

Come Away and Rest Awhile

Come away and rest in the Lord's presence by the sea. Think of the image of a watering can: It waters and brings health to the gardens of life - as do we! We are called to water the gardens of life for those that God places in our lives to assist in developing the gift of faith. Yet, the watering can runs dry and needs an infusion of the Lord's living water. Lord, give me what I need! Treat yourself to the nurturing of your soul for a day of prayer, rest and reflection. There will be time to listen, plenty of time to enjoy the ebb and flow of the ocean, time to be alone or time to share.

June 5, 2019

9:30 a.m. - 3:00 p.m.

Program will begin at 10:00 a.m. and will include Mass and lunch

Mercy by the Sea

Spiritual Retreat and Conference Center

167 Neck Road

Madison, CT

\$10 per person

To register visit www.CatholicEdAOHCT.org

Kelly Henderschedt

860 - 242 - 5573

Kelly.Henderschedt@aohct.org



Noranne S. Wamester, M.A. is the Pastoral Associate at the Church of the Incarnation in Wethersfield, CT. She graduated from the University of St. Joseph with a degree in Early Childhood Education. She received a Master's Degree from the University of St. Joseph in Pastoral Ministry and completed post graduate work in Ministry and Religious Studies. She holds a certificate in Spiritual Direction from Mercy by the Sea in Madison, CT. She holds a certificate in bereavement counseling. She is a Retreat Director, a Spiritual Director, a writer and ministers to the bereaved. Noranne is married to her husband Bill and they have four children and ten grandchildren.



INSPIRING FAITH, KNOWLEDGE AND COMMUNITY