

# BRIGHT HORIZONS

## What's on the Menu?



Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING SNACK</b>	Pancake Blueberries Milk	Bagel with Cream Cheese Cantaloupe Water	Rice Krispies with Milk Peaches Water	Oatmeal with Strawberries Water	Cheese Toast Honeydew Melon Water
<b>LUNCH</b>	Mac and Cheese with Beef Diced Potatoes Watermelon Milk	Chicken Fajitas Spanish Rice Mandarin Oranges Milk	Grilled Ham and Cheese Sandwich Chicken and Rice Soup Corn Applesauce Milk	Turkey and Gravy Mashed Potatoes Green Peas Honeydew Melon Milk	Beef Lasagna Salad Apricots Milk
<b>AFTERNOON SNACK</b>	Fig Newton Strawberries Water	Cranberry Muffin Banana Milk	Fruit Salad Wheat Crackers Water	Cottage Cheese Pineapple Water	Banana Bread Milk

### We Serve Healthy Meals

- Fresh fruits and vegetables served daily
- All meals are baked, not fried
- Proteins include chicken, turkey, pork, beef, cheese, and beans
- Whole milk served to infants and toddlers
- 1% milk served to young preschool, preschool, and kindergarten prep
- All meals served family style

I/T: Infant/Toddler Alternative

