



棕榈岛一号

MAIDEN
SHANGHAI

Welcome to Maiden Shanghai, our gourmet Chinese bistro in the heart of Dubai.

I discovered my passion for cooking while traveling around China. The difference in flavour from one region to another was astonishing. While Cantonese food is characterised by its light seasoning and slightly sweet flavours, Beijing is hot and spicy with a dry chilli heat. In Shanghai, the proximity to the sea influences local dishes while hot and spicy food is typically found in Sichuan.

Much like its namesake Shanghai became a melting pot of cultural influences from around the world in the 1920s and 30s, Maiden Shanghai's menu is a fusion of different Chinese flavours. Our brasserie style menu is based on recipes passed down from generation to generation with a contemporary twist.

We proudly only use organic poultry, free range eggs and all food is MSG free.

It is a pleasure to welcome you to try these unique flavours.

Chef Bing Luo
#MaidenShanghai

Soup & Cold Starters

翡翠羹 Cucumber soup (V)

Tofu 35 Organic chicken 45

滋补炖鸡汤 Herb chicken soup with mushrooms

55

酸辣龙须 Spanish octopus in hot and sour sauce (N) //

100

麻酱菠菜 Steamed spinach with sesame sauce (V)(N)

55

酸辣海鲜 Hot and sour soup //

Organic chicken 45 Seafood 50 Vegetable 40

玉米汤 Sweetcorn soup

55

泡椒三文鱼 Homemade pickled salmon //

90

姜汁秋葵 Poached okra with ginger sauce (V)

45

香芋龙虾汤 Lobster soup with Chinese taro (S)

90

棒棒鸡丝配荷叶饼 Boom Boom shredded organic chicken with scallions and homemade pancakes (N) //

85

芝麻芦笋 Poached asparagus with wok tossed sesame and Shanghai sauce (V)(N)

55

Spice guide. (N) Nuts (V) Vegetarian (S) Shellfish

All prices are in UAE Dirhams inclusive of 10% service charge, 5% Value Added Tax and 7% municipality fee. All dishes are prepared in strict compliance with Halal requirements.

Hot Starters

椒盐鲜尤

Salt and pepper squid

70

香脆海鲜卷

Crispy prawn and Chilean seabass roll (S)

70

上海干牛丝

Crispy shredded beef with carrot in
Shanghai sauce (S) /

110

上海素春卷

Shanghai spring roll (V)

50

椒盐豆腐

Salt and pepper tofu (V) /

60

麻辣软壳蟹

MaLa soft shell crab (S) //

175

山城辣子鸡

Shan Cheng chilli chicken (N) //

130

椒盐虾

Salt and pepper prawns (S)

70



Spice guide. (N) Nuts (V) Vegetarian (S) Shellfish

All prices are in UAE Dirhams inclusive of 10% service charge, 5% Value Added Tax and 7% municipality fee. All dishes are prepared in strict compliance with Halal requirements.

Main Courses

火龙 咕嚕鸡

Sweet and sour crispy organic chicken
with dragon fruit

135

北京烤鸭

Bing's organic Peking duck (S)

Half 295 Full 495

宫保鸡丁

Organic Kung Pao chicken (N) /

140

葱爆小羊柳

Stir fried loin of lamb with ginger
and spring onion

195

麻辣牛柳

MaLa beef tenderloin with fresh chilli
and Chinese celery //

220

回锅安格斯牛

Twice cooked Angus beef with fresh chilli and
garlic sprouts in black bean sauce //

200

姜醋牛小骨

Five spice braised beef short ribs in
Ching Kiang vinegar sauce

220

锅巴番茄牛柳

Beef tenderloin with rice crust
in tomato sauce

175

黑椒炒雞柳

Stir-fried shredded organic chicken
with black pepper sauce

135

 Spice guide. (N) Nuts (V) Vegetarian (S) Shellfish

All prices are in UAE Dirhams inclusive of 10% service charge, 5% Value Added Tax and 7% municipality fee. All dishes are prepared in strict compliance with Halal requirements.

Main Courses

Vegetables & Tofu

姜/蒜蓉炒芥兰

Stir fried kailan with ginger and garlic (V)

70

酱烧茄子

Wok braised aubergine with yellow bean paste (V)

80

二斤条煨野菌

Wok tossed wild mushrooms with dry smoked chilli (V) //

95

松露油烩野菌豆腐袋

Braised tofu stuffed with mixed mushrooms in a pumpkin and truffle oil broth (V)

120

青椒煨苦瓜

Wok tossed bitter melon with fresh chilli (V) /

70

怪味莲藕

Stir fried lotus root with Guaiwei sauce (V) //

85

酱王鱼香茄子

Wok braised aubergine with Yuxiang sauce (V) //

80

干煸法豆

Stir fried string beans and preserved vegetables (V) /

85

干锅上蔬

Braised mushrooms and vegetables (V)

85

麻婆豆腐

MaPo tofu (V) ///

85

炆炒包菜

Wok-tossed cabbage with Shanghai sauce(V)

70



Spice guide. (N) Nuts (V) Vegetarian (S) Shellfish

All prices are in UAE Dirhams inclusive of 10% service charge, 5% Value Added Tax and 7% municipality fee. All dishes are prepared in strict compliance with Halal requirements.

Main Courses

Seafood

麻辣虾
MaLa prawns (S) ///

200

宫保虾
Kung Pao prawns (N)(S) //

200

四川芽菜炒虾球
Stir fried tiger prawns with preserved
vegetables and fresh chilli (S) //

180

鮮菇炒魚柳
Catch of the day: Stir-fried fillet
with wild mushrooms

200

水煮石斑鱼
Deboned grouper with wild mushrooms, Chinese celery
and soya bean sprouts in a spicy broth ///

330

老干妈虎虾
Stir fried king prawns with
Lao Gan Ma black bean (S) ///

180

椒子蒸智利鲈鱼
Steamed Chilean seabass with soya sauce
and Sichuan pepper oil

210

宫保龙虾
Kung Pao lobster (N) //

495

海皇豆腐煲
Prawns, scallops and grouper fillet with
silken tofu in a hot clay pot (S)

160

干捞粉丝海皇煲
Braised glass noodles with mixed
seafood served in a hot clay pot (S)

170

 Spice guide. (N) Nuts (V) Vegetarian (S) Shellfish

All prices are in UAE Dirhams inclusive of 10% service charge, 5% Value Added Tax and 7% municipality fee. All dishes are prepared in strict compliance with Halal requirements.

Rice & Noodles

海鲜炒饭

Seafood fried rice (S)

60

四川炒饭

Wok fried rice with egg and preserved vegetables (V)

50

鲜蘑菇炒面

Mushroom and vegetable stir fried
noodles with soya sauce (V)

60

担担面

Dan Dan noodles (N) //

70

红烧牛肉面

Braised beef with noodles //

80

鲜虾,斑片砂煲饭

Clay pot cooked wild rice with grouper fillet
in a thickened abalone broth (S)

90

瑶柱蛋白饭

Egg white fried rice topped with crispy scallops (S)

65

蛋炒饭

Egg fried rice

45

白饭

Steamed rice

30

糙米饭

Brown rice

40

 Spice guide. (N) Nuts (V) Vegetarian (S) Shellfish

All prices are in UAE Dirhams inclusive of 10% service charge, 5% Value Added Tax and 7% municipality fee. All dishes are prepared in strict compliance with Halal requirements.



棕榈岛一号

MAIDEN
SHANGHAI

DIM SUM DISCO!

点心
舞蹈

FRIDAY BRUNCH

AED450

STARTERS

- Organic Shan Cheng chilli chicken (N) 🌶️
- Crispy prawn and seabass roll (S)
- Organic Boom boom shredded chicken (N)
- Vegetable spring roll (V)
- Crispy shredded beef
- Stir fried string beans (V) 🌶️

MAIN COURSES

- Organic Kung Pao chicken (N) 🌶️
- Organic sweet and sour chicken
- Prawn, scallops and grouper fillet with silken tofu
- Stir fried kailan with ginger and garlic (V)
- Yuxiang sauced beef with rice cracker 🌶️
- Organic stir fried chicken in black pepper sauce
- Braised potato with hot broth (V)

RICE & NOODLES

- Fried rice
(egg, veg, organic chicken or seafood)
- Stir fried vegetable noodles (V)

CHEUNG FUN

- Plain Cheung Fun (V)
- Duck Cheung Fun
- Shrimp Cheung Fun (S)

EXTRA

- Wild king prawns with Lao Gan Ma black bean (S) 🌶️ +AED160
- Kung Pao Boston lobster (S) 🌶️ +AED495
- Five spice braised beef short ribs in Ching Kiang vinegar sauce +AED200
- Bing's Organic Peking duck
HALF +AED295 FULL +AED495

DESSERTS

- Selection of Mochi ice cream
- Mango pudding
- Ginger baked yogurt
- Chocolate Mandarin mousse

🌶️ SPICE GUIDE

- (N) NUTS
- (V) VEGETARIAN
- (S) SHELLFISH

ALL DISHES MSG FREE

ALL PRICES ARE IN UAE DIRHAMS INCLUSIVE OF 10% SERVICE CHARGE, 5% VALUE ADDED TAX AND 7% MUNICIPALITY FEE. ALL DISHES ARE PREPARED IN STRICT COMPLIANCE WITH HALAL REQUIREMENTS.

**DIM
SUM DISCO!** 點心
舞蹈

DRINKS MENU

COCKTAILS

PINK DRAGON

Vanilla vodka, ginger candy syrup,
blueberry shrub, cranberry juice,
fresh lemon juice & egg whites.

SHANGHAI SUNSHINE

Tequila, coconut rum, fresh pineapple juice,
elderflower & fresh lime juice

CANDY YANG

Prosecco, London dry gin, peach schnapps,
triple sec, fresh orange juice &
fresh lemon juice

RUSH HOUR

Sauvignon blanc, berry infused gin,
rose syrup, fresh lime & soda water

WINE | SPARKLING

Table Mountain Sauvignon Blanc

Masia J Merlot

Prosecco Zonin

BEER

Tsing Tao

Asahi

SPIRITS

Gin

Vodka

Whisky

CANDYPANTS.COM @ CANDYPANTSDBX

