### Welcome to

IS HBON

, welcome to our table!

The Fishbone Idea was born right here, from the desire to showcase the very best that our Island and our region has to offer, a philosophy by which Chef Susy Massetti lives by and applies to all of her culinary concepts.

The food of our mothers, the food our ancestors, food to share with love.

Our menu is designed **as a sharing concept**, the dishes are **all family style** served in the middle of the table for you to enjoy amongst friends and family!

Let us share with you our story & our philosophy as more often than not, culinary concepts are "transported" to whatever location is chosen, ignoring for the most part, the local culture and traditions and rely almost exclusively on imported ingredients.

While obviously this is not possible for every element of our menus, Fishbone is setting out to utilize the very best each season has to offer, in support of the local fishermen, the gardeners, the artisans and that of the spices & food brought in by merchants that strive to preserve culture and traditions.

Bring your friends over, relax and "cruise" leisurely through our menu whilst enjoying the view of the shimmering sea ....

**Buon Appetito!** 

Susy Masselli

## The Appetizers & Salads

Crisps of the sea (V)

Tender golden fried calamari & zucchine, spicy tomato jam, avo-mayo

6

La Cevichita

Diced fish fillet, onions, coriander, green chilli, lemon-lime dressing

6

Gambas al Verde

White Bahrain's prawns, butter, garlic & herbs

6.5

Fishbone's Poke Bowl

Sushi grade tuna, avocado, red onions, sesame seeds, coriander, black rice, Asian dressing

9

Arancini di riso

Risotto, mozzarella, basil & cherry tomatoes

6

Roasted Cauliflower "Steak"(V)

Coriander, olives, sun-dried toms & spicy black venere rice, pine nuts

6.5

B&B Burrata & Bruschetta...(V)

Fresh burrata, grilled sourdough bread tomato bruschetta, cubebe pepper & evoo

9

When Meat Is Not Your "Thing "... (V)

Portobello mushroom "shawarma" tomatoes, pickled cabbage, tahina & chilli-garlic sauce 7.5

The Anything Goes Kale & Quinoa Salad (V)

Herbed quinoa, kale, crushed pepitas & green-goddess dressing

6,5

### **Rock the dates**

Wild rocket, local khlass dates, parmigiano cheese, almonds & pomegranate seeds Pomegranate molassa dressing

6.5

## Galette & Pasta

#### Sunblushed Tomato (V)

Focaccia base, mozzarella cheese, pistachio & basil pesto

6.5

#### **Grilled & Minted Aubergine**

Focaccia base, grilled and marinated aubergines, fontina cheese & fresh mint 6.5

Forest Mushrooms & Fontina Cheese "Fazzoletto" (V)

Thyme infused evoo, black truffles & parmesan cheese

7.5

Local Little Neck Clams

Spaghetti, Aglio & Olio, red chilli & parsley sauce 9.5

**Shells in Shells** 

Prawns ragout, shells pasta, sun-blushed tomatoes, mozzarella & basil au-gratin

10

Pennette Zafferano & Gamberi

Penne pasta, prawns, zucchini & basil in a saffron & chili sauce 11

Risotto ai "Frutti Di Mare"

Seafood & shellfish, non-alcoholic white wine, parsley & garlic sauce (red chilli optional) 11.5

Rigatoni Cacio & Pepe (V)

Rigatoni pasta, pecorino cheese & black pepper 9.5

**Chef Susy's Pumpkin Cappelletti** 

Pumpkin, parmesan cheese & black truffles filling, hazelnut crumble

11

Lasagnette al Ragout

Hand-cut USA Angus beef fillet ragout, mirapoix, mozzarella & parmesan

9

## **Highlighting Italian Truffles**

#### Truffl'd Fries (V)

Crisp fries, parmigiano cheese, fresh Italian black truffles

8

### Taglierini al tartufo (V)

Home made taglierini pasta, butter-sage & parmigiano sauce, fresh black truffles 11

### *Would you like some fresh Italian Black Truffles? Add it to any dish for BD 4.5 (3 to 5gr on average)*

## **Main Courses**

Crisp-Skin North Atlantic Salmon Orange & ginger glaze, charred broccoli 12

Catch Of The Day Baked fish fillet with herbs & garden vegetables, evoo & lemon 11.5

> Branzino Al Limone Seabass fillet, classic lemon & capers sauce 12

**Prawns** Citrus & herb's marination, garlic-chili & parsley noodles 13.5

Filettini di Branzino alla Milanese Herbs & garlic breaded seabass fillets, lemon-capers-parsley remoulade 12

Galletto ai Datteri Roasted deboned half baby chicken, dates, olives & oregano 10

#### Milk Fed Veal Scaloppine

Your choice of: Milanese, Mushroom Lemon & capers Paillarde, grilled, evoo & lemon 13

## Main Courses (Cont'd...)

Beef Filet Mignon (250gr.)

Pan seared, jus & forest mushroom, mashed potatoes 15

**Rib-Eye Steak** 300gr rib-eye steak, caramelized onions, crushed potatoes and horseradish 15

14hours Braised Nahimi Lamb Shoulder

Rocket gremolata, mashed potatoes 13.5

## Because veggies are good for you…

Seasonal tomatoes & basil salad, balsamic vinaigrette Crisp parmesan cauliflower florets Crisp brussel's sprouts, asian vinaigrette Green beans, almonds & garlic chips Warm crushed potato salad, evoo & parsley dressing Patatine fritte –french fries Garlic & chili sautéed broccolini Tuscan style herb's roasted zucchini Tomatoes & basil pasta

4.5 Each

## Life is short, leave space for the cake...

Chocolate toffee pudding, mascarpone cream

Tiramisu', savoiardi cookies and espresso

Tarte au fromage blanc, a very light cheesecake, spiced orange compote

Balsamic Strawberries, jaggery & balsamic syrup

Baked Yogurt, fresh berries

6 Each

I Sorbetti…

**Coconut Sorbet** 

Pineapple Sorbet

Lemon Sorbet

**Mango Sorbet** 

**Orange Sorbet** 

5 Each

# Water & Soft Beverages

330ml (still) BD 1.300 330ml (sparkling) BD 1.300

750ml (still) BD 2.100 750ml (sparkling) BD 2.100

> Soft Drinks Bd 1.900 Fresh Juices Bd 2.900

# Mocktails

Pink Paradise	BD 3.500
Island Quencher	BD 3.500
Rosemary and Pineapple Smash	BD 3.500
Cucumber Mint Cooler	BD 3.500
Give a Tea	BD 3.500
Virgin Mary	BD 3.500
Ginger & Mint Lemonade	BD 3.500
Cucu Passion	BD 3.500
Virgin Mojito	BD 3.500
Virgin Pinacolada	BD 3.500

# Coffee & Tea

Espresso Bd 1.600 Double Espresso Bd 1.900 Decaffeinated Coffee Bd 2.000 Macchiato Bd 2.000 Americano Bd 2.000 Cappuccino Bd 2.000 Caffe Latte Bd 2.000 Selection of Teas Bd 2.000