BRIGHT HORIZONS AT WHEATON What's on the Menn?

| Week of: April 1 st | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------------|---|---|---|---|---|
| BREAKFAST | Corn Chex Fresh Fruit Organic Milk | Cinnamon Raisin Bagel Cream Cheese Fresh Fruit Organic Milk | Scrambled Cheesy Eggs Fresh Fruit Organic Milk | Turkey Sausage Patty Biscuit Fresh Fruit Organic Milk | Blueberry Muffin Fresh Fruit Organic Milk |
| TODDLER MORNING SNACK | Nutrigrain Bar Organic Milk | Corn Chex Fresh Fruit | Cinnamon Raisin Bagel Organic Milk | Egg Patty Toast | Homemade Banana Snack Cake Organic Milk |
| LUNCH | Chicken Tacos Black Bean Medley Fresh Fruit Organic Milk V: Cheese Quesadilla | Swedish Meatballs Egg Noodles Peas & Carrots Fresh Fruit Organic Milk V: Veggie Crumble with Egg Noodles | Cheesy Chicken & Rice Casserole Fresh Fruit Organic Milk V: Rice with Cheese Sauce | Grilled Cheese Sandwich Tomato Soup Fresh Fruit Organic Milk | Macaroni and Cheese Green Beans Fresh Fruit Organic Milk |
| AFTERNOON SNACK | Apple Cinnamon Muffin Organic Milk | Cucumbers Red Pepper Hummus I/T: Wheat Crackers | Homemade Banana Snack Cake Fresh Fruit | Cottage Cheese Fresh Fruit | Turkey SlicesCucumbers |

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- I% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style





* Infant/Toddler Alternative* Vegetarian Alternative