine that your child(ren) is or may be allergic to any menu item, please notify Bright Horizons immediately, both via phone and in writing, at South House x76793 #2. Parents are responsible for providing alternative menu items for their child(ren).	
	Mac & Cheese with Veggie Meatballs	Veggie Patty	Whole Grain Strawberry Pancakes with Veggie Patty	Veggie Sloppy Joe	Cheese Pizza		
	Green Beans	Rice Pilaf	Turkey Sausage	Whole Wheat Thin	Spinach with Ranch		
	Mango	Carrots	Cucumber	Yellow Squash	Pineapple		
	School Aged Snack: Cookie	School Aged Snack: Cinnamon Graham Crackers	School Aged Snack: String Cheese	School Aged Snack: Whole Grain Goldfish	School Aged Snack: Pudding Cup		
	Milk	Milk	Milk	Milk	Milk		
	26	27	28	29	30		
	Turkey Chili Mac & Cheese	Veggie Meatballs with Vegetarian Gravy	Turkey Slider	Grilled Cheese Sandwich			
	Veggie Crumble Mac & Cheese	Veggie Meatballs with Vegetarian Gravy	Veggie Patty on Hawaiian Slider	Grilled Cheese Sandwich			
	Green Beans	Mashed Sweet Potatoes	Yellow Squash with Ranch	Tomato Soup			
	Mango	Broccoli	Honeydew	Pineapple			
School Aged Snack: Cookie	School Aged Snack: Chex Mix	School Aged Snack: Whole Grain Goldfish	School Aged Snack: Pudding Cup				
Milk	Milk	Milk	Milk				

Menu is subject to change without notice based on food availability.

* This menu satisfies the USDA Child Care Food Program guidelines. Please review this menu carefully and determine whether your child(ren) may be allergic to any menu item ("Allergen"). If you believe your child(ren) may be allergic to any item on this menu, or if you would like additional information regarding the ingredients of any menu item, please contact the Camp Amgen front office x71634. Upon your request, you will receive a complete list of ingredients for each menu item requested.