



Patient Information

Patient Collection Instructions for Semen Analysis - Fertility

1. You must not have a fever during the three-day period preceding collection. Do not have intercourse or masturbation for 3 – 7 days prior to collection of specimen unless otherwise instructed by your physician.
2. The specimen must be delivered to the Outpatient Laboratory within **60 minutes** of collection. A specimen received more than one hour after collection could be cause for rejection.
3. **Semen Analysis specimens area accepted in the Outpatient Lab Monday – Friday 7am-12noon.** More information call 736-3500
4. Collect semen directly into a plastic container provided by interrupting intercourse or masturbation. The **entire** specimen must be in the container. If any specimen has spilled, you must recollect the specimen. **Do NOT use a condom.**
5. Label specimen container with your name and date and time of collection.
6. Attempt to protect specimen from temperature extremes. Specimens not collected at the hospital should be held next to your skin (stomach, hand, or between your legs while driving) to keep at body temperature.
7. Deliver specimen immediately to the Outpatient Lab.
8. Return this sheet with the following information filled out:

Name: _____

Date of collection _____ Time of collection _____

Prior to collection this specimen, how many days has it been since you last had intercourse and/or masturbated? _____ day(s)

Did you use a condom? ☐ Yes ☐ No

Did you use lubricant? ☐ Yes ☐ No

Did you submit the entire specimen? ☐ Yes ☐ No

Did you protect the specimen from temperature extreme? ☐ Yes ☐ No