

GAMMA

GLOBAL ASSOCIATION OF
MIXED MARTIAL ARTS

WORLD MMA CHAMPIONSHIPS

MARCH 23-27, 2022 | AMSTERDAM, THE NETHERLANDS

INFORMATION PACK



Organised by

GAMMA
GLOBAL ASSOCIATION OF
MIXED MARTIAL ARTS

NEDERLAND



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ANTI-DOPING PARTNER



TECHNOLOGY PARTNER



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Shorts



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1 GENERAL INFORMATION



1. General Information



Alexander Engelhardt
President of GAMMA

Welcome Message by GAMMA President Alexander Engelhardt

Dear GAMMA Members,

It is a pleasure for me to welcome you all to the GAMMA World Championships 2021 in my home country of the Netherlands. It has been a long-awaited event with the postponements of last year, but I have no doubt that these Championships will be a great occasion.

I want to thank all team members of GAMMA Nederland for making the decision to step in after the last postponement of the World Championships. Staging this event for all of you and continuing commitment to support the activities of GAMMA is our highest priority. It has been a hard couple of years for us all and we hope that this event is the start of a great year for GAMMA and all our members.

During these five days in Amsterdam, not only will we have some fantastic action in the ring, we will also have the opportunity to discuss the future of GAMMA during the World Congress that will take place before the start of competition. This is a great platform for our 100-plus national members to share ideas, learn from each other and contribute to the continued development of our organisation as part of the GAMMA family.

Last year, the Asian and European Championships offered fantastic opportunities to athletes on both continents and showed clearly the depth of talent that exists in each of our member countries. I have every confidence that these World Championships will be another great milestone in our history, leaving positive memories and renewing the commitment of our athletes and officials to continue their journeys with our great sport of MMA.

With the global pandemic still gripping much of the world, we are working hard to ensure that the conditions at the Sporthallen Zuid and the Hilton Hotel in Amsterdam are optimal for competition and equipped to ensure your safety. Should you have any concerns in the build-up to the event, do not hesitate to contact the GAMMA team, who will be happy to help you.

Finally, I am looking forward to welcoming you all in person to Amsterdam and wish all athletes, officials, and guests of the GAMMA World Championships 2021 a great event.

1. General Information



Semmy Schilt
Honorary President of
GAMMA Nederland

Welcome Message by GAMMA Nederland Honorary President Semmy Schilt

Dear GAMMA Members,

As Honorary President of GAMMA Nederlands, it is my pleasure to welcome you all to the GAMMA World Championships 2021 in Amsterdam.

Mixed Martial Arts has always played a very important role in my life and to see how it has developed in recent years is incredible. Before my K1 career, I started out with MMA in the early years at Pancrase where I became known as the “King of Pancrase” in the open weight division. I then went on to compete in the UFC and PRIDE.

I am very proud now to be involved with the Global Association of Mixed Martial Arts and have great admiration for the work that GAMMA has done to establish its position as the International Federation for the sport.

As a GAMMA ambassador, I appreciate and respect the values that GAMMA stands for. The passion for the sport of MMA is shared among GAMMA's global family and these championships are another opportunity to show the world not only how great the sport is, but how much talent exists in it.

Perhaps one day we will be recognised and welcomed into the Olympic family, but until that time, it is our mission to support every athlete, coach and official who is dedicating him or herself to making our sport successful and accessible to all.

Hosting these World Championships in Amsterdam is an honour for us and I wish all of you a successful event. I also hope you will enjoy the very best of Dutch hospitality during your stay. Thank you to GAMMA for giving us this opportunity. I am sure these World Championships will be fantastic.

Welcome to Amsterdam!

1. General Information

1.2 REGISTRATION



ENTRY DETAILS

Participating Federations must register their athletes, coaches, referees and officials for the tournament through the following steps:

1. Make a personal account, fill in all required fields + National Federation. (<https://mma.sportsid.org/personal#pages.registration>)
2. The Sportdata/SportsID Team will check your registration and activate your **Admin account** for your National Federation.
3. Add **ALL** athletes and officials as new members in the system if they are not already in there. Once your admin account is activated you can log in here > <https://mma.sportsid.org/#pages.login>
4. It is also possible for members to create their own accounts when they select your Federation. If you can't login via this link, please drop gino@gamma-sports.org an email of your email address which you will use for the account on SportsID.
5. After all members and participants are added > Select Championships in the menu > World Championships and you'll get redirected to Sportdata site to register ALL your athletes (per category) and officials to the event.
6. If your Federation has completed step 1 and you have a login ID to SportsID/Sports Data (<https://mma.sportsid.org>), please send an email to gino@gamma-sport.org and jengelhardt@sportdata.org. Your admin account will be activated. After activation you **MUST** log in via link in step 3.

1. General Information

1.3 Information about Amsterdam, The Netherlands

The Netherlands, officially the Kingdom of The Netherlands, informally Holland, is a country in Western Europe with overseas territories in the Caribbean. In Europe, the Netherlands consists of twelve provinces, bordering Germany to the east, Belgium to the south, and the North Sea to the northwest. In the Caribbean, it consists of the three constituent countries Aruba, Curaçao and Sint Maarten, together forming the Kingdom of the Netherlands. Further special municipalities include the islands of Bonaire, Sint Eustatius and Saba.

Netherlands literally means "lower countries" in reference to its low elevation and flat topography, with only about 50% of its land exceeding 1 m (3.3 ft) above sea level, and nearly 26% falling below sea level.

The four largest cities in the Netherlands are Amsterdam, Rotterdam, The Hague and Utrecht. Amsterdam is the country's most populous city and nominal capital, while The Hague holds the seat of the States-General, Cabinet and Supreme Court. The Port of Rotterdam is the busiest seaport in Europe.



LANGUAGE

The country's official language is Dutch, with West Frisian as a secondary official language in the province of Friesland, and English and Papiamentu as secondary official languages in the Caribbean Netherlands.

CURRENCY

The sole currency of The Netherlands has been the EURO since 2002.
1 USD ~ 0,89 EUR

Visa, MasterCard & American Express are widely accepted in The Netherlands.

1. General Information

PLACES OF INTEREST

Museums of Amsterdam: As a vibrant cultural city, Amsterdam has an original and versatile museum offering. The most popular ones, the Rijksmuseum, the Anne Frank House and the Van Gogh Museum, are among the most visited museums in the world. Lovers of modern art can indulge themselves in the Stedelijk Museum and in many galleries in the city.

In addition to the large themed museums such as the Scheepvaartmuseum, the NEMO and the Tropenmuseum, Amsterdam also houses museums on very specific themes.

Did you already know the Glasses Museum, for example? Or the Multatuli Museum or the Pijpenkabinet? Of course, in the capital, you will also find the Hash Museum and no fewer than two museums about sex and eroticism.

Family fun & flowers at Vondelpark: The largest and most visited park in Amsterdam, Vondelpark occupies 120 acres and contains no end of fun things to do. In addition to expanses of green space dotted by peaceful ponds and traversed by ample paths, the park is home to a lovely rose garden featuring more than 70 different types of the flower. It also has a variety of sculptures and statues, playgrounds, and other recreational facilities.

Visit one of the world's oldest botanical gardens: Amsterdam offers a surprising dose of nature in the very heart of the city. Hortus Botanicus Amsterdam, the city's botanical garden, is one of the world's oldest. Founded in 1638, this much-visited attraction began life as a humble herb garden for doctors and apothecaries. Today, it features rare plants and trees, exotic flowers, and a large hothouse encompassing different tropical zones.

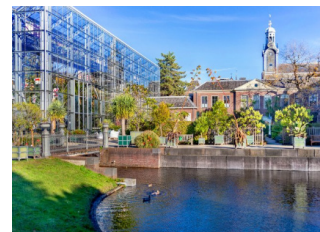
FOOD

Try Stampot: One of the main features of Dutch cooking is its warmth and heartiness, and Stampot is one of the best examples of this. It's a dish of mashed potatoes combined with root vegetables, like turnip, carrot and onion, but it can also include dark, leafy greens like kale or spinach.

Stampot is such an old dish (historians believe it dates back to the 15th century) that no one is entirely sure of its origin, or who created it, but it has become a staple of Dutch cuisine. It's perfect to try for dinner on a relaxed evening and make sure you order it the traditional way, with smoked sausage.

Try Pannekoeken: The Dutch definitely love their pancakes, no matter the size or the topping. Pannenkoeken is a traditional sort of pancake, loved the world over. The Dutch have them sweet or savoury, and many cafés offer a huge variety of toppings.

Pancakes may not seem particularly exotic or different, but there is nothing better than one made by a professional chef, served with a hot cup of coffee as you sit outside a café, watching the world go by.



1. General Information

WEATHER



Daytime temperatures usually reach 13°C in Amsterdam in March, falling to 5°C at night.

1. General Information

1.4 Tournament Schedule

Proposed Tournament Schedule (11 February 2022):

Date	Time	Description
Until 23-Mar	Team Arrivals	
23-Mar (Wed)	All-day	Registration and accreditation
	All-day (starts 2pm)	Weigh-ins
	2 - 8pm	Medical Check
	TBA	Dinner
24-Mar (Thur)	6 - 9am	Breakfast
	10 - 11am	Tournament Draw
	12 - 1pm	Coaches' Rules Meeting & Q&A
	1 - 3pm	GAMMA World Congress
	2 - 6pm	Referee & Judges Seminar
	3 - 430pm	ITA Anti-doping Seminar for all athletes - Mandatory
	430 - 6pm	ITA Anti-doping Seminar for all coaches - Mandatory
	TBA	Dinner
25-Mar (Fri)	6 - 9am	Breakfast
	9 - 10am	Sportdata Briefing for Officials
	10 - 11am	Opening Ceremony
	11 15am	Start of Championships - Day 1
		End of Championships - Day 1
	TBA	Dinner
26-Mar (Sat)	6 - 9am	Breakfast
	7 - 8am	Weigh-ins
	10am	Start of Championships - Day 2
		End of Championships - Day 2
	TBA	Dinner
27-Mar (Sun)	6 - 9am	Breakfast
	7 - 8am	Weigh-ins
	10am	Start of Championships - Day 3
		Medal Ceremony
		Last Finals
	TBA	Dinner
28-Mar (Mon)	All Day	Departures

This is the proposed tentative tournament schedule and subject to changes. The Organising Committee reserves the right to amend the schedule accordingly without prior notice given.

1. General Information

1.5 CONTACT INFORMATION

Co-organiser	<p>Global Association of Mixed Martial Arts (GAMMA) President Alexander Engelhardt</p> <p>Laan van Kronenburg 14, 1183 AS - Amstelveen The Netherlands info@gamma-sport.org www.gamma-sport.org</p>
Visa Guidelines	<p>e-Visa application can be found here: https://www.schengenvisainfo.com/netherlands-visa/</p> <p>Should you require a letter of support, please send an email to gino@gamma-sport.org with the following details included:</p> <ol style="list-style-type: none"> 1. Full name (first and last name separately) 2. Country 3. Passport number 4. Date of Birth 5. Departure airport 6. Airport of destination when leaving 7. Arrival and departure dates (if known) 8. Ticket numbers/ flight numbers/ etc. (If known) 9. Function/ position/ athletes
Accreditations	<p>Participating federations must arrive and check-in at the hotel within the time limits of the check-in, registration and accreditation by 23 March.</p>
Payment Information	<p>The Participation fee of 75 EUR per athlete can be paid online via Sportdata Paypal. If delegations have their accommodation details, you can pay together at the same time. GAMMA will send an invoice and provide a link for the payment.</p> <p>It is preferred that all fees are paid in advance for a better event experience.</p> <p>Delegations who have paid in advance will have the benefit of using the Fast Lane at the Accreditation Centre.</p> <p>Payment methods accepted at the Accreditation Centre are only cash (EUR) and credit cards (visa & mastercard).</p>
Liability	<p>Neither the Organising Committee nor GAMMA (nor any of its officials and members) will be liable or responsible for any personal injury nor for any loss of damage to your property arising out of your participation and travelling in connection with this tournament.</p>
Online Registration and Event System	<p>The official event management system will be SportData. All athletes, coaches, technical officials and delegates have to register online through this link: https://mma.sportsid.org.</p> <p>The closing date for registration is 9 March 2022. For any matter regarding online registration please directly contact John Engelhardt (jengelhardt@sportdata.org).</p> <p>For any other questions regarding registration, please directly contact Gino (gino@gamma-sport.org).</p>
Technical Officials (Referees and Judges)	<p>Chairman Referee & Judges Committee</p> <p>Michael Wachter (GER) (m.wachter@gamma-sport.org)</p>

2 TRAVEL TO THE NETHERLANDS



Amsterdam, Netherlands





2. Travel to The Netherlands

2.1 OFFICIAL AIRPORTS AND ARRIVAL INFORMATION

The Netherlands has over 20 airports and the largest airport by far is **Amsterdam Airport Schiphol**, which is the third-largest in Europe. Smaller airports with scheduled passenger service are Rotterdam The Hague Airport (formerly known as Zestienhoven), **Groningen Airport Eelde**, **Eindhoven Airport** and **Maastricht Aachen Airport**.

Delegations should arrive at the Amsterdam Airport Schiphol, which is the closest airport to the accommodation and tournament venue.

Delegates may arrive earlier and depart later and will have to settle accommodation, food and local transport at their own cost.

Please send an email to gino@gamma-sport.org about the arrival of your delegation by sending details such as country, name of participants, flight number, date and time of arrival and departure. **Note: In your email header, please indicate the name of your country.**

The distance from **Amsterdam Airport Schiphol** to the Official venue is about 12km, about 15 minutes drive from the airport.

2. Travel to The Netherlands

2.2 ENTRY VISAS

Citizens who are not from visa-exempt countries need a Dutch Schengen visa to enter the country.

At the moment, the countries that require a visa can be found in the list below. However, teams are advised to use the following [link](#) and determine if a visa is required.

Afghanistan	China	India	Mongolia	Sudan
Alegria	Comoros	Iran	Morocco	Suriname
Angola	Cote D'ivoire	Iraq	Mozambique	Swaziland
Armenia	Cuba	Jamaica	Namibia	Syria
Azerbaijan	Dem. Rep. Of Congo	Jordan	Nepal	Tajikistan
Bahrain	Djibouti	Kazakhstan	Niger	Tanzania
Bangladesh	Dominican Republic	Kenya	Nigeria	Thailand
Belarus	Ecuador	Kosova	North Korea	Timor-Leste
Benin	Egypt	Kuwait	Northern Mariana's	Togo
Bhutan	Equatorial Guinea	Kyrgyzstan	Oman	Tonga
Bolivia	Eritrea	Laos	Pakistan	Tunisia
Botswana	Ethiopia	Lebanon	Papua New Guinea	Turkey
Burkina Faso	Fiji	Lesotho	Qatar	Turkmenistan
Burma/Myanmar	Gabon	Liberia	Russia	Uganda
Burundi	Gambia	Libya	Sao Tome And Principe	Uzbekistan
Cambodia	Ghana	Madagascar	Saudi Arabia	Vietnam
Cameroon	Guinea	Malawai	Sierra Leone	Yemen
Cape Verde	Guinea-Bissau	Maldives	Somalia	Zambia
Central African Republic	Guyana	Mali	South Africa	Zimbabwe
Chad	Haiti	Mauritania	Sri Lanka	

Should you require a letter of support for your visa application, please reach out to gino@gamma-sport.org with the following details:

1. Full name (first and last name separately)
2. Passport number
3. Date of Birth
4. Departure airport
5. Airport of destination when leaving
6. Arrival and departure dates (if known)
7. Ticket numbers/ flight numbers/ etc. (If known)
8. Function/ position/ athletes



2. Travel to The Netherlands

2.3 Regulations for entering The Netherlands in connection with the COVID-19 pandemic

As the COVID-19 entry regulations are constantly changing, please refer to <https://www.government.nl/topics/coronavirus-covid-19/visiting-the-netherlands-from-abroad/checklist-entry> for more information and latest guidance.

As of 1 February 2022, travellers must always show a negative test result, even if they have proof of vaccination or a Digital COVID Certificate (DCC) based on proof of recovery.

Only people travelling from within the EU/Schengen area who can show proof of vaccination or proof of recovery (a Digital COVID Certificate) do not have to show a negative COVID-19 test result.

Type of COVID19-tests allowed

- The test used for a NAAT (PCR) test result must be a **molecular NAAT (PCR)** test (either PCR, RT PCR, LAMP, TMA or mPOCT) based on a sample collected **no more than 48 hours** before departure in the foreign country.
- For a rapid test result, the test must be a rapid test conducted **up to 24 hours before** departure. Usually, this is an **antigen test** but it can also be a NAAT (PCR) test.

Further information on test results requirements can be found [here](#).

Travellers are also required to complete [digital registration](#) on entry.

CHECK THE REQUIREMENTS FOR YOUR OWN TRAVEL VIA THE LINK ABOVE!

Should you require a letter of our NOC to fall under exemptions regarding quarantine or vaccination status, please reach out to gino@gamma-sport.org with the following details:

1. Full name (first and last name separately)
2. Passport number
3. Date of Birth
4. Departure airport
5. Airport of destination when leaving
6. Arrival and departure dates (if known)
7. Ticket numbers/ flight numbers/ etc. (If known)
8. Function/ position/ athletes

All travellers from the age of 12 must be in possession of a test certificate (Antigen-test: taken max. 24 hours, PCR test: max. 48 hours before entry) even if there is proof of vaccination or recovery from COVID-19.

2.4 Medical Insurance

All GAMMA Member Federations are responsible for subscribing to an insurance policy that covers illness and/or injury to any members of their delegation and/or team travelling to and from GAMMA competitions and during the event itself.

3 ACCREDITATION





3. Accreditation

3.1 Accreditation Centre

The Teams' Accreditation Centre will be located in one of the meeting rooms of Hilton Amsterdam Airport Schiphol Hotel. Opening dates and times of the Accreditation Centre and Administrative Offices will be communicated closer to the tournament date.

3.2 Accreditation Procedures and Payments

The entry fee per athlete is 75 EUR excluding a PCR/Rapid test (60 EUR / 40 EUR) should the individual require one on departure.

All fees are due upon arrival at the accreditation centre or online.

The Team Official will have to report to the Accreditation Centre before collecting his/her card in order to complete the following formalities:

- GAMMA Payment Receipt
- Photocopy of Athletes' Passports
- Final Confirmation of Entries (at least for first day)
- Athletes' Acknowledgement and Agreement Forms

The Team Official will be asked to complete the accounting procedures and settle any extra payments (for team members above quota, use of single rooms, extra days, etc.) before he/she can collect the accreditation cards for the team, which will be given upon presenting a document stating all procedures have been completed. Athletes travelling without an official will be asked to complete the administration procedure just like the Team Official.

3.3 Participation Eligibility and Financial Support

3.3.1 Participation Eligibility

Participating Federation must be a full or provisional member of GAMMA.

No more than two (2) athletes from the same country are allowed in a category.

Athletes must be at least 18 years of age on the day of the tournament.

3.3.2 Financial Support

For the period of the Championships (23 - 27 March including), accommodation and meals for up to 16 athletes and two (2) coaches per participating federation will be paid for by GAMMA¹ and anything above that will be under the costs of the participating federation. If a country sends less than five (5) athletes, the Organising Committee will cover the accommodation and meals of only one (1) coach.

3.4 Accreditation Passes

The Accreditation Card must be worn visibly at all times and must be presented upon request. It is personal and non-transferable. In case of loss or theft, please report it immediately to the Teams' Accreditation Centre. In order to obtain a new Accreditation Card, the athlete must proceed to the Accreditation Centre, accompanied by his/her Team Official, carrying an appropriate identification document.

¹ GAMMA pays for accommodation and meals only for athletes and coaches. Other participants of the Championship are responsible for their own expenses.

4 ACCOMODATION AND TRANSPORTATION



4. Accomodtion and Transportation

4.1 Team Accommodation

The official hotel for the GAMMA World MMA Championships 2021 is the Hilton Amsterdam Airport Schiphol Hotel in Amsterdam, The Netherlands.



Types of accommodation:

Single Room	EUR 145
Double Room	EUR 90

Regardless of the length of stay, prices above are per person, per night and include:

- Hotel accommodation
- Tourist taxes
- Airport transfers and local transportation between hotel and competition venue
- Breakfast & dinner
- Accreditation

During the entire duration of the tournament, there will be transport to ferry athletes and their accompanying delegation from the hotel to the tournament venue and vice versa. There will be a schedule for transport timings which will be shared on the day of arrival.

To book accomodation, please email: gino@gamma-sport.org. Please indicate guest names, length of stay, number of people and type of accomodation. You should also indicate that you are a participant of the GAMMA World MMA Championships.

As we mentioned earlier, GAMMA will only pay for accommodation for up to 16 athletes and two (2) coaches. All guests above the specified quota pay for their accommodation on their own upon arrival at the resort.



4. Accomodtion and Transportation

4.2 Check-in Procedures

The hotel is within walking distance from the airport.

Upon arrival at the hotel, delegations should immediately proceed to the accreditation centre.

The check-in procedures will be completed according to the rooming list previously provided*, and the room keys will be delivered. A valid identification document (Passport or Identity Card) needs to be presented for check-in. This will also be the place where internet access information will be provided.

* to shorten procedures and avoid delays, it is strongly advisable to submit the rooming list in advance, prior to arrival. Please send this to gino@gamma-sport.org.

4.3 Meals

Teams will have breakfast and dinner at the hotel where they will be served in buffet style with food appropriately labelled in English. Should you have special dietary requirements, please advise the hotel upon arrival so that arrangements can be made accordingly.

Note: Lunch will not be provided at the Championships. Teams will have sort this out themselves either at the nearby vicinity or food delivery.

The timings for meals shall be as follows and any changes to them will be communicated at the Championships:

Breakfast	06:00 - 10:00
Dinner	TBA

5 TOURNAMENT VENUE



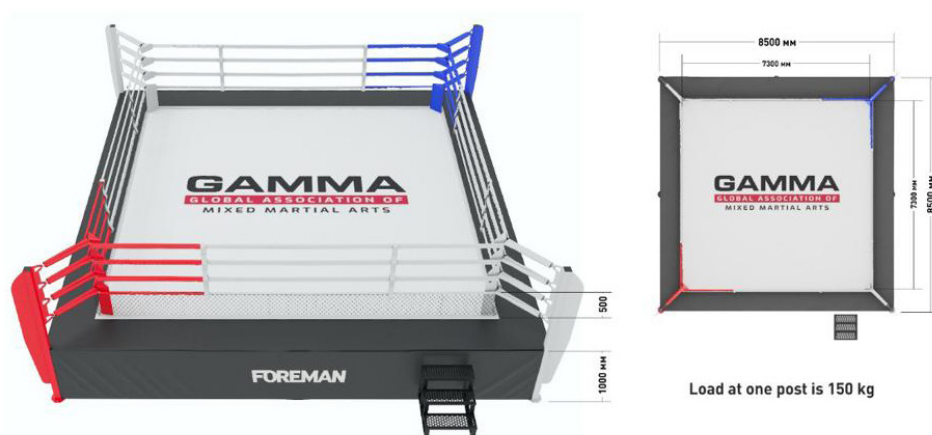
5. Tournament Venue

TOURNAMENT VENUE

The Championships will take place at Sporthallen Zuid.



FIELD OF PLAY



6 ENTRIES



6. Entries

6.1 Entry Rules

There will be two separate divisions - mixed martial arts and striking MMA.

Each division will have 17 weight categories: 10 for men and seven (7) for women.

Categories by Weight	
Male	Female
Up to 115 lbs (52.2 kg)	Up to 105 lbs (48 kg)
115 – 125 lbs (52.2 – 56.7 kg)	105 – 115 lbs (48 – 52.2 kg)
125 – 135 lbs (56.7 – 61.2 kg)	115 – 125 lbs (52.2 – 56.7 kg)
135 – 145 lbs (61.2 – 65.8 kg)	125 – 135 lbs (56.7 – 61.2 kg)
145 – 155 lbs (65.8 – 70.3 kg)	135 – 145 lbs (61.2 – 65.7 kg)
155 – 170 lbs (70.3 – 77.1 kg)	145 – 160 lbs (65.7 – 72.6 kg)
170 – 185 lbs (77.1 – 83.9 kg)	Above 160 lbs (72.6 kg)
185 – 205 lbs (83.9 – 93 kg)	
205 – 265 lbs (93 – 120.2 kg)	
Above 265 lbs (Above 120.2 kg)	

Each country can send up to two athletes per category and per division. This means that in the same weight category, one country can have two (2) MMA athletes and two (2) striking MMA athletes.

However, an athlete is not allowed to participate in both MMA & Striking MMA. An athlete can only compete in one (1) division and one (1) category.

6.2 Final Entries



The Final Entries must also be submitted online using the GAMMA's Event Management System, SportData, by 22 March midnight, Amsterdam time.

6.3 Athlete Acknowledgement and Agreement

All athletes competing in the World MMA Championships 2021 must sign and submit this Acknowledgement and Agreement form, as soon as possible, and ideally by no later than the Final Entry deadline (22 March 2022).

Any Athlete Acknowledgement and Agreement Form not received by GAMMA before the event will be collected at the time of the Accreditation procedure.

The Athlete Acknowledgement and Agreement Form can be found in the Appendix.

7 TOURNAMENT PROCEDURES





7. Tournament Procedures

7.1 Officials' Briefing

There will be an officials' briefing on the 24th of March. General information about the Championships and Competition Procedures will be communicated during this briefing

7.2 Draw

The official draws will be conducted by the GAMMA Organising Committee.

Details about the draw procedure will be shared at the Championships.

7.3 During the Championships

7.3.1 Weigh-ins

All athletes will need to weigh in on March 23rd. This weigh-in counts for the first day of the tournament. Thereafter, athletes who are competing on that particular day will also have their weight recorded.

Athletes will be selected for hydrated weight and anti-doping testing based on random sampling.

7.3.2 Warm-up Area

All competing athletes are required to report to the Warm-up area before they can enter the arena.

Athletes and coaches can only enter the arena three bouts BEFORE their bout.

Reporting schedule will be issued every day once Final Entries are confirmed and displayed at the Warm-up Area.

It will indicate the following:

- Schedule for the day
- Arrival at warm-up area
- Start time of the event

7.3.3 Bout Decisions

Single Elimination Format following GAMMA International Rules & Regulations, which can be found in the download section when registering on SportsData, GAMMA's event management platform.



7. Tournament Procedures

7.3.4 Post-Bout

All athletes will leave the Field of Play via the Mixed Zone situated to the back of the venue.

In the Mixed Zone, the Media may conduct short interviews. Please note that the first four athletes in each Final may also be required to attend the formal interview.

Athletes will then reach the Post Event Area located in another meeting room where the gloves will be returned to the LOC for sanitisation.

Here athletes will also be notified for eventual doping control and be informed of medal ceremony arrangements. From here they can then return to the Warm-up Area, to their Hotel or go to the team seats.

Team Officials will easily be able to contact their athletes immediately after the event from the teams' stands.

Note: Further information will be provided at the Officials' Briefing.

7.4 Medal Ceremonies

The first four athletes in each individual event will be presented with a gold, silver or bronze medal respectively.

The medal presentations will usually take place before the doping control procedures and as soon as possible after the conclusion of the event.

LOC staff will be responsible to gather the first four athletes and escort them to the ceremony waiting area where they will prepare for the ceremony.

The athletes must wear their delegation's official uniform at Medal Ceremonies.

During the playing of the anthem and the raising of the flags, they shall face the flags and conduct themselves in a dignified manner at all times.

7.5 Flag and National Anthem

Each participating country must bring 2 (two) flags, size 90 x 130 cm and a portable drive with the shortened version (if possible) of their National Anthem. The flag and portable drive are needed to be handed in at the registration and will be returned to each participating country after the competition.

Participating countries can also send their national anthem via email or a link to download.

Note: No flags are allowed to be used by the athletes during the award ceremony.

8 MEDICAL SERVICES





8. Medical Services

8.1 Medical Operations

Ambulance will be available at the tournament venue and access to the local hospital will be available 24/7 during the tournament period.

Medical checks will be done upon arrival, pre-bout and post-bout.

Decisions of the medical doctor are final.

9 DOPING & HYDRATED WEIGHT CONTROL



9. Doping & Hydrated Weight Control

9.1 General

9.1.1 Doping-Free Tournament

GAMMA believes in a doping-free sport. Athletes are bound and must comply with the [GAMMA Anti-Doping rules](#) which are compliant with the World Anti-Doping Code.

9.1.2 Anti-doping Test



We will conduct in-competition doping testing during the tournament. Athletes will be selected in random according to the International standard procedures and the tests will be overseen by the GAMMA Medical Committee in cooperation with the International Testing Agency (ITA).

To ensure independence, ITA will perform the sample collection and conduct laboratory analysis in accordance with the International Standard for Testing, the [International Standard for Laboratories and the 2022 Prohibited List](#).

During the period of the tournament, athletes can be tested at any time or place with a blood or urine sample with no prior notice. It is each athlete's responsibility to ensure that no prohibited substance enters his or her body.

9.2 In-Competition Control

At the Post Event Area, all athletes selected for Doping Control will be informed. Following post-event protocols which may include the medal ceremony or press interview, athletes will be escorted to the Doping Control Station. Drinks will be provided for those athletes requiring it, and athletes should drink only those beverages from sealed bottles provided by the LOC.

Athletes have the right to be accompanied by a team official who will be granted proper access to the doping control station with a special pass only if required.



9. Doping & Hydrated Weight Control

9.3 Therapeutic Use Exemption (TUE)

GAMMA's anti-doping programme is not limited to doping controls, it also includes activities like Risk Assessment, management of Therapeutic Use Exemptions (TUEs) (<https://www.wada-ama.org/en/questions-answers/therapeutic-use-exemption-tue>) for international-level athletes, Results Management, and Education.

If you need to apply for Therapeutic Use Exemption, please fill-up the application form here and send it to tue@ita.sport.

The TUE has to be issued by ITA prior to the beginning of the event. During the Championships only “urgent” TUE's will be dealt with. Under no circumstances a TUE for a chronic pathology will be issued.

9.4 Hydrated Weight Control

Athletes will be selected for hydrated weight and anti-doping testing based on random sampling.

Under the guidance of a doctor, the technician and doctor will perform a test of the athlete's urine sample to ensure that the athlete is hydrated (hydrated = urine specific gravity ≤ 1.0250). The athlete's weight must be within the limits.

For more information, please download our [Hydrated Weight Protocol](#) from our website.

10 DEPARTURES





10. Departures

10.1 PCR Testing

On Departure From The Netherlands:

It is your responsibility to let the GAMMA Organising Committee know if you require a PCR/Rapid test upon arrival in your home country.

We are in discussion with the LOC to arrange for all members of the delegation to take their PCR/Rapid tests at the tournament venue at least one day prior to departure.

The results of the PCR/Rapid test will take a day for it to be ready and guests should ensure they take the PCR test in advance. Results will be delivered via email, and include a QR-code to verify the authenticity of the test results.

The cost of the PCR/Rapid test is about 60 EUR / 40 EUR and these will be borne by the Federations.

10.2 Departure Timings

Teams' departure times must be provided via the Final entries. The Team Official will also be requested to confirm the departure information, already provided in the Final Entries, at the Teams' Accreditation Centre. In case of changes, please make sure that these are communicated to the relevant in-charge.

11 CEREMONIES





11. Ceremonies

11.1 Opening & Closing Ceremony

There will be a march-in for all participating delegations on the first day of the competition and during the award ceremony, federation representatives will be invited up on stage to present the medals to the podium finishers.

As such, they should be dressed appropriately.

11.2 Victory Ceremonies

Immediately after the finals of the Championships, all medallists will be given notifications indicating when and where they must report for their medal ceremony. These notifications will serve as access passes to the medal preparation area. All the victory ceremonies will take place at the Tournament Venue itself.

Athletes must wear the official team clothing for the ceremonies. No other items shall be taken to the podium, such as flags, caps or others.

12 OTHER INFORMATION



12. Other Information

12.1 GAMMA 2021 World Congress

The 2nd GAMMA Congress will take place in Amsterdam on the occasion of the GAMMA World MMA Championships 2021. It will offer an ideal opportunity for everyone to connect, strengthen friendships and exchange knowledge since the pandemic.

It will be held on 24th March in one of the meeting rooms of the Hilton Amsterdam Airport Schiphol Hotel. The Agenda for the World Congress will be sent to members separately.

12.2 Frequently Asked Questions (FAQs)

What we can eat on the meals? How is the lunch meal organised? Muslims don't eat pork, so are there any regulations for muslims?	Lunch will not be provided for at the Championships. Teams will have to get their own lunch either at the nearby vicinity or through food delivery.
Are visitors/spectators allowed?	<p>Yes and the entry fee is 50 EUR per person.</p> <p>3G rules apply for visitors (13 years and up). This means they have to received two dosages of EU-recognised vaccination (and single if janssen/ johnson) less then 9 months ago, recovered form corona less than 6 months ago or tested negative 24 hours in advance.</p>
There are two main categories, MMA and Striking MMA. Is there categories like full, lite, elite under MMA categories?	<p>There are no further categories under MMA.</p> <p>As long as you are above 18, you can register to participate.</p> <p>We accept athletes with or without a professional record.</p>
Can we check in to the hotel 1-2 days before the event starts?	Definitely but the costs will be borne by you.
Which hotel will we stay? What is the name of the venue that the games will be played? What is the hotel cost for one day for extra people coming?	<p>The official hotel is Hilton Amsterdam Airport Schiphol Hotel and competition venue is Sporthallen Zuid.</p> <p>Visitors/Spectators who are coming to the Championships will enjoy the negotiated rate of 90 EUR for a twin-sharing room and 145 EUR for a single room per night as well they book through us.</p>
We said that only 1 fighter from every different country for 1 category can register. Is there a chance that 2 fighter from every different country can register to 1 category. So that more people can join to event.	<p>Each country can send up to two athletes per category and per division.</p> <p>This means that in the same weight category, you can have two (2) MMA athletes and two (2) striking MMA athletes.</p> <p>An athlete is not allowed to participate in both MMA & Striking MMA.</p> <p>An athlete can only compete in one (1) division and one (1) category.</p>

13

APPENDIX





ATHLETE ACKNOWLEDGEMENT & AGREEMENT FORM

1. I acknowledge that the Global Association of Mixed Martial Arts ("GAMMA") is the world governing body of the sport of Mixed Martial Arts. In consideration of the right to compete in International Competitions (as defined in GAMMA Rules) sanctioned by GAMMA or any other event or activity sponsored or sanctioned by GAMMA or its Member Federations, Affiliates or authorised bodies,

2.

_____ of _____
[Last Name, First Name] [National Member Federation]

To be completed and signed by parent or legal guardian if the athlete is a minor

I am the natural parent or legal guardian of the athlete named above (the "Athlete") who is considered a minor in his or her country and hereby state the following:

- That I am entitled to the full control and custody of the Athlete, and that no guardian of Athlete's person or estate has been appointed by any court.
- That I have read and am familiar with the provisions of this Athlete Acknowledgement, that I am satisfied that this Athlete Acknowledgement is fair, just and equitable, and for the benefit of the Athlete, and that I consent to the execution of this Athlete Acknowledgement by the Athlete, and that said consent shall be deemed sufficient for the purposes of any applicable statute or law.

I hereby acknowledge and agree as follows:-

Competition and Anti-Doping

- 1.1 I am aware of and have reviewed all the GAMMA Rules (the "Rules") including but not limited to the GAMMA Code of Ethics and all GAMMA Regulations (the "Regulations") available on GAMMA website at <https://www.jottacloud.com/s/204b89b43379de84f6e9c50534240a76f48>. I consent and agree to comply with and be bound by the Rules and the Regulations.
- 1.2 I consent and agree in particular to comply with and be bound by the GAMMA Anti-Doping Rules and by the GAMMA Anti-Doping Regulations available on the GAMMA website at <https://gamma-sport.org/anti-doping/> and the International Standards incorporated into the GAMMA Anti-Doping Regulations. I declare that I am not currently using and will not in the future use any substance or method or other practice, or undertake any action, which violates the GAMMA Anti-Doping Rules. I undertake to compete in the sport of Mixed Martial Arts drug free at all times.
- 1.4 I consent and agree to any amendments to the Rules, the Regulations and the GAMMA Anti-Doping Regulations as may be made from time to time and further agree that the posting of the new version of each, on GAMMA's website will be sufficient notice of any such change.
- 1.5 I consent and agree in particular that my Personal Information including without limitation my Sensitive Personal Information (as those terms are defined in the GAMMA Anti-Doping Regulations) may be processed for anti-doping purposes in accordance with the GAMMA Anti-Doping Rules and the GAMMA Anti-Doping Regulations (and the International Standard for the Protection of Privacy and Personal Information incorporated into the Anti-Doping Regulations) by and amongst the GAMMA and its Affiliates and Member Federations, the World Anti-Doping Agency, National Anti-Doping Agencies and/or other Anti-Doping Organisations, including, but not limited to, as part of the ADAMS database system.



Medical Liability Waiver

- 1.6 I have adequate Medical insurance to cover my participation during this event.
- 1.7 I, the undersigned, do hereby declare that I am currently and prior to leaving my country was in good physical condition and I had not suffered from any injury, infection or disability label to affect my capacity to compete in the current GAMMA event.
- 1.8 I release the event promoter, GAMMA, GAMMA's officers, the GAMMA organising committee, the GAMMA (IF) Board, GAMMA members and GAMMA Continental Board its members/agents, volunteer committee and referees from any claims and any loss, damage sustained while participating in the above mention event.
- 1.9 I understand and I am fully aware that I am participating in a contact sport and may in the normal course of events sustain an injury while competing.**
- 1.10 Therefore I assume full responsibility for all of my actions during and connected with this event.

Commercial and Social Media

- 1.11 I agree to be filmed, broadcast, photographed, identified, interviewed and otherwise recorded at or in conjunction with (i) any mixed martial arts competitions which GAMMA has sanctioned, including but not limited to the World Championships in MMA or (ii) any sporting or non-sporting event or commercial partner or sponsor ("GAMMA Partner") activation related to any GAMMA Event by means of any and all media throughout the world in perpetuity.
- 1.12 I hereby assign with full title guarantee in perpetuity to GAMMA, all rights of any nature in any image, photograph, or moving image ("Footage") taken of me by or on behalf of GAMMA or any GAMMA Partner or broadcaster at any GAMMA Event. I further agree that the Footage or other representations of the Footage, may be used:
- 1.12.1 by GAMMA and/or any Local Organising Committee for any purpose related to the promotion of GAMMA any Member Federation and such Local Organising Committee; and
- 1.12.2 by a GAMMA Partner on a free of charge worldwide basis, limited for the purpose of promoting GAMMA Partner's sponsorship of or demonstrating the GAMMA's Partner's commercial partnership with GAMMA or GAMMA Event, provided always that any such use of my image, name or likeness by the GAMMA Partner shall:
- a. be limited to the Footage taken or recorded whilst participating in the GAMMA Event;
 - b. not constitute an endorsement of the GAMMA Partner's products and services by me; and
 - c. not be altered in any way, shape or form, including but not limited to sponsor logos, or other branding.



- 1.13 I additionally consent to the use and reproduction of my image, name and likeness in merchandise and publications relating to GAMMA or GAMMA Events provided always that such merchandise or publication is primarily related to the promotion and support of such GAMMA Event itself as opposed to featuring me personally for commercial purposes.
- 1.14 I shall not grant any rights to use or utilise my name, signature, photograph, likeness, reputation, image and identity or endorse any product or service in trade or commerce in such a way as to connote the sponsorship, approval or affiliation of GAMMA or any events conducted by or affiliated with GAMMA without the prior written permission of GAMMA.
- 1.15 I agree that under no circumstances, throughout the duration of the GAMMA Event to which I participate as an athlete, may I act as a media commentator on other athletes, nor will I post or contribute any commentary, text or photographs to any website or blog during the GAMMA Event (other than non-derogatory posts on my own personal social media accounts, including but not limited to Facebook, Twitter, SnapChat, Instagram, my personal blog/website or any other such personally based social media that has yet to be invented), without the express permission of GAMMA.
- 1.16 I will not allow my sponsors to use images for commercial purposes (still or moving) of me competing in GAMMA Events, without having prior written approval of GAMMA, such approval being deemed given if not received within ten (10) days following my notification to GAMMA.
- 1.17 I acknowledge that I have had the opportunity to take legal advice before signing this Agreement.
- 1.18 I acknowledge and agree that any dispute arising out of a decision made pursuant to the Rules may be appealed exclusively as provided in the Rules to the Court of Arbitration for Sport (CAS). I acknowledge and agree that all decisions of CAS under the Rules shall be final and binding and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or tribunal.

2. Unless renewed upon the GAMMA's request at any time, this Agreement shall be of indefinite duration and shall terminate only upon my retirement from Mixed Martial Arts.

3. I acknowledge that, by signing this Acknowledgement and Agreement, I have read and understand the content of this document.

Date:

Name:
[Print Last Name (in Capitals), First Name]

Social Media Handle:
[Username on Instagram] - Optional

Date of Birth:
[Day/Month/Year]