

March 2019



Monday	Tuesday	Wednesday	Thursday	Friday	
			_	1 Morning Cheez-Its Seaweed Afternoon Cheerios Fruit Snacks	*** Water is available to students at all times *** Snack menu is subject to change based on availability.
4 Morning Chex Mix Raisins Afternoon Special K Yogurt	5 Morning Cheez Its Fruit Snacks Afternoon Pretzels Seaweed	6 Morning Ritz Crackers American Cheese Afternoon Cheerios Dried Blueberries	7 Morning Wheat Thins Apple Sauce Afternoon Pretzels String Cheese	8 Morning Multi Grain Crackers Apricots Afternoon Graham Crackers Craisins	SERVING SIZES Cereal 1/3 c. Cereal w/Raisins 1/2 c. Pretzels 3 lg/10 sm Multigrain Crackers 2 Graham Crackers 1 Townhouse/Ritz/Club 3 Wheat Thins 8 Cheez-Its 14 Goldfish 20 Veggie Chips 11 Pita Chips 3 Veggie Straws 18
11 Morning Cheerios Cranberries Afternoon Nutri-Grain Bars	12 Morning Goldfish Mango Afternoon Cheerios Craisins	Pita Chips Seaweed Afternoon Cheez Its Raisins	14 Morning Graham Crackers Fruit Snacks Afternoon Chex Cereal Frozen Blueberries	Lucky Charms Cereal Mango Afternoon Wheat Thins American Cheese	
Ritz Crackers String Cheese Afternoon Rice Cakes Frozen Blueberries	19 Morning Multi Grain Crackers Fruit Leathers Afternoon Raisin Bran	20 Morning Goldfish Yogurt Afternoon Nutri-Grain Bars	21 Morning Rice Cakes Dried Blueberries Afternoon Chex Mix American Cheese	Special K Raisins Afternoon Wheat Thins String Cheese	Pirates Booty 14 Special K Bars 2 Fruit Bars 1 Dried Fruit 1/6 c. Frozen Berries 1/4 c. Cheese 1 Fruit Snacks 1
25 Morning Pita Chips Swiss Cheese Afternoon Goldfish Apricots	26 Morning Wheat Thins Apple Sauce Afternoon Pretzels String Cheese	27 Morning Goldfish Mango Afternoon Cheerios Craisins	28 Morning Chex Cereal Raisins Afternoon Special K Yogurt	29 Morning Cheez Its Fruit Snacks Afternoon Pretzels Seaweed	Applesauce 1/4 c. Greek Yogurt 1/2 c. Banana/Apple Chips 8