



**BRIGHT HORIZONS AT
USAA Tampa
Child Development Center**

From the Director

Join us for a Summer of Fun, Friendships, and Exploration

Through Camp Explorations, our summer camp program at **Bright Horizons®**, your child will have the opportunity to enjoy everything summer has to offer. During action-packed days, your child will experiment with science and technology, engage in the creative arts, discover nature, and explore the world. With experienced teachers, a curriculum based on each child's interests, engaging projects and activities, special visitors, and more, summer will be fun and educational at the same time.

Camp Explorations Highlights

- ▶ Programs for two different age groups:
 - Preschool Adventures (ages 3 – 5)
 - School-Age Adventures (ages 6 –12)
- ▶ Age-appropriate, engaging themes that incorporate children's interests
- ▶ Field trips (for school-age), special guests, and daily fitness activities
- ▶ Flexible weekly schedules with full- and part-time options
- ▶ Health, safety, and security policies that meet or exceed local, state, and national standards

Important Dates

April 8-12	Week of the Young Child
	<ul style="list-style-type: none"> • Music Monday • Tasty Tuesday • Work Together Wednesday • Artsy Thursday • Family Friday
April 9-11	Open House
April 22	Earth Day Celebration
April 24	Family Partnership Meeting, USAA Café 12:30 pm

Reasons to Celebrate

June	April 1 st
Allyson	April 3 rd
Mason	April 4 th
Matteo	April 13 th
Eliud	April 15 th
Allyanna	April 16 th
Harper	April 24 th
Ahmari	April 27 th
Peyton	April 27 th



Infant

Babies are born scientists- programmed to investigate, experiment, and discover how the world works. Teachers provide a sensory-rich environment with a range of objects to manipulate, promoting a spirit of inquiry and curiosity. With her teacher in close proximity, Olivia explored the class treasure basket that was filled with various size shells. She used her senses to explore the properties of the shells.



Toddler

Math is a thrilling way for toddlers to make sense of their world. The Growing World of Toddlers environment helps 1-and 2-year-olds take their first steps toward understanding important mathematical concepts. Danielle works on spatial relations as she stacks her blocks one on top of the other. As she builds her tower, the teacher describes Danielle's actions. "You are putting the blue one on top."



Preschool

Well Aware provides preschoolers with varied opportunities and materials to develop concepts of wellness, as well as the knowledge and the skills to practice healthy lifelong habits. Preschoolers learn to be responsible for their own basic hygiene and care. After eating their lunch, preschoolers brush their teeth to promote dental health. Kaiden looks in the mirror as he brushes his teeth to ensure that he cleans all of them.



Kindergarten Prep

As children grow, their ability to engage in complex projects increases, paving the way for vibrant, creative, and expressive artistic endeavors. Such activities help children not only develop an appreciation of the arts, but also build vocabulary, and communication skills through exploring musical instruments, mixing paints, and engaging in pretend play. In dramatic play, Lilah pretends to be a Veterinarian. She looks at x-rays of a sick dog as patients sit in the waiting room.

It's all in the Family! Activities to Build Memories

Enjoying family activities is a precious gift to give our children and ourselves. Time with people we love fosters feelings of belonging and intimacy, builds trust, instills a sense of security, and creates lifelong memories. Below are fun, inexpensive activities for all ages:

- ▶ **Gaze at stars:** Explain to children that stars form patterns that we call constellations and then research them online and in books. Go outside on a clear evening and try to identify constellations or have fun making up your own. Draw the formations on paper or lay them out using pipe cleaners and small rocks. With younger children, focus on the shape of the moon.
- ▶ **Visit farmers markets:** An excursion to a farmers market provides an opportunity to smell the scents of fresh produce, enjoy tasty samples of nutritious foods, hear local musicians playing music, and participate in the coming together of the community.
- ▶ **Go for a hike or walk:** Hiking or walking connects family members to nature, as well as each other. On walks, you might take photographs, collect special rocks, leaves, and sticks, or just enjoy the world's natural wonders and time with each other.
- ▶ **Institute a family fitness program:** This could include age/stage-appropriate push-ups, sit-ups, stretching, walking, hopping, skipping, jumping, or jogging. Family members might keep a fitness log, use a pedometer to count steps, or count your heartbeats before and after exercise.
- ▶ **Volunteer:** Have you considered making volunteering part of your family culture? Adults inspire empathy and compassion by volunteering as a family at a soup kitchen, nursing home, homeless shelter, or other local organizations. For activity suggestions browse sites such as Doing Good Together: doinggoodtogether.org.
- ▶ **Build a cozy fort:** You might use branches and wood, blankets and chairs, or a giant carton (from an appliance store), to design a cozy den. After you build this comfy place to congregate, your family can cuddle up to read, snack, tell stories, or play games.

All the activities above enhance relationships because family members enjoy simple activities, share rewarding adventures, and make memories.



Preparing for the New SAT

Presented by *Bright Horizons Education & College Advising™*

April 2, 2019 | 3:00 p.m. ET / 12:00 p.m. PT | Live Webinar

Since you applied to college, the SAT has changed at least once.

- How the new SAT is scored
- Common challenges students face with the new exam
- How to help your child adjust his or her study habits and test-taking strategies

You can also schedule a one-hour personalized advising session.

Suggested for: Parents/guardians of 9th – 12th graders

Reserve Your Spot:

Visit <https://passport.getintocollege.com>

Passcode: **usaacoach**

Questions? 866-468-3129 or usaa@getintocollege.com



Featured Family Webinar

Working Moms, Natural Leaders

Whether you're a new mom getting ready to return to work, or you've been a working mom for a while, you might be curious about the expectations — or lack thereof — you'll face in the office. Watch this recording of our webinar, as we discuss results from the **Bright Horizons®** Modern Family Index survey and learn what research says about working motherhood.

Family Webinar Recording –

Working Moms, Natural Leaders

brighthorizons.com/webinarWMNL



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Monday – Friday 06:30 a.m. to 06:30 p.m.

