



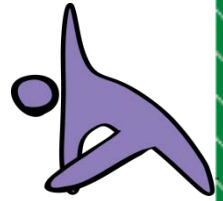
Music & Movement – April 2019



Bright Horizons Early Education & Preschool	Week of 4/1	Week of 4/8	Week of 4/15	Week of 4/22
	High, Middle, Low	Song Sack	Do Re Mi Plastic Bottles	Musical instrument Memory Match
Objectives	To explore the musical concept of "pitch"	To explore singing favorite songs as picked by children	Children will learn how to create a note by blowing across the top of a bottle	Develop knowledge of instruments
Materials	Instrument with multiple pitches (a recorder, horn, flute, etc.)	a small bag of note cards that have song titles on them	8 – 20oz plastic bottles filled with different amounts of water	sets of cards with pictures of musical instruments
Activities	<p>Encourage children to move about. Play random notes on the instrument. Make sure that you are playing random notes.</p> <ul style="list-style-type: none"> • Play a high note – children stretch up high • Play a low note – children curl up low to the ground • Play a middle note – children cross arms at their middle 	Have children sit in circle. Each child picks a song card from the bag. Sing the songs noted on the cards.	<p>Fill each bottle with the noted amount of colored water to produce the desired note/sound:</p> <p>Do - 7 oz. Re - 9 ½ oz. Mi - 12 ½ oz. Fa - 14 oz. So - 16 ½ oz. La - 17 ½ oz. Ti - 18 ½ oz. Do - 19 oz.</p> <p>After bottles are filled, blow across the tops of the bottles to create the note/sound.</p>	<p>Discuss with children the different instruments on the cards</p> <p>Use the cards to play Memory.</p>
Children learn to:	<p>Science Rocks: Explore properties of sound</p> <p>Art Smart: Recognize musical components</p>	Art Smart: Appreciate and sing songs	<p>Science Rocks: Understand cause and effect; explore how properties can change</p> <p>Art Smart: Experiment with sound</p>	Language Works: Identify objects by name and picture

Movement Matters –April 2019

Bowling/Parachute



Bright Horizons
Early Education & Preschool

Young Preschool

Preschool

Kindergarten Prep

Objectives

- To engage in physical activity
- To promote physical development and wellness to create good habits and positive attitudes

Materials

- | Young Preschool | Preschool | Kindergarten Prep |
|--|--|--|
| <ul style="list-style-type: none"> • Bowling Ball • Balls • Pins • Mats • Cones • Parachute • Balls • Bean Bags • Music | <ul style="list-style-type: none"> • Bowling Ball • Balls • Pins • Mats • Cones • Parachute • Balls • Bean Bags • Music | <ul style="list-style-type: none"> • Bowling Ball • Balls • Pins • Mats • Cones • Parachute • Balls • Bean Bags • Music |

Activities

- | Young Preschool | Preschool | Kindergarten Prep |
|---|--|--|
| <ul style="list-style-type: none"> • Bowling with cones and balls. • Bowling with pins. • Counting how many pins. • Waving Parachute • Singing songs with Parachute • Parachute Goal. | <ul style="list-style-type: none"> • Bowling with cones and balls. • Bowling with pins. • Counting how many pins. • Waving Parachute • Singing songs with Parachute • Parachute Goal | <ul style="list-style-type: none"> • Bowling with cones and balls. • Bowling with pins. • Counting how many pins. • Parachute waves • Parachute colors • Parachute numbers • Popcorn Parachute • Cat and mouse Parachute • Parachute Goal |

Children learn to

- | Young Preschool | Preschool | Kindergarten Prep |
|---|--|--|
| <ul style="list-style-type: none"> • Follow simple safety rules while participating in activities • Engage in active play using fine motor skills | <ul style="list-style-type: none"> • Coordinate movements to perform complex tasks • Demonstrate ability to cooperative with others during physical activities | <ul style="list-style-type: none"> • Engage in gross motor skills • Follow rules and procedures when participating in group activities |



STEM Lab – April 2019



Earth Day: Recycled Robots

Objectives

- Freely explore materials at a developmentally appropriate level

Materials

- Recyclable or Reusable Materials (cardboard tubes, plastic containers, boxes, plastic caps, paper, aluminum foil, wood scraps, nuts, bolts, screws, etc)
- Masking tape
- Fiction and Non-fiction books about Robots, Earth Day, and Recycling
- Planning Tools: measuring tools, pencils, paper, crayons, etc.
- Optional:
 - Glue
 - Paint
 - Other art materials (feathers, foam shapes, wiggle eyes, fuzzy sticks, pom poms)

Activities

- Use materials to assemble a robot individually or in small groups
- Research real robots and learn what kinds of jobs they do
- Discuss possible jobs for their recycled robot
- Count how many of each material used
- Explore and identify 2D and 3D shapes
- Measure using rulers, yard sticks, measuring tape, etc

Older Children can:

- Use planning tools to plan their robot before building
- Attempt to solve a real-world problem with their robot
- Contribute to a KWL about robots
- Explore real tools safely and with adult supervision

Variation:


- Use aluminum cans (use duct tape to cover sharp spots or use unopened cans) as the base of the robot. Children use different shaped magnets (letters, shapes, numbers), magnetic blocks, or materials glued to magnets (pom poms, wiggle eyes, gems) to create the robots face, arms, legs, etc

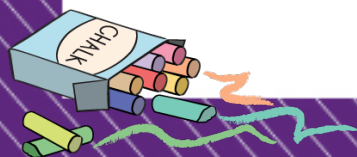
Children learn to

- Count sequentially
- Identify shapes, understand their properties, and create new shapes
- Choose specific tools for tasks
- Question when exploring materials
- Demonstrate persistence in problem solving
- Explore various types of technology
- Independently seek information
- Positively impact the environment
- Represent an idea using visual media and materials




Art Studio – April 2019

 Bright Horizons Early Education & Preschool	<u>Week of 4/1</u> Colored Waterfalls	<u>Weeks of 4/8 & 4/15</u> Salt & Watercolor	<u>Week of 4/22 & 4/29</u> Newspaper Mixed Media
Objectives	<ul style="list-style-type: none"> • Explore and experiment with visual media and materials. • Use art materials and tools purposefully and creatively. 		
Materials	<ul style="list-style-type: none"> • table top easels (or hang paper vertically from the edge of the table) • paper (watercolor paper or construction paper work best) • liquid watercolor or thinned paint • pipettes 	<ul style="list-style-type: none"> • paper • table salt • glue • liquid watercolors or water/food coloring • eye droppers 	<ul style="list-style-type: none"> • Paper • Newspaper • Scissors • Glue Sticks • Watercolor Paint • Paintbrushes
Activities	<ul style="list-style-type: none"> • Secure paper to table top easel or edge of table (protect floor if using edge of table). • Using pipettes, drop paint onto paper. • Allow colors to run down the paper 	<ul style="list-style-type: none"> • Create different shapes using the glue on paper • Sprinkle the wet glue with salt. • Allow glue to dry. • Once glue is dry, use eye dropper to apply watercolors to the glue/salt lines • Allow to dry <p><i>Variation:</i> work with children to color salt by mixing a few drops of coloring with salt in plastic baggie. Seal and shake. Open baggie and allow salt to dry. Colored salt can be glued to paper.</p>	<ul style="list-style-type: none"> • Children use scissors to cut newspaper into strips, shapes, and small pieces. They could also rip paper • Use glue sticks to collage newspaper on a piece of white paper or construction paper • Once glue is dry, allow children to use paintbrushes to paint over the newspaper with watercolor paint • Observe how the newspaper properties change as more water and paint is added
Children learn to	<p>Science Rocks: Explore and experiment with the concept of gravity</p> <p>Language Works: strengthen small muscle skills in hand and wrist</p>	<p>Science Rocks: Explore & experiment with the properties of materials</p>	<p>Science Rocks: Explore how properties can change</p> <p>Toward a Better World: Positively impact the environment</p>




Dance Class – April 2019

	Preschool	Kindergarten Prep	Kindergarten
Objectives	Recital dance choreography is complete. Everyone will work on remembering the dances as we are practicing them every single week.	Recital dance choreography is complete. Everyone will work on remembering the dances as we are practicing them every single week.	Recital dance choreography is complete. Everyone will work on remembering the dances as we are practicing them every single week.
Dance Moves	Recital Dances.	Recital Dances	Recital Dances.
Terminology	No new terminology.	No new terminology.	No new terminology.



Garden Works - April 2019

Gardening for our Pets

	Toddlers/ Twos	Preschool	Kindergarten Prep
Objectives	To create a garden for our Pets		
Materials	<ul style="list-style-type: none"> • Four Packets of Seeds (see suggested list) • Flower Pots • Potting Soil • Water 	<ul style="list-style-type: none"> • Six Packets of Seeds (see suggested list) • Flower Pots • Potting Soil • Water 	<ul style="list-style-type: none"> • Eight Packets of Seeds (see suggested list) • Flower Pots • Potting Soil • Water
Activities <i>(See activity descriptions for full details.)</i>	<ul style="list-style-type: none"> • <i>Activity #1:</i> Plant 2 for Cat and 2 for Dog • Books: <ul style="list-style-type: none"> ◦ <i>What Pets Teach Us: Life's Lessons Learned From Our Best Friends</i> by Andrea Donner ◦ <i>Wet Pet, Dry Pet, Your Pet, My Pet</i> (Dr. Seuss Nursery) by Dr. Seuss 	<ul style="list-style-type: none"> • <i>Activity #1:</i> Plant 2 for Cat and 2 for Dog • <i>Activity #2:</i> <i>What Plants are safe for our pets? What are not?</i> • Books: <ul style="list-style-type: none"> ◦ <i>The Perfect Pet</i> by Margie Palanti ◦ <i>Look and Learn: Pets</i> by National Geographic Kids 	<ul style="list-style-type: none"> • <i>Activity #1:</i> Plant 2 for Cat and 2 for Dog • <i>Activity #2:</i> <i>What Plants are safe for our pets? What are not?.</i> • <i>Activity #3:</i> What are the health benefits of planting for our pets? • Books <ul style="list-style-type: none"> ◦ <i>What Pet Should I Get? By Dr. Seuss</i> ◦ <i>8 Class Pets + 1 Squirrel / 1 Dog = Chaos</i> by Vivian Vandi Velde
Children learn to	<ul style="list-style-type: none"> • Understand the concept of healthy food 	<ul style="list-style-type: none"> • Understand and identify healthy foods and understand where they come from 	<ul style="list-style-type: none"> • Understanding characteristics and benefits of nutritious foods

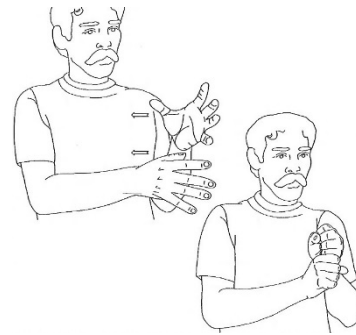


Sign Language – April 2019



GO

Both "1" hands bend at the wrists and point in the direction one is going.



GET

The "5" hands are held palms facing inward, one hand above the other. Both hands close as they move toward the body.



SHARE

The flat base hand is vertical with the thumb extended upward. The flat action hand is also vertical and slides back and forth across the index finger of the base hand.



HELP

Both flat hands pat the chest.
(This sign is used with younger children and is not an ASL sign.)



GIRL

The thumb draws a line from the jaw to the chin.



BOY

The hand closes to a flat "O" at the forehead, as if grabbing a cap.

from **SIGN with your BABY** ~ Dr. Joseph Garcia