

Bright Horizons at Kendall Park



Weekly Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------|--|---|--|--|--|
| A.M Snack | Cereal with Fresh Bananas | Whole Wheat Pancakes w/Light Syrup | Vanilla Dannon Yogurt with Whole Grain Granola | Nutrigrain Fruit Cereal Bar | Corn Muffins |
| Lunch | Whole Wheat Penne Pasta with Marinara sauce Green Beans and Peaches | Turkey Meatball Sandwich with Carrots and Pears | Vegetable Lasagna With Pineapple | Turkey & Cheese Sandwiches with a side of Tomato Soup and Fresh Cantaloupe | Whole Wheat Pizza with Corn and Applesauce |
| Vegetarian Menu | (same) | Veggie Patties Sandwich with Carrots and Pears | (same) | Cheese Sandwich with a side of Tomato Soup and Fresh Cantaloupe | |
| P.M. Snack | Fresh Apple Slices and Sun Butter | Cheese Slices and Crackers | Fresh Carrots and Ranch Dressing | Quaker Cinnamon Rice Cakes | Cinnamon Crackers |

*Organic Milk & Water offered at every meal