

BRIGHT HORIZONS AT LISLE – May 10th-14th 2021

What's on the Menu?

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Chex Cereal Bananas Organic Milk	Warm English Muffin Homemade Jam Apples Organic Milk	Homemade Banana Muffins Peaches Organic Milk	Mini Quiche Pears Organic Milk	Cheerios Bananas Organic Milk
LUNCH	Taco Casserole Steamed Carrots Pears Organic Milk Sub: Veggie Taco Casserole	Turkey Tetrizzini Steamed Green Beans Oranges Organic Milk Sub: Veggie Turkey Tetrizzini	Cheese Raviolis with Marinara Sauce Steamed Cauliflower Pears Organic Milk	Cheesy, Chicken, Rice and Broccoli Casserole Steamed Mixed Veggies Oranges Organic Milk Sub: Veggie Chicken and Broccoli Casserole	Turkey and Cheese Roll Ups Sweet Potato Fries Fruit Salad Organic Milk
AFTERNOON SNACK	Wheat Crackers Apples	Cheese Cubes Pears Water	Graham Crackers Fruit Salad Water	No Bake Oatmeal Energy Bites Bananas Water	Homemade Apple Cinnamon Bread Oranges Water

 Vegetarian Alternative

 Substitute for 2yrs & Under



- ▶ All meals are baked, not fried
- ▶ Vegetarian meal options available
- ▶ Fresh fruits and vegetables served daily
- ▶ Proteins include chicken, turkey, beef, tofu, cheese, and beans
- ▶ Whole milk served to children ages 12-24 months
1% milk served to children 24 months and older

