



Now access Back-Up Family Care through Bright Horizons®

You can rely on Bright Horizons to help you better manage your many work, family, and personal responsibilities.

Support your family with up to 15 annual days of back-up child and adult/elder care whenever your regular care arrangements fall through. As a new parent, you can access 20 additional days of back-up care during your child's first year. Center-based care for well children is \$15/child or \$25/family per day. All in-home care for well or mildly ill children, adult, and elder loved ones is \$6/hour.

Use back-up care when:

- Your regular caregiver is out sick or on vacation
- School is closed for holidays, in-service days or inclement weather
- Your adult or elder relative needs care at home after surgery or illness
- You or your spouse/partner are returning to work after parental leave

Reserve care the day it's needed or up to 30 days in advance.

REGISTER AT NO COST

<https://backup.brighthorizons.com>

First-time username: **JnJ** password: **jnjcares4u**

Questions? Call 877-BH-CARES (242-2737)
Download the Back-Up Care Mobile App Today!

Looking for more expert resources?

Visit the **Family Matters Resource Room** to get valuable information on a variety of work, life, family, and educational topics.
www.brighthorizons.com/familymatters

