



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------|--|--|--|--|--|
| | 2 | 3 | 4 | 5 | 6 |
| A.M. Snack | Cereal | Oatmeal | French Toast Sticks | Mini Bagels with Jelly | Blueberry Muffin |
| Lunch | Pasta Primavera, Mandarin Oranges | Baked Ham with Stuffing, Broccoli, Watermelon | Sweet and Sour Chicken, Rice with Mixed Vegetables, Pineapple | Vegetable Soup with Elbow Macaroni, Fresh Grapes | Vegetable Pita Pizza, Fresh Bananas |
| Vegetarian Alternative | N/A | NO HAM | Tofu with Vegetables | N/A | N/A |
| P.M. Snack | Cornbread | Cinnamon Applesauce | Bananas with Graham Crackers | Hummus and Pita Wedges | Fresh Fruit Cup |
| | 9 | 10 | 11 | 12 | 13 |
| A.M. Snack | Cereal | Cheesy Grits | Lemon Muffin | Biscuits with Gravy | Pancakes |
| Lunch | Chicken Tortellini Alfredo, Green Peas, Mandarin Oranges | NO MEAT Chili Mac, Carrots, Mangos | Turkey and Cheese Sandwich, Roasted Red Potatoes, Cinnamon Pears | Broccoli and Ham Quiche, Strawberries | Salisbury Steak with Mushroom Brown Gravy, Whipped Sweet Potatoes, Watermelon |
| Vegetarian Alternative | NO CHICKEN | N/A | Cheese Sandwich | NO HAM | Tofu with Vegetables |
| P.M. Snack | Pineapple | Melon Mix | Applesauce | Cucumbers with Ranch | Baked Cinnamon Apples |
| | 16 | 17 | 18 | 19 | 20 |
| A.M. Snack | Cereal | Cream of Wheat | Yogurt | Bananas | Hashbrowns |
| Lunch | Macaroni and Cheese, Broccoli, Applesauce | Chicken and Stuffing Casserole, Green Beans, Cantaloupe | Ham and Potatoes Au Gratin, Mangos | Gardenburger Slider, Sweet Potato Fries, Honeydew Melon | Beef Chili with Cornbread, Pineapple and Strawberries |
| Vegetarian Alternative | N/A | Tofu with Vegetables | NO HAM | N/A | Vegetarian Chili |
| P.M. Snack | Orange Wedges | Snack Attack | Cheesy Pita | Guacamole with Pita Wedges | Cheesy Cauliflower |
| | 23 | 24 | 25 | 26 | 27 |
| A.M. Snack | Cereal | English Muffin with Jelly | Melon Mix | Cheese Toast | Waffles |
| Lunch | Penne Marinara, Cauliflower, Honeydew Melon | Meatloaf with Brown Gravy, Mashed Potatoes, Mandarin Oranges | Cheesy Tuna Noodle Casserole, Green Peas, Strawberries | Pulled Pork with Steamed Rice, Mixed Vegetables, Pineapple | Creamy Cajun Chicken Pasta, Corn, Cinnamon Pears |
| Vegetarian Alternative | N/A | Tofu with Vegetables | NO TUNA | NO PULLED PORK | NO CHICKEN |
| P.M. Snack | Egg Salad with Crackers | Mixed Fruit with Cheese Cubes | Cinnamon Applesauce | Cranberry Cream Cheese Roll-Up | Fresh Fruit Cup |
| | 30 | 31 | | | |
| A.M. Snack | Cereal | Omelet | <p>* Water is offered with all meals and throughout the day.</p> <p>* Dietary restrictions and allergy substitutions are taken into consideration.</p> | <p>* A.M Snack and Lunch served with Milk, PM Snack is served with water. Whole Milk is served to Infants (as requested) and Toddlers. Twos, Preschool and Kindergarten Prep are served 1% Milk.</p> | <p>***This Month's Evening Snack will be Graham Crackers***</p> <p>* Menu is subject to change</p> |
| Lunch | Beef Cheeseburger, Sweet Potato Wedges, Watermelon | Cheese Ravioli, Peas and Carrots, Strawberries | | | |
| Vegetarian Alternative | Gardenburger | N/A | | | |
| P.M. Snack | Orange Muffin | Yogurt | | | |