

## September 2020 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Important Notes
<div></div> <p>Cauliflower belongs to the group of cruciferous vegetables, also known as family of cabbages.</p> <p>Cultivation of cauliflower started 600 years B.C. in Turkey.</p> <p>The most common type of cauliflower is white, but it can also be purchased in green, purple, orange, brown and yellow!</p>	31	1	2	3	4	Green squares indicate daily vegetarian entrée.
	Whole Wheat Rotini with Garlic Butter Vanilla Yogurt Peas Pineapple Milk	Beef Salisbury Steak  Roasted potatoes Carrots Applesauce Milk	Cheese Pizza  Cucumber Ranch Dip Mango Milk	Veggie Meatballs  Veggie Orzo Cauliflower Honey dew Milk	Veg Brown Rice Stir Fry  Bok Choy Cantaloupe Milk	
	Whole Wheat Rotini	Beyond Sliders	Cheese Pizza	Veggie Meatballs	Veg Brown Rice Stir Fry	
	7	8	9	10	11	Yellow squares indicate Camp Amgen School's Out Program Days
	  CLOSED	Cheese Quesadilla  Peas Cantaloupe Milk	Herb Chicken  Mashed Sweet Potatoes  Spinach Mango Milk	Bean & Cheese Burrito  Green Beans Pineapple Milk	Veggie Lasagna  Broccoli Cran Applesauce Milk	
		Cheese Quesadilla	Veggie Meatballs	Bean & Cheese Burrito	Veggie Lasagna	
	14	15	16	17	18	Our produce is >75% locally sourced
	Turkey Chili Mac & Cheese  Green Beans Mango Milk	Baked Ziti Pasta Cucumber Ranch Dip Applesauce Milk	Whole Grain waffles with Strawberry Sauce Turkey Sausage Carrots Pineapple Milk	Grilled Cheese Sandwich  Tomato Soup Honeydew Milk	Chicken Tenders  Zucchini Cantaloupe Milk	
	Mac & Cheese	Baked Ziti Pasta	Whole Grain Waffles w/Veggie Patty	Grilled Cheese Sandwich	Veggie Patty w/Cheese	
	21	22	23	24	25	*In the event you determine that your child(ren) is or may be allergic to any menu item, please notify Bright Horizons immediately, both via phone and in writing, at South House x76793 #2. Parents are responsible for providing alternative menu items for their child(ren).
Chicken Alfredo  Peas Mango Milk	Cheese Quesadilla  Yellow Squash Pineapple Milk	Spaghetti with Bolognese Sauce  Zucchini Cran Apple Sauce Milk	Cheese Ravioli with Tomato Basil Marinara  Roasted Cauliflower Honey dew Milk	Turkey Slider  Yellow Squash with Ranch Dip Cantaloupe Milk		
Veggie Patty on Hawaiian Slider	Cheese Quesadilla	Spaghetti with Tomato Basil Marinara Sauce	Cheese Ravioli	Veggie Patty w/Cheese		
28	29	30	1	2		
Mac & Cheese  Green Beans Mango  Milk	Turkey Burger Patty  Rice Pilaf Carrots Honeydew Milk	Whole Grain Strawberry Pancake  Turkey Sausage Cucumber Applesauce Milk	Beef Sloppy Joe  Whole Wheat Thin Yellow Squash Cantaloupe Milk	Cheese Pizza  Green Salad with Sliced Tomatoes Ranch Dip Pineapple Milk		
Mac & Cheese	Herb Beyond Patty	Whole Grain Strawberry	Veggie Sloppy Joe	Cheese Pizza		
Soy milk is available upon request Toddlers will be served whole milk 2's and above will be served 1% milk Menu is subject to change without notice based on food availability.			Amgen Dining Services commitment to: Poultry produced without the routine use of human antibiotics Sourcing rBGH-free milk and yogurt			

\* This menu satisfies the USDA Child Care Food Program guidelines. Please review this menu carefully and determine whether your child(ren) may be allergic to any menu item ("Allergen"). If you believe your child(ren) may be allergic to any item on this menu, or if you would like additional information regarding the ingredients of any menu item, please contact the Camp Amgen front office x71634. Upon your request, you will receive a complete list of ingredients for each menu item requested.