

Bristol-Myers Squibb CDC Summer Week Four

M=Milk/Dairy
F=Fruit
G=Grain
P=Protein
V=Vegetable



2018

sodexo
QUALITY OF LIFE SERVICES

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Rice Chex Cereal with Fresh Orange Slices and Milk G,F,M	Scrambled Eggs with Turkey Sausage, Wheat Tortillas, Sliced Fresh Bananas and Milk P,G,F,M	Whole Grain French Toast served with Diced Fresh Seedless Watermelon and Milk G,F,M	Fresh Raspberry Muffins served with Applesauce and Milk G,F,M	Drop Biscuits served with Veggie Sausage, Fresh Diced Honeydew and Milk G,V,F,M
Lunch	Sliced Roast Turkey with Whole Grain Bread, Lettuce & Tomato, Cucumber and Bean Salad and Milk P,G,V,M	Fettucine Alfredo Prima Vera with Fresh Roast Summer Squash and Milk P,G,V,M	Key West Chicken served with Brown Rice Pilaf, Fresh Steamed Broccoli and Milk P,G,V,M	Beef Sloppy Joe on Whole Wheat Rolls w/ Shredded Cheddar, Steamed Fresh Cauliflower and Milk P,G,V,1 1/2M	Chicken Parmesan Pizza with Fresh Garden Salad and Milk P,G,V,M
Vegetarian Option	Sliced Cheese with Wheat Bread, Lettuce & Tomato, Cucumber and Bean Salad and Milk M,G,2V,P		Veggie Burger Patty with Brown Rice Pilaf, Fresh Steamed Broccoli and Milk 2V,G,M	Veggie Joe on Whole Wheat Rolls with Shredded Cheddar, Steamed Fresh Cauliflower and Milk 2V,G,2M	Cheese Pizza with Fresh Garden Salad and Milk 2M,V,G
Snack	Sliced Fresh Strawberries with Whole Grain Rich Blueberry Squares and Water F,G	Whole Grain Bagel with Fresh Berry Blend and Water G,F	Sliced Cucumbers with Ranch Dressing, Soft Tomato Basil Tortilla Triangles and Water V,G	Diced Fresh Cantaloupe with Rice Cakes and Water F,G	Diced Fresh Pineapple with Whole Wheat Pita Triangles and Water F,G