

April 2024

Camp Amgen Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Important Notes
	1	2	3	4	5	
	Chicken Tenders	Turkey Chili with Rice	Turkey Burger	Turkey Meatloaf with Roasted Potatoes	Strawberry Pancakes with Turkey Sausage Link	
	Vegetarian Chik'n Tenders	Veggie Chili with Rice	Veggie Garden Burger	Veggie Meatloaf with Roasted Potatoes	Strawberry Pancakes with Meatless Sausage Link	Green squares indicate daily vegetarian entrée.
	Steamed Yellow Squash Blueberries Milk	Roasted Zucchini Cantaloupe Milk	Shelled Edamame Mango Milk	Roasted Green Beans Pineapple Milk	Cucumbers with Ranch Applesauce Milk	Our produce is >75% locally sourced
	8	9	10	11	12	
	Cheese Quesadilla	Turkey Sloppy Joes	Veggie Meatballs with Gravy & Mashed Sweet Potatoes	Spaghetti with Ground Turkey Sauce	Turkey Slider	Toddlers will be served whole milk. 2's and above will be served 1% milk.
	Cheese Quesadilla	Veggie Sloppy Joes	Veggie Meatballs with Gravy & Mashed Sweet Potatoes	Spaghetti with Meatless Sausage & Marinara Sauce	Veggie Slider	
	Sauteed Buttered Corn Niblets Honeydew Milk	Steamed Broccoli Cantaloupe Milk	Roasted Green Beans Mango Milk	Steamed Buttered Peas Pineapple Milk	Roasted Zucchini Blueberries Milk	Soy milk is available upon request
	15	16	17	18	19	Amgen Dining Commitment: Poultry without routine use of human antibiotics & sourcing rBGH-free milk & yogurt.
	Turkey Chili Mac	Cheese Pizza	Strawberry French Toast with Turkey Sausage Link	Grilled Cheese	Chicken & Broccoli Alfredo	
	Veggie Chili Mac	Cheese Pizza	Strawberry French Toast with Meatless Sausage Link	Grilled Cheese	Veggie Alfredo	Menu is subject to change without notice based on food availability.
	Roasted Green Beans Mango Milk	Steamed Buttered Peas Cantaloupe Milk	Roasted Zucchini Applesauce Milk	Tomato Soup Pineapple Milk	Spinach with Ranch Honeydew Milk	
	22	23	24	25	26	
	Bean & Cheese Tacos	Grilled Pineapple BBQ Chicken with Rice	Turkey Burger	Spaghetti with Ground Turkey Sauce	Chicken Tenders	
	Bean & Cheese Tacos	Grilled Pineapple BBQ Tofu with Rice	Veggie Garden Burger	Spaghetti with Meatless Sausage & Marinara Sauce	Vegetarian Chik'n Tenders	
	Sauteed Buttered Corn Niblets Mango Milk	Roasted Bell Pepper Applesauce Milk	Steamed Broccoli Pineapple Milk	Roasted Green Beans Honeydew Milk	Zucchini with Ranch Cantaloupe Milk	
	29	30				
	Strawberry Pancakes with Turkey Sausage Link	Cheese Tortellini With Tomato Basil Cream				
	Strawberry Pancakes with Meatless Sausage Link	Cheese Tortellini With Tomato Basil Cream				
	Spinach with Ranch Honeydew Milk	Roasted Zucchini Cantaloupe Milk				



Spice up your fruits & vegetables with the following:

CINNAMON

—apples, sweet potatoes, acorn squash

DILL

—tomatoes, cabbage, carrots, cauliflower, green beans, cucumbers

ONION

POWDER—most vegetables especially mashed potatoes

OREGANO

—tomato sauce, bean salad, zucchini, spinach

PARSLEY

—potatoes, green beans, carrots

ROSEMARY

—mashed potatoes, peas, lima beans, green beans, roasted



*This menu satisfies the USDA Child Care Food Program guidelines. If you believe your child(ren) may be allergic to any item on this menu, or if you would like additional information regarding the ingredients of any menu item, please contact Jena Agovino at ext. 32861. Upon your request, you will receive a complete list of ingredients for each menu item requested. Parents are responsible for providing alternative menu items for their child(ren).