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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Whole Grain Cereal  Fruit  Milk  Pinto Beans  Rice w/ Corn Muffin  Fruit  Milk  Graham Cracker  100% Fruit Juice | Vegetarian Sausage  Biscuit/ Fruit  Milk  Chicken Fettucine  Squash  Fruit  Milk  Fruit Cups  Wheat Wafers  Water | Wheat Pancakes  Warm Strawberries  Milk  Vegetable Soup  Cheese Toast  Fruit  Milk  Yogurt w/  Fruit  Water | Cheese Omelet  Wheat Toast  Fruit / Milk  Turkey Sausage w/ Shred Cabbage & Brussel Sprouts  Fruit / Roll  Milk  Wheat Muffin  Milk | Bagels /w Cream Cheese  Fruit  Milk  Turkey Sloppy Joe on Wheat Bun  Cauliflower  Fruit  Milk  Cheese Cubes  Wheat Crackers  Water |
| Cheese Grits  Wheat Toast  Fruit / Milk  Macaroni & Cheese  Green Beans  Fruit  Milk  String Cheese  Graham Crackers  Water | Boiled Egg  Cheese Toast  Fruit / Milk  Chicken & Dumpling  Zucchini  Fruit  Milk  Vanilla Wafers  100% Fruit Juice | Whole Grain Cereal  Fruit  Milk  Cheese Lasagna  Mix Vegetables  Rolls  Fruit/Milk  Cottage Cheese  w/ Peaches  Water | English Muffin w/ Cheese  Fruit / Fruit  Turkey Patties w/ Gravy  Rice  Peas  Fruit/Milk  Banana  Yogurt  Water | Vegetarian Sausage / Biscuit w/Fruit  Milk  Sliders Veggie Patty on Wheat Bun  Potato Wedges  Fruit  Milk  Wheat Muffin  Milk |
| Butter Biscuit  Egg / Fruit  Milk  Vegetarian Nuggets  Yams  Wheat Roll  Fruit  Milk  Cheese cubes  Wheat Cracker  Water | Waffles  Fruit  Milk    Cheese Ravioli w/  Tomato Sauce  Asparagus  Fruit  Milk  Fruit Cups  Yogurt  Water | Whole Grain Cereal  Fruit  Milk  Vegetable & Chicken Noodle Soup  Corm Muffin  Fruit  Milk  Graham Crackers  100% Fruit Juice | Cheese Grits  Wheat Toast w/ Fruit  Milk  Spaghetti w/ Turkey Meatballs  Broccoli  Fruit  Milk  Wheat Muffin  Milk | Cheese Omelet  Wheat Toast  Fruit / Milk  Grilled Chicken  Wheat Bun  Sweet Potato  Fruit  Milk  Cottage Cheese  Fruit  Water |
| Oatmeal  Fruit  Milk  Navy Beans  Rice w/ Corn Muffin  Fruit  Milk  Wheat Wafers  Yogurt  Water | Vegetarian Sausage  Biscuit w/ Fruit  Milk  Baked Fish  Diced Potato  Green Beans  Fruit  Milk  Bran Muffins  Milk | Whole Grain Cereal  Fruit  Milk  Turkey Chili w/ Kidney Beans  Garlic Bread  Fruit  Milk  Fruit Cups  Wheat Crackers  Water | Boiled Eggs  Wheat Bread  Fruit / Milk  Bake Chicken Legs  Lima Beans  Fruit w/ Wheat Roll  Milk    Wafers  Banana  Water | English muffin  Fruit / Milk  Cheese Pizza  Corn  Fruit  Milk  Banana  Wheat Crackers  Water |