



From the Director

We are excited to begin the new year with a focus on kindness. Throughout the last week of January we will be participating in The Great Kindness Challenge (greatkindnesschallenge.com). At the heart of the initiative is the simple belief that kindness is strength. As an action is repeated, a habit is formed and *with The Great Kindness Challenge*, children will have the opportunity to repeat kind act after kind act. As kindness becomes a habit, peace becomes possible.

Toward a Better World, a component of the Bright Horizons curriculum presents unique experiences to help children understand the diverse and global world they inhabit, enhancing their sense of responsibility and compassion for people here and abroad. Our teachers cultivate the development of these important competencies through modeling and activities, and by creating an environment that is respectful and diverse. In alignment with *Toward a Better World*, our participation in *The Great Kindness Challenge* is one week devoted to performing as many acts of kindness as possible.

We will be providing more information on how you and your family can participate in the challenge throughout the month of January.

Important Dates

January 1st: Center Closed

Every Thursday: Jersey Day
Wear the jersey of your favorite team!

Every Friday: Pajama Day
Come to school in your pajamas every Friday this month!

January 21st: Martin Luther King Day

January 25th: Lunchbox Day

Jan 28th – Feb 1st:

The Great Kindness Challenge Week!

This week will be devoted to performing as many acts of kindness as possible. Look out for more information throughout the month of January!

Jan 30th: Show and Share Day

Reasons to Celebrate

Happy 2019!

**We look forward to another
year with your family.**



Toddler B

Bright Horizons believes that each child is born capable. In the toddler classroom, the teachers offer opportunities for young children to struggle and master new skills. Every day, the toddlers use the available materials to learn life-long skills, such as drawing. In the photo, Luke Lyon wields a crayon in each hand and experiments with the task of drawing.



Twos B

Our teachers take every chance they can get to get the children outside while the weather is cool. Twos B explored nature in sweaters while enjoying a buggy ride. They made sure to stop and take time to get hands on with some yellow wildflowers.



Preschool B

In Preschool B, the children used the Science Rocks - curriculum to experiment with the concepts of sink or float. The children discussed possible outcomes together with Ms. Amy, developed hypothesis, tested out different objects, kept track of their findings, and followed up their learning with even more questions. This process of hands-on early education ignites the children's curiosities and lays a foundation for future learning.

Giving Gifts from the Heart

Have you considered that generosity is a learned behavior that delights the givers as well as the receivers? By making gifts and cards for others, children experience the intrinsic joy of giving something they have created.

It's easy for adults to decide what to make and which materials to use. But remember, this is an offering from children. Within the realm of available resources, help them develop their ideas. Inspire their thoughts about the recipient. "What do you think you'd like to make for Aunt Alice?" "What does she like to do?" Remember, it's what children create that counts; suggest they draw pictures and dictate their sentiments.

In addition to family and friends, think about people beyond those we typically hold near and dear to us. Cards, artwork, and crafts made by children are a heartfelt way to say you care and show appreciation to military personnel, firefighters, police officers, librarians, residents in nursing homes, and others in the community.

Children are very resourceful and might have their own ideas for gifts. Below are a few simple gift suggestions to consider:

Picture frames

Children glue four wooden tongue depressors together to make a frame and then decorate the frame with paint, and add recycled materials such as odd puzzle pieces, small pieces of paper or fabric, and twigs. Be aware of choking hazards with young children.

Decorative boxes

Children paint recycled or purchased wooden/cardboard boxes and then decoupage photographs from magazines or photos of themselves onto the surfaces.

Sculptures

Children can create sculptures using commercial or home-made clays, wood, or recycled objects. Be sure to have lots of glue on hand.

Paper holders

These might be as simple as finding a unique rock, painting it, and using glue to attach a clothespin. A second option is to glue wood scraps together, paint the sculpture and add one or two clothespins to the top.

Planters

Children paint pots and use Mod Podge (purchased at a craft shop) to attach colorful tissue paper (cut into small squares). Another option is to use photographs and pictures from magazines.

Jewelry

Children make necklaces or bracelets by stringing commercial or homemade beads. They can create pins by gluing found objects (such as loose puzzle pieces or Legos) to a pin back and painting over the creation.

2019 Parent Satisfaction Survey

We value your feedback!

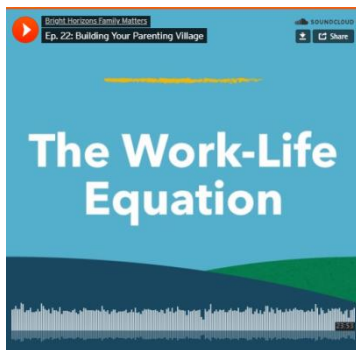
Each year, we ask families to give us important feedback and opinions about our center. This information helps us assess our strengths, and identify areas for improvement. We are truly committed to providing the highest quality education for your child and we believe that every opinion counts.

The survey is available from January 2nd – 31st. Please take a few moments to share your thoughts!

brighthorizons.com/parentsurvey

Featured Parenting Podcast Episode

Building Your Parenting Village



Overwhelmed by working parenthood? Stop trying to do it all alone. “People say I need help, but I don’t know where to get it,” says our guest Daisy Dowling. Get Daisy’s tips on who to ask for help, how to rally your village of volunteers, and why her secret isn’t doing more — but getting more done.

Ep. 22: Building Your Parenting Village

brighthorizons.com/bhpodcastep22

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