

# BRIGHT HORIZONS AT LISLE

## What's on the Menu?



Week of 03/25/19	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<ul style="list-style-type: none"> <li>▪ Cornflakes</li> <li>▪ Apples</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ Peach French Toast Casserole</li> <li>▪ Bananas</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ Apple Cinnamon Muffins</li> <li>▪ Peaches</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ Vanilla Yogurt</li> <li>▪ Granola</li> <li>▪ Pears</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cheerios</li> <li>▪ Bananas</li> <li>▪ Organic Milk</li> </ul>
<b>MORNING SNACK</b>	<ul style="list-style-type: none"> <li>▪ Pretzel Bites</li> <li>▪ Cucumber Slices</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Trail Mix</li> <li>▪ Oranges</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Graham Crackers</li> <li>▪ Apples</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Fresh Carrots</li> <li>▪ Ranch Dip</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Oatmeal Squares</li> <li>▪ Apples</li> <li>▪ Water</li> </ul>
<b>LUNCH</b>	<ul style="list-style-type: none"> <li>▪ Honey Bakes Chicken</li> <li>▪ Baked Sweet Potatoes</li> <li>▪ Steamed Green Beans</li> <li>▪ Oranges</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ Baked Spaghetti Casserole</li> <li>▪ Steamed Cauliflower</li> <li>▪ Pears</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ Tex Mex Beans and Rice Casserole</li> <li>▪ Steamed Carrots</li> <li>▪ Pears</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ Hamburgers on Whole Wheat Buns</li> <li>▪ Steamed Peas</li> <li>▪ Oranges</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ Whole Wheat English Muffin Pizzas</li> <li>▪ Steamed Mixed Veggies</li> <li>▪ Pears</li> <li>▪ Organic Milk</li> </ul>
<b>AFTERNOON SNACK</b>	<ul style="list-style-type: none"> <li>▪ Cheese Cubes</li> <li>▪ Pears</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Rice Cakes</li> <li>▪ Soy Butter</li> <li>▪ Apples</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Crackers</li> <li>▪ Oranges</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Ants on Log</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Blueberry Nutrigrain Bar</li> <li>▪ Cucumber Slices</li> <li>▪ Water</li> </ul>
<b>TAKE HOME SNACK</b>	<ul style="list-style-type: none"> <li>▪ Wheat Crackers</li> </ul>	<ul style="list-style-type: none"> <li>▪ Oyster Crackers</li> </ul>	<ul style="list-style-type: none"> <li>▪ String Cheese</li> </ul>	<ul style="list-style-type: none"> <li>▪ Nutrigrain Bar</li> </ul>	<ul style="list-style-type: none"> <li>▪ Graham Crackers</li> </ul>

### We Serve Healthy Meals

- Vegetarian alternatives available
- Organic whole milk served to Infants and Toddlers
- Organic 1% milk served to Twos, Preschool, and Kindergarten Prep
- All meals included in the tuition
- All meals served family style

