


July Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>What counts as a summer squash?</p> <p>Zucchini, Yellow, Pattypan, Crookneck, Zephyr and more! How many can you try this summer?</p> <p>How can you cook your summer squash?</p> <p>Grill, boil, sauté, steam or stir-fry, you can do it all with this versatile vegetable. Steaming summer squash is the best way to retain all of the</p>	2	3	4	5	6
	Summer Shutdown	Summer Shutdown	Summer Shutdown	Summer Shutdown	Summer Shutdown
	9	10	11	12	13
	Whole Wheat Rotini with Garlic Butter steamed carrots blueberry applesauce milk	BBQ Hamburger Patty summer squash mango milk	Cheese Pizza broccoli <i>local</i> watermelon milk	Turkey and Cheese Sandwich green salad with sliced tomatoes and ranch dressing sliced apples milk	Veggie Brown Rice Stir Fry peas <i>local</i> honeydew milk
	16	17	18	19	20
	Tuna Salad Slider steamed carrots applesauce milk	Cheese Quesadilla tomato cucumber salad mango milk	Herb Chicken mashed potatoes broccoli <i>local</i> watermelon milk	Bean and Cheese Burritos summer squash sliced apples milk	Turkey Sloppy Joe on Whole Wheat Bun sugar snap peas with ranch dip <i>local</i> cantaloupe milk
	23	24	25	26	27
	Turkey Chili Mac and Cheese steamed carrots strawberry apple sauce milk	Cheese Pizza summer squash mango milk	Whole Grain Waffles with blueberry sauce turkey sausage broccoli <i>local</i> watermelon milk	Grilled Cheese Sandwich tomato soup sliced apples milk	Chicken Salad Slider sliced cucumbers honeydew milk
	30	31			
	Chicken Alfredo steamed carrots blueberry applesauce milk	Cheese Quesadilla tomato cucumber salad mango milk			

Soy milk is available upon request

Toddlers will be served whole milk 2's and above will be served 1% milk

Menu is subject to change based on food availability and with notice

Amgen Dining Services commitment to:

Poultry produced without the routine use of human antibiotics

Sourcing rBGH-free milk and yogurt